



DINAMUS MENU



Babies eat fruit and vegetables that is in season

<p>Monday</p> <p>Breakfast: Matabele</p> <p>Snack: Fruit</p> <p>Lunch: Chicken stew, vegetables and maize meal</p>	<p>Monday</p> <p>Breakfast: Maize Meal</p> <p>Snack: Fruit</p> <p>Lunch: Spaghetti Bolognese</p>
<p>Tuesday</p> <p>Breakfast: Maize Meal</p> <p>Snack: Jelly and custard</p> <p>Lunch: Mac and cheese</p>	<p>Tuesday</p> <p>Breakfast: Matabele</p> <p>Snack: Muffins</p> <p>Lunch: Chicken and pasta bake</p>
<p>Wednesday</p> <p>Breakfast: Instant Porridge</p> <p>Snack: Fruit</p> <p>Lunch: Savory mince and rice with vegetables</p>	<p>Wednesday</p> <p>Breakfast: Instant Porridge</p> <p>Snack: Fruit</p> <p>Lunch: Chicken stew, vegetables and maize meal</p>
<p>Thursday</p> <p>Breakfast: Maize Meal</p> <p>Snack: Yogurt</p> <p>Lunch: Chicken stew, vegetables and maize meal</p>	<p>Thursday</p> <p>Breakfast: Maize Meal</p> <p>Snack: Yogurt</p> <p>Lunch: Mac and Cheese</p>
<p>Friday</p> <p>Breakfast: Cornflakes</p> <p>Snack: Treat</p> <p>Lunch: Sandwiches</p>	<p>Friday</p> <p>Breakfast: Weatbix</p> <p>Snack: Treat</p> <p>Lunch: Sandwiches</p>