Trust is built in small discoveries.

You prepare. They explore. Where your sight ends, their senses begin.

These cups are not tests.

They are invitations.

What's under the cup?

Hide a soft object or cloth with scent. Let them find it.

Stimulates scent memory and problem-solving — gently.

You're not testing. You're offering curiosity.

Can sound lead the way?

Drop a dry seed or soft object inside. Tap once.

Activates directional hearing and cautious approach.

Let them guide the tempo.

What does their paw choose? Use same item, but place the cups on different surfaces (paper vs fabric).

Explores discrimination through touch and resonance.

Let variation reveal preference.

when you change?

What

changes

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Keep the setup, but shift the context – another room, time, mood.

Environmental variation fosters confidence and adaptability.

Same objects, new meaning.

What can you add today?

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Try introducing a safe scent: olive oil, rosemary, lavender.

Enhances novelty, encourages scent work and shared attention.

The ritual grows as you do.

What does your hand smell like today?

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Rub your palms on cloth. Hide it under a cup.

Your scent becomes a comfort cue.

It's not about touch—
it's about recognition.