AURELIE LITYNSKI

International Speaker Positive Work Culture Expert Chief Well-being Officer Author

Aurelie Litynski is a globally recognized expert in positive work culture, a TEDx speaker, a certified Chief Well-being & Chief Happiness Officer, and the author of the book "100 Ideas for a Positive Work Culture".

With a track record of transforming organizations, she partners with SMEs, multinational companies, and corporate leaders to ignite positivity, boost productivity, and drive high performance.

Her clients include Sanofi, Medtronic, ABB, Johnson & Johnson, Pinterest, Swiss Re, Sonova, SIX Group, and many more. Aurelie and her work have been featured in the renowned Swiss newspapers NZZ and NZZ am Sonntag, the Australian magazine In The Black, the Management 3.0 podcast, and various platforms, including TEDx, My Health Magazine, HR Today, and Future Health Basel.

Aurelie's expertise spans positive leadership, emotional intelligence, employee well-being, and fostering human-centric cultures that thrive.

Her mantra: We prioritize happiness in our personal lives—so why not in the workplace, where we spend so much of our time?

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