Journaling Companion

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Prompt 1:

In what areas of my life have I accepted a "processed" or "modified" version of God's truth?

"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think." — Romans 12:2 (NLT)

Write your thoughts here:	

Prompt 2:

Have I replaced any of God's original design with something more "convenient" or "culturally accepted"?

"You say, 'I am allowed to do anything'—but not everything is good for you. You say, 'I am allowed to do anything'—but not everything is beneficial." — 1 Corinthians 10:23 (NLT)

Prompt 3:

What might God be inviting me to return to, restore, or rebuild in His way?

"Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls." — Jeremiah 6:16 (NLT)

Write your tho	oughts here:		
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Prompt 4:

How does trusting God's original design affect my spiritual health and my ability to enter His presence?

"You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" — Isaiah 26:3 (NLT)

Write your thoughts here:	

Prayer Space

Ask God to reveal any areas where you've replaced His perfect design with a lesser substitute, and to help you return fully to His original plan.

Bonus Scriptures to Meditate & Invitation to Go Deeper From Faithful Pen, for His Words Give Life

Bonus Scriptures to Meditate

- Genesis 1:31
- Jeremiah 2:21
- John 6:35
- 1 Corinthians 5:6-7
- Jeremiah 6:16

🌼 Final Blessing

God's design is never random. From the grain that becomes bread to the very breath we take, everything He created carries His loving intention. When we step outside His design—altering what He made—we trade His fullness for something less, losing the health, beauty, and presence He intended for us. But when we return to His way—choosing what is pure, whole, and true—we find not only our bodies restored, but our spirits nourished. May you walk in the freedom of His perfect design. May you taste the sweetness of His provision. And may your life shine as living proof that God's way is always best.

🙏 Closing Prayer

Father, thank You for creating everything with wisdom, purpose, and love. Teach me to see the beauty in what You've made and to resist the temptation to replace it with my own shortcuts. Help me choose what honors Your creation so that my life reflects Your goodness. Draw me closer to You each day, and let my choices inspire others to do the same. Amen.

Take the Next Step

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With all my heart, Faithful Pen His Words Give Life