



RMONIZ® · SPEAKER ONE-SHEET

Dr. Samantha March Clark

Performance Strategist · Doctor of Chiropractic · Certified Health Coach
NIH-Affiliated Researcher · Published Author

Harmonizing Health, Leadership & Life

\$M+

MULTI-MILLION DOLLAR
PRACTICE BUILT & LED

10+

YEARS CLINICAL
PRACTICE

NIH

AFFILIATED
RESEARCHER

Rmoniz®

PROPRIETARY
FRAMEWORK

CLINICAL TRACK RECORD

Built and operated a multi-million dollar clinical practice over 10+ years of direct work with high-performing women. NIH-affiliated researcher, published in peer-reviewed journals, and presenter at national and international conferences — including the National HIV Prevention Conference. Creator of the Rmoniz® Score — a proprietary diagnostic instrument measuring health, performance, and harmony — now in active deployment with individual and corporate clients.

PRACTICE PROVENANCE

The methodology at the heart of the Rmoniz® Framework was developed and refined through nearly a decade of clinical practice at Lignum Vitae Chiropractic & Wellness — consistently rated 5 stars across hundreds of patient interactions, where clients reported improved sleep, reduced chronic pain, and restored physical function after years of conventional treatment falling short.

PEER ENDORSEMENTS

Harmonize Your Life: Finding Alignment From Within has been endorsed by Executive Coach Sky Jarrett as "the guide you didn't know you needed" and by Dr. Susy Best, Psychologist and Leadership & Wellbeing Strategist, as "nothing short of revolutionary — the ultimate whole-person roadmap for anyone committed to real, lasting transformation."

STORY ANGLES FOR EDITORS

- *Harmony over balance: the physician rewriting the rules on how high-performing women lead, live, and recover.*
- *Why your best women leaders are breaking down in silence — and what conventional medicine keeps getting wrong.*
- *She was the high-performing woman falling apart in private. Then she built the framework that fixed it.*
- *The invisible decline no one is talking about: a clinician's case for why corporate wellness is failing its most valuable women.*

SELECT MEDIA & APPEARANCES

PROFILE
Featured expert profile on health, leadership & harmony

Best Self Atlanta ·
Voyage ATL ·
Canvas Rebel

COMMUNITY
Local health & wellness expert commentary

Smyrna Parent ·
Dunwoody News /
Appen Media

SPEAKING
Keynote & panel — chiropractic & clinical wellness leadership

Life University ·
100% Chiropractic ·
Lignum Vitae
Wellness

EVENTS
Featured speaker — women's leadership & entrepreneurship

Atlanta Women's Expo
· Black Women
Leading · Women's
Business Day & Expo

SIGNATURE TALKS

What she brings
to your stage.

The Hidden Strain on Leaders

What Medicine Misses — and What You Can Do About It

Rebuilding Leadership Performance

A Sustainable, Clinical Approach

Hormonal Clarity & Leadership Energy

The Science of Sustainable Focus and Resilience

Harmonic Living

Aligning Work, Life, and Health for Leadership Longevity

Why Wellness Programs Fail Leaders

How to Build Clinical Solutions That Actually Work

Custom talks available — Dr. Clark works with event teams to tailor content to each audience.

SPEAKING STYLE

Clinical precision.
Human depth.
Mission-driven.

Dr. Clark delivers content that is clinical yet accessible — rooted in lived experience and scientific rigor. She connects powerfully with audiences through storytelling, data, and a message that compels leaders to take charge of their health and performance.

- **Evidence-based** — physician-designed frameworks and the Rmoniz® Score diagnostic woven into every talk
- **Lived experience** — she was the high-performing woman falling apart in private; she speaks from inside the story
- **Actionable** — every talk closes with a clear framework and next step, not just inspiration
- **Culturally resonant** — speaks to the intersectional experience of high-performing women of color in leadership
- **Harmony-centered** — never "balance" — a philosophy that resonates with women who are done being told to do less

THE BOOK

**Harmonize Your Life:
Finding Alignment From Within**

A 10-chapter guide through physical health, mental clarity, emotional healing, relationships, and spiritual alignment. Opens with a foundational truth: *you are not broken*. Pain is an alarm system — and healing is about finding alignment from within, not just treating symptoms.

Available for all attendees.

BOOKING LOGISTICS

Ready for your stage.

FORMAT Keynote · Workshop · Half-Day · Full-Day · Virtual

AUDIENCE Corporate · HR & DEI · Women's Conferences · Associations · Healthcare

TRAVEL Nationwide · Select international engagements

LEAD TIME 60–90 days preferred · Rush available on request

INCLUDES Custom talk · Participant materials · Post-event resource · A/V specs

BOOK *Harmonize Your Life* — available for all attendees

CUSTOM Dr. Clark works with event teams to tailor content to audience and objectives

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