**CAPITAL TITLE (TNR, 14 POINT; CENTRALISED; BOLD)**

Author1\*, Author2 & Author3 (Times News Roman, 10 point; centralised; presenter asterisked)

*1Affiliation (Times News Roman, 10 point; centralised, italic)*

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Abstract consisting background, rationale/hypothesis, objective(s), brief methodology, main findings, significant contribution and recommendation for management. All text in one paragraph; no references. (TNR, 12 point; justified, unbold)

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