

# International Meditation Centre

IN THE TRADITION OF SAYAGYI U BA KHIN AND MOTHER SAYAMAGYI

## COURSE APPLICATION FORM *(Please complete in BLOCK CAPITALS)*

I wish to attend the Meditation Course to be held from  to

Surname:  First Name:

Date of Birth:  Occupation:

Male ☐ Female ☐ Nationality:

Do you understand English well? Yes ☐ No ☐ If No, what language?

Address:

Telephone:

Mobile:

Email:

Please give details of someone to contact in case of emergency:

Name:  Telephone:

Address:

1. Have you attended courses in the Sayagyi U Ba Khin tradition before? Yes ☐ No ☐  
If yes, please say when and where was your most recent course.
2. Are you practising any other techniques of meditation? Yes ☐ No ☐  
If yes, for how long have you been practising them?
3. Are you in good physical and mental health? Yes ☐ No ☐  
If no, please give details.
4. Are you, or will you be, on any medical treatment at the time of the meditation course? Yes ☐ No ☐  
If yes, please give details of medication.
5. Do you suffer from any medically confirmed food allergies? Yes ☐ No ☐  
If yes, please give details. *Please note that only medically confirmed allergies will be recorded.*
6. How did you come to know about this Centre and the meditation course? Could you please name the magazine, website, friend, poster, etc. from which you learned of the International Meditation Centre.

*We use the information you provide to us in order to adjust teaching, meals, transport and accommodation to students' needs, and to take appropriate measures to promote the safety and wellbeing of students and staff. You can find additional information about our handling of personal information in our privacy policy ([www.internationalmeditationcentre.org/db/privacy/IMCUK\\_Privacy\\_Policy.pdf](http://www.internationalmeditationcentre.org/db/privacy/IMCUK_Privacy_Policy.pdf)). By submitting this application, I consent to IMC's processing of my personal data, and understand I can withdraw my consent at any time by writing to the address given in our privacy policy.*

*We send out a newsletter about future courses 1-2 times a year, and occasionally information about other events, to those on our mailing list. Please let us know if you would like to join this mailing list.*

*If you would like to receive our newsletter by email (preferred), please tick this box:* ☐

*If you would like to receive our newsletter by post, please tick this box:* ☐

