

CASA nA

AUTHENTIC HOMES

INFORMATION GUIDE





INDEX

1. Welcome to CASA n'A SÉ
2. Building History
3. Neighbourhood History
4. Restaurants
5. Supermarket
6. Bars
7. Coffee Houses
8. Places to Visit


1) Welcome to CASA n'A SÉ

 **Address:** [Rua da Padaria, 22, 4th floor](#)

Building Access

- **Entry code** will be sent to you via WhatsApp or SMS 2 days before check-in, along with a video tutorial
- The ground floor light switch is located on your right above the cabinet.

Apartment Access

- **Entry code** will be sent to you via WhatsApp or SMS 2 days before check-in, along with a video tutorial
- **Alternative Access:** If needed, you can also use a key card or physical key, which are stored in the small safe box next to the apartment door.
 **Note:** use the key only if necessary as it can cause the lock to function poorly

Hosts Contact:

João Pereira: +351 933 474 834

Magda Leite: +351 916 033 058

Wi-Fi:

 **Network:** MEO-Padaria

 **Password:** padaria224



1) Welcome to CASA n'A SÉ

How to get to the apartment:

Taxi (20 min)

Tip: If there's a queue at the departures area, go up one floor to the arrivals level as there are usually taxis there with no queue.

Uber or Bolt (20 min)

These are usually the most affordable and convenient options.

Metro (30 min)


Take the **red line** from the airport station to the last stop: **São Sebastião**. Then transfer to the **blue line** (direction **Santa Apolónia**) and get off at **Terreiro do Paço** station. From there, it's a flat **100-metre** walk to the apartment.



1) Welcome to CASA n'A SÉ

Getting around:

-  **Metro:** Terreiro do Paço station – 250 m
-  **Tram:** Iconic Tram 28 at Lisbon Cathedral – 100 m
-  **Train:** Cais do Sodré – 1 km | Santa Apolónia – 1.2 km
-  **Bus:** Lines 728, 735, 759 from Praça do Comércio – 250 m
-  **Ferry:** Terreiro do Paço terminal – 250 m
-  **Bike sharing:** Gira stations at R. Augusta 2 & R. dos Fanqueiros 197 – 300 m
-  **Taxi / Uber / Bolt:** Easily available nearby

 To travel in Lisbon, you'll need a Navegante card, which you can load with tickets or passes. The card works for buses, trains, trams, and the metro



Tap the card on the validator at the start of your journey, and possibly at the end. You can get a Navegante card at Metro and Carris ticket offices



1) Welcome to CASA n'A SÉ

Laundry

The apartment is equipped with a **washing machine** and **dryer** combo. If you prefer, you can hang your clothes on the rack and use the dehumidifier, which can be found in the bathroom next to the kitchen.

Storage

In the **hallway closet** (between the kitchen and apartment door), you'll find space to store belongings.

Blankets

Extra blankets are kept in the **kitchen cabinet** above the washing machine. Feel free to grab one if you're feeling cold.

Useful items

Stored inside the **hallway bench**, you can find flip flops, an umbrella, and other useful items.

Electrical Switchboard

Located **inside the flat**, right in front of the apartment door.



1) Welcome to CASA n'A SÉ

Just a few friendly reminders:

- 🚭 **No smoking indoors**, but feel free to use the balcony as your VIP smoking lounge!
- 🐾 **No pets inside**, even the cutest ones can't stay in this pet-free space.
- 🔇 **Quiet hours** (23:00 till 09:00), let's keep the night peaceful and the neighbours happy!



1) Welcome to CASA n'A SÉ

Waste Sorting & Recycling:

Organic Garbage

The green bin for organic waste is either in the building lobby or just outside on the street.

Recycling

For cardboard, glass, plastic, paper, and other recyclables, you can drop them off at the Recycling Station at [Campo das Cebolas](#). Alternatively, you can leave them in the flat, and our cleaning services will take care of it for you after your check out.



1) Welcome to CASA n'A SÉ

Emergency Contacts:

- Emergency phone number: 112
- Healthcare (Saúde 24): 808 24 24 24
- Emergency Pharmacy: [Farmácia do Rio](#)
- Nearest Hospital: [Hospital de São José](#)
- Police: [PSP Baixa](#) - (+ 351) 21 342 7379



2) Building History

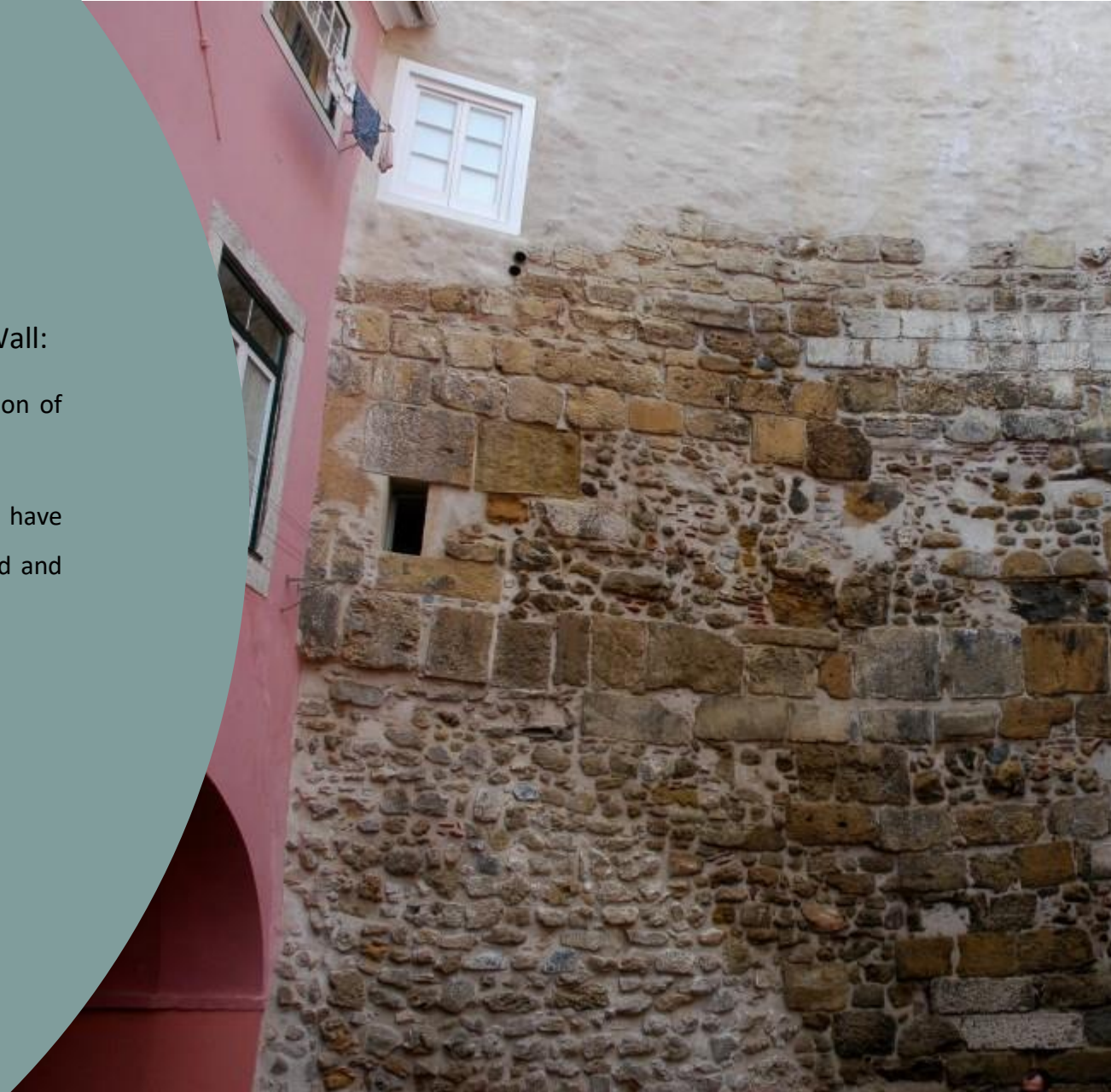
- The apartment is housed in a 18th century Pombaline building:
 - ❖ [Pombaline architecture](#) is a distinctive style that emerged in Lisbon following the devastating 1755 earthquake.
 - ❖ Named after Marquis of Pombal, the powerful minister who oversaw the city's reconstruction, this style is characterized by the innovative "gaiola" or cage-like wooden structure integrated into the walls for earthquake resistance and tiles to prevent fire spread.
 - ❖ Like most Pombaline buildings, it originally had 4 floors, with additional floors being added later. The ground floor was typically occupied by shops and the first floor (called the "noble floor") often had beautiful fresh paintings and it was used as a reception area for parties and events hosted by wealthy owners.



[Photo](#) of Rua da Padaria in 1901

2) Building History

- The rear of the building faces the historic [Cerca Moura](#), or Moorish Wall:
 - ❖ This ancient defensive structure was built during the Moorish occupation of Lisbon, likely between the 10th and 12th centuries.
 - ❖ Some historians suggest the foundation of this defensive system may have been laid during the Roman occupation of the region and later adapted and expanded by the Moors.



2) Building History

- In November 1911, the Chinese women Jus and Joé arrived in Lisbon and settled in a hotel at Rua da Padaria 24, what is currently a shop housed on the ground floor of the building.
- There, they began treating granular conjunctivitis, extracting from the eyes small creatures resembling those found inside fruits.
- The authorities prohibited this activity, and the people went to the streets to fight against this measure (photos of the mass protests available [here](#), [here](#) and [here](#))



3) Neighbourhood History

Baixa (Downtown Lisbon):

- Baixa, or downtown Lisbon, is the heart of the city. It's the main shopping district that stretches from the riverfront to the main avenue (Avenida da Liberdade), with streets named according to the shopkeepers and craftsmen who traded in the area.
- It was completely rebuilt after the 1755 Earthquake, with streets flanked by uniform, neoclassical buildings. This was Europe's first great example of neoclassical design and urban planning, and one of the finest European architectural achievements of the age.
- It remains an imposing district, with elegant squares, pedestrianized streets, cafes, and shops. Old trams, street performers, tiled Art Deco shopfronts, and elaborately-decorated pastry shops all lend a special charm to the area.



3) Neighbourhood History

Praça do Comércio (Commerce Square):

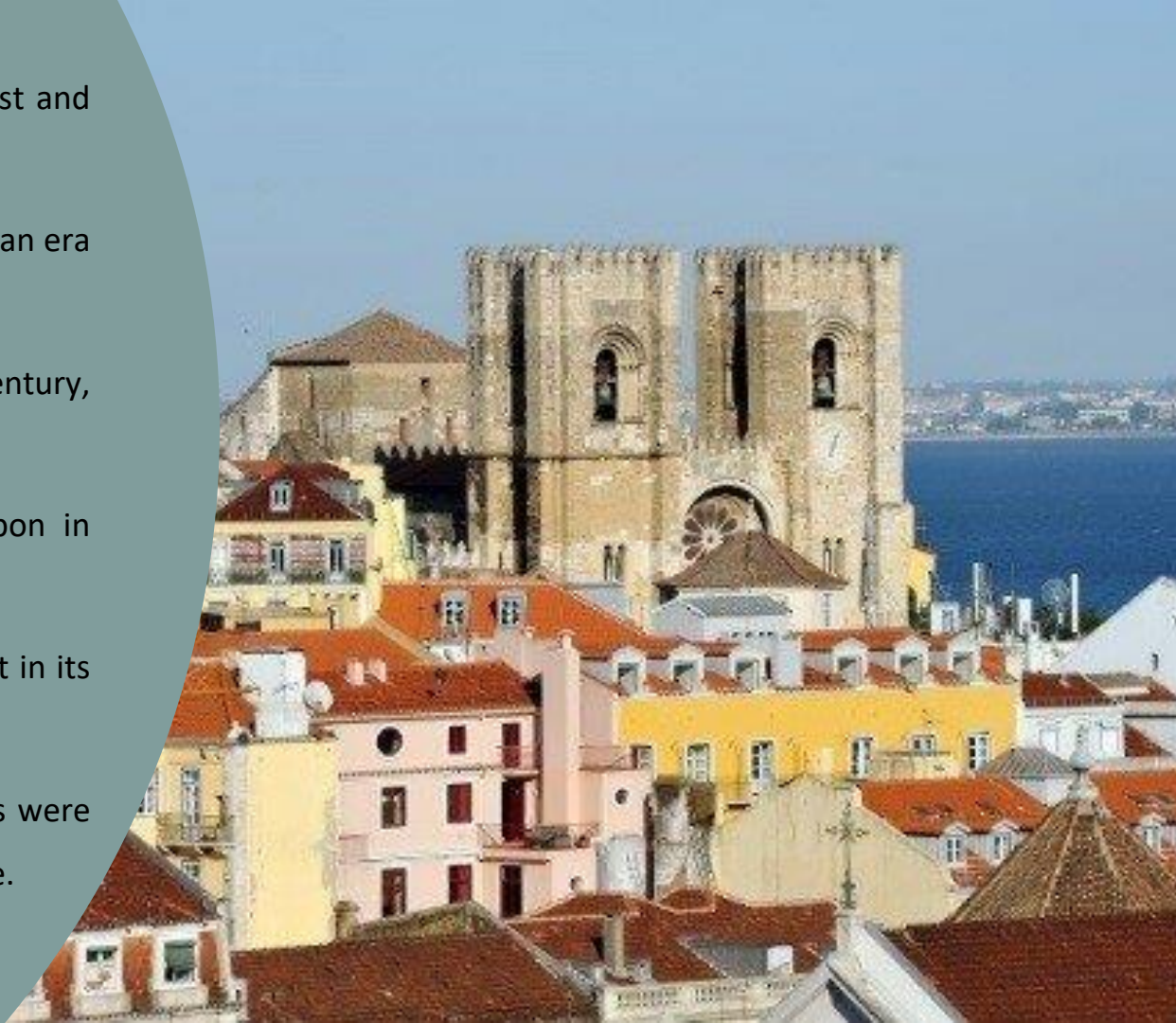
- Also known by its older name Terreiro do Paço, is one of Lisbon's most iconic and historic landmarks:
 - ❖ *Former Royal Palace:* Originally, the site was occupied by the Ribeira Royal Palace, a residence of Portuguese kings for centuries.
 - ❖ *The Great Earthquake:* In 1755, the devastating Lisbon earthquake nearly destroyed the palace and much of the city.
 - ❖ *Equestrian Statue of King José I:* A tribute to the king who led Lisbon's reconstruction after the earthquake.
 - ❖ *Rua Augusta Arch:* An imposing triumphal arch marking the entrance to Rua Augusta, one of the city's main avenues.



3) Neighbourhood History

Lisbon Cathedral (Sé):

- Officially known as the Cathedral of St. Mary Major, is one of the oldest and most important religious buildings in Lisbon:
 - ❖ *Roman Foundations:* The cathedral's origins date back to the Roman era when a temple stood on the site.
 - ❖ *Moorish Mosque:* After the Moors conquered Lisbon in the 8th century, the temple was converted into a mosque.
 - ❖ *Christian Cathedral:* Following the Christian reconquest of Lisbon in 1147, the mosque was transformed into a cathedral.
 - ❖ *Gothic Architecture:* The cathedral's Gothic architecture is evident in its tall, pointed arches and intricate stonework
 - ❖ *Renaissance Additions:* Over the centuries, Renaissance elements were added to the cathedral, such as the cloister and the Chapter House.



3) Neighbourhood History

Campo das Cebolas:

- Captivating square located in the heart of Lisbon, which translates to "Onion Field," as a remnant of its past as a market for vegetables:
 - ❖ *Origins:* Known as Ribeira Velha (Old Waterfront), the area was reclaimed from the river Tagus in the 16th century. It served as a shipyard and a bustling commercial hub.
 - ❖ *Slave Market:* During the 17th century, Campo das Cebolas became a notorious slave market.
 - ❖ *Rebuilding:* The devastating earthquake of 1755 struck Lisbon, leaving Campo das Cebolas in ruins. The area was later rebuilt in the Pombaline style.



3) Neighbourhood History

Alfama:

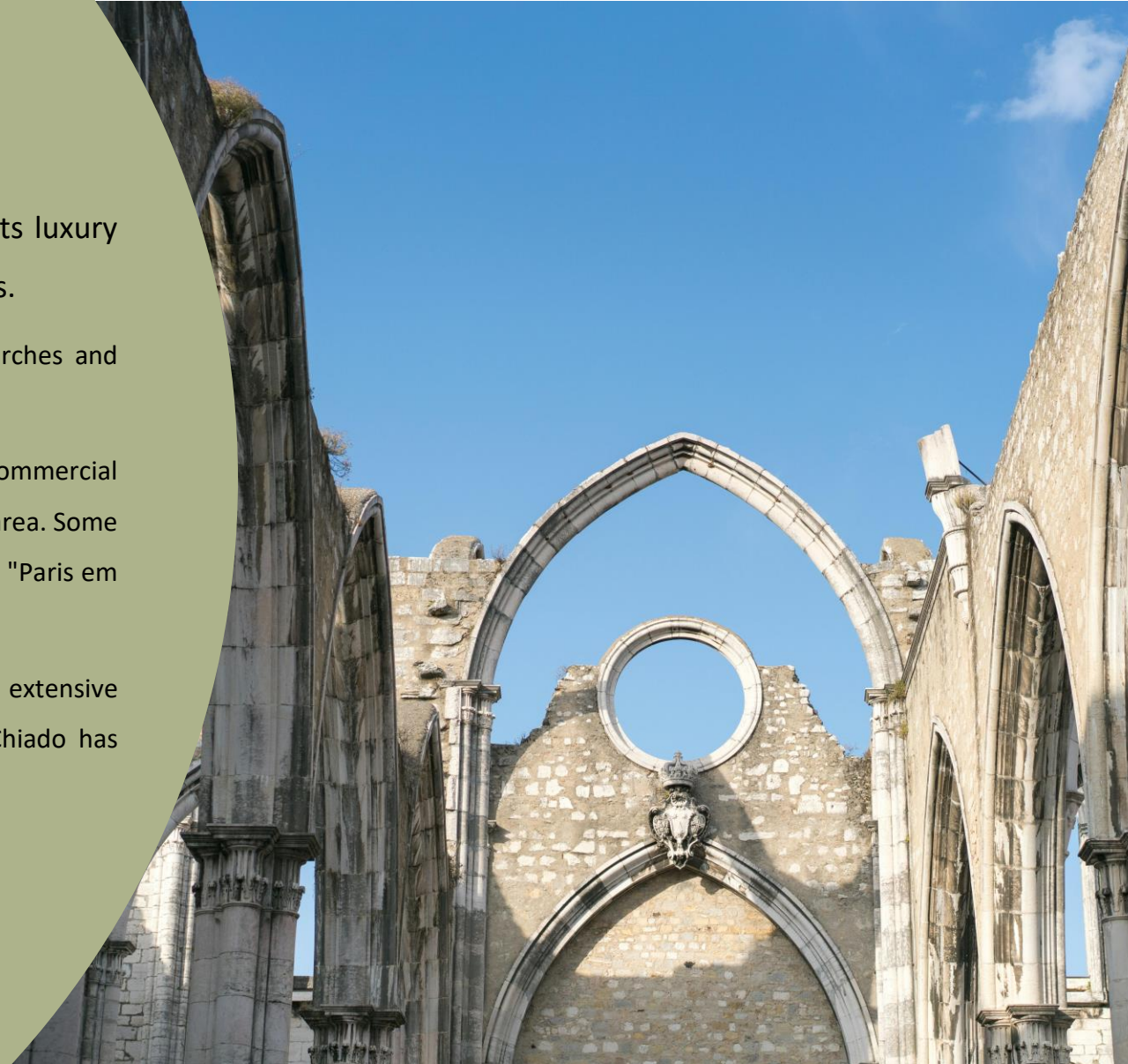
- Alfama is one of Lisbon's oldest and most charming neighbourhoods, nestled on the city's eastern hill overlooking the Tagus River, known for its labyrinthine streets and colourful buildings. The neighborhood's intimate atmosphere and traditional taverns have long been popular venues for fado performances.
- ❖ *Moorish Settlement:* Alfama's history dates back to the 8th century when the Moors established a settlement on the hill. The name "Alfama" is believed to be derived from the Arabic word "al-hamma," meaning "hot springs."
- ❖ *Medieval Quarter:* After the Christian reconquest of Lisbon in 1147, Alfama became a thriving medieval quarter. Its narrow streets and defensive walls provided protection from invaders.




3) Neighbourhood History

Chiado:

- Chiado is an important cultural and commercial district, known for its luxury shopping, historic landmarks, and its numerous theatres and museums.
 - ❖ The 1755 earthquake greatly affected the area, destroying houses, churches and convents.
 - ❖ In the 18th and 19th century, a great number of important commercial establishments opened in the Chiado, turning it into a favourite shopping area. Some of them exist to this day, like the "Bertrand Bookshop" (opened 1747) and "Paris em Lisboa" (garment shop opened 1888).
 - ❖ In 1988, the Chiado area was severely affected by a fire. Following an extensive rehabilitation project by Pritzker-winning architect Álvaro Siza Vieira, Chiado has recovered.



4) Restaurants

 Portuguese Cuisine:

- [Sàla](#)
- [Taberna Moderna](#)
- [Maria Catita](#)
- [Com certeza!](#)
- [Baía do Peixe](#)
- [Áurea](#)
- [VDB Bistronomie](#)
- [Taberna Albricoque](#)

 International Cuisine:

- [Citron](#) (Libanese cuisine)
- [Casanova](#) (Italian cuisine)

 Stay at Home:

- [Bolt](#), [Glovo](#) and [Uber Eats](#) – delivers at doorstep



5) Grocery shopping

 Supermarket: [Pingo Doce - Chão do Loureiro](#)

 Online Supermarket: [Minipreço](#), [El Corte Inglés](#) or [Glovo](#) - delivers at doorstep



6) Bars



Bars:

- [Outro Lado](#)
- [Memmo Hotel Bar](#)
- [Koa Lisboa](#)
- [Javá](#)
- [Madame Petisca](#)
- [Pensão Amor](#)
- [18.68 Cocktail Boutique](#)



7) Coffee Houses

☕ Coffee Houses & Pastry Delights:

- [Confeitaria Nacional](#)
- [Manteigaria](#)
- [Alcôa](#)
- [Pasteis de Belém](#)



8) Places to Visit

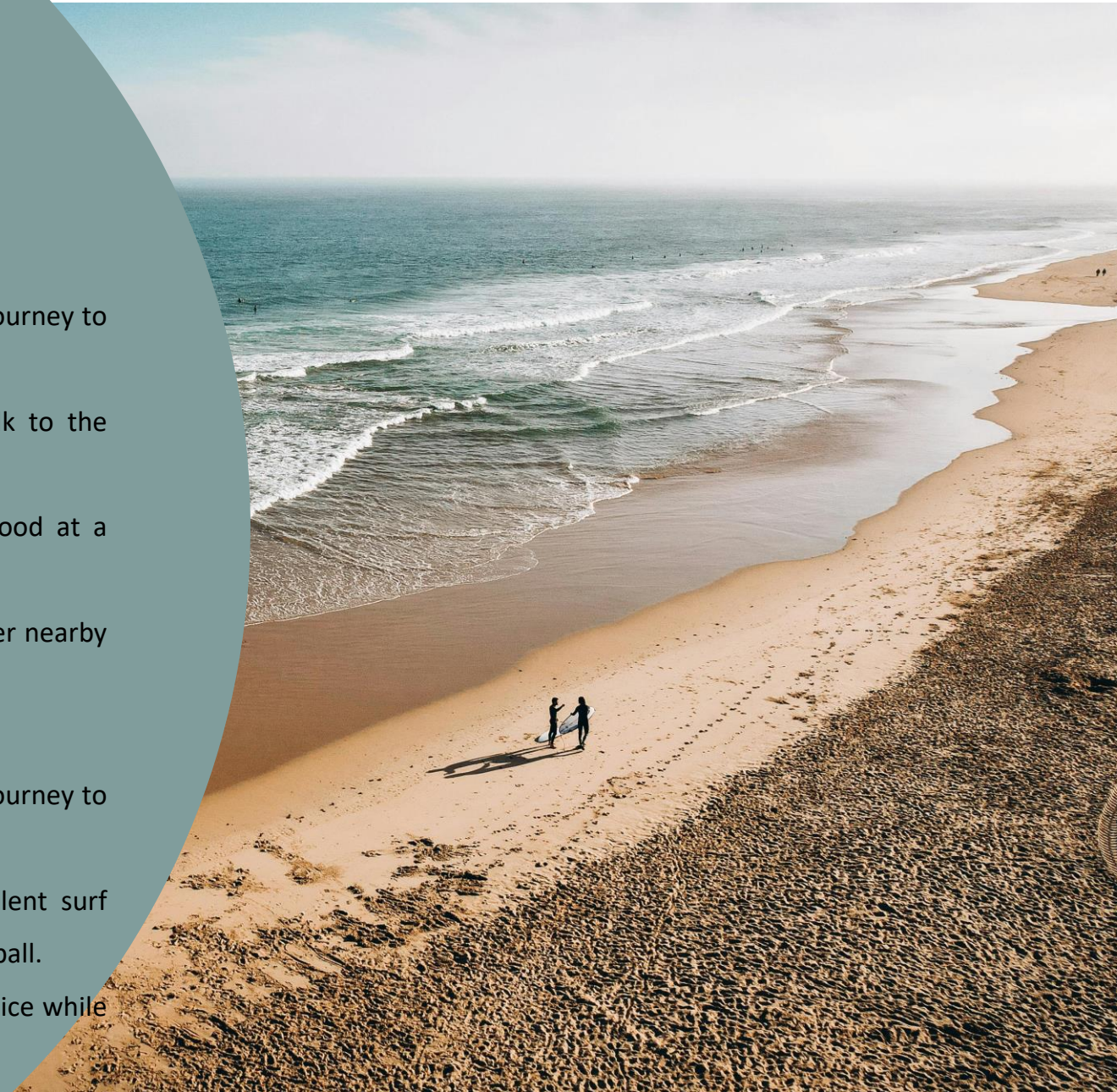
Day at the beach:

➤ **Praia da Rainha:**

- Take the Cascais Line train from Lisbon's Cais do Sodré station. The journey to Cascais Station takes approximately 30 minutes.
- Once you arrive in Cascais, exit the station and take a short walk to the beautiful Praia da Rainha.
- Grab a coffee at one of the seaside cafés or try some fresh seafood at a beachside restaurant.
- From there, you can stroll along the coast to Estoril and explore other nearby beaches along the way.

➤ **Praia de Carcavelos:**

- Take the Cascais Line train from Lisbon's Cais do Sodré station. The journey to Carcavelos Station takes approximately 20 minutes.
- Praia de Carcavelos is known for its wide sandy beach and excellent surf conditions, but it's also a hotspot for beach volleyball and beach football.
- Take a break at one of the seaside cafés to enjoy a coffee or fresh juice while soaking up the beach vibes.



8) Places to Visit

Belém/Alcântara

➤ Morning:

- *Tram Ride:* Hop on Tram 15 at Praça do Comércio and enjoy a scenic ride along the riverfront. The tram will take you to Belém.
- *Pasteis de Belém:* Start your day trip with a delicious treat at Pastéis de Belém, a famous pastry shop known for its traditional custard tarts.
- *Belém Tower:* Explore the Belém Tower, a symbol of Lisbon's maritime past. Climb to the top for panoramic views of the city and the river.
- *Padrão dos Descobrimentos:* monument shaped like a caravel as a tribute to the Portuguese navigators who explored the world
- *Jerónimos Monastery:* Discover the the Jerónimos Monastery and admire the intricate carvings and stained glass windows.

➤ Afternoon/Evening:

- *MAAT:* Head to the river promenade and visit the MAAT (Museum of Art, Architecture, and Technology), a contemporary art museum.
- *Doca de Alcântara:* Continue along the promenade and explore the Doca de Alcântara, a historic dock area with vibrant cafes
- *LX Factory:* End your day at LX Factory, a former industrial complex that has been transformed into a vibrant creative hub.



8) Places to Visit

Parque das Nações/Braço de Prata

➤ Morning:

- Take a stroll through the Parque das Nações, a modern, waterfront district that was developed for the 1998 World Expo. The district is known for its stunning architecture, beautiful gardens, and diverse range of attractions, including the Oceanário de Lisboa and the Pavilhão de Portugal.

➤ Afternoon/Evening:

- Take a walk along the waterfront until Braço de Prata, a former industrial complex transformed into a thriving creative hub, featuring art galleries, shops, restaurants, and bars.
- End your day with drinks at Marvila 8 and Fábrica do Braço de Prata, former factories that have been converted into a cultural and creative spaces.



8) Places to Visit

Cascais/Estoril

➤ Morning:

- *Start in Cascais:* Begin your day trip in Cascais, a charming coastal town with a vibrant atmosphere. Explore the historic centre, visit the Cascais Citadel, and enjoy the beautiful beaches.
- *Cascais Marina:* Explore the Cascais Marina, a bustling hub with numerous shops, restaurants, and cafes. Take a leisurely stroll along the waterfront and admire the yachts.

➤ Afternoon:

- *Guincho:* Drive to Guincho, a world-renowned surfing spot with breathtaking scenery. Enjoy the dramatic cliffs, powerful waves, and stunning views of the Atlantic Ocean.
- *Cabo da Roca:* Explore the Cabo da Roca, the westernmost point of mainland Europe. Take in the stunning panoramic views and feel the wind whipping across the cliffs.
- *Estoril:* Head to Estoril, a nearby town known for its luxurious villas and beautiful beaches. Visit the Estoril Casino, one of the largest casinos in Europe. Even if you're not a gambler, it's worth exploring the architecture and enjoying the lively atmosphere.



8) Places to Visit

Sintra

➤ Morning:

- *Palácio Nacional da Pena*: Begin your day by exploring the Palácio Nacional da Pena, a magnificent castle perched atop a hill overlooking the town. Admire its colourful facade, intricate architecture, and beautiful gardens.
- *Quinta da Regaleira*: Discover the Quinta da Regaleira, a romantic estate with stunning gardens and underground tunnels.

➤ Afternoon:

- *Historic Centre*: Stroll through the narrow streets of Sintra's historic centre, admiring the colourful buildings and charming squares.
- *Castelo dos Mouros*: Hike up to the Castelo dos Mouros, a medieval fortress offering panoramic views of the Sintra Mountains and the surrounding countryside.



8) Places to Visit

Comporta

➤ Morning:

- *Alcácer do Sal*: Begin your day trip from Alcacer do Sal, a charming medieval town with a rich history. Visit the historic castle and explore the narrow streets of the old town.

➤ Afternoon:

- Drive to Comporta: Drive south to Comporta, a picturesque fishing village known for its pristine beaches and unspoiled natural beauty. Explore the extensive rice fields and take a leisurely stroll along the beach (Comporta, Carvalhal, Pego, Tróia).
- At the end of the day have a drink and a dinner at Comporta village



8) Places to Visit

Arrábida

➤ Morning:

- *Serra da Arrábida*: Drive towards Serra da Arrábida, a stunning mountain range with breathtaking coastal scenery. Hike through the park's trails, visit the Arrábida Convent, or simply enjoy the panoramic views. Go to the main beaches (Portinho da Arrábida, Galapinhos, Galapos, Figueirinha, Coelhos). You can also visit Sesimbra.

➤ Afternoon:

- Setúbal Wineries: As the day winds down, head to Setúbal, a coastal city famous for its wine production. Visit some of the local wineries and enjoy wine tastings. Consider stopping at the Casa Museu José Maria da Fonseca (closes at 5:30 pm).



