



### The Bench

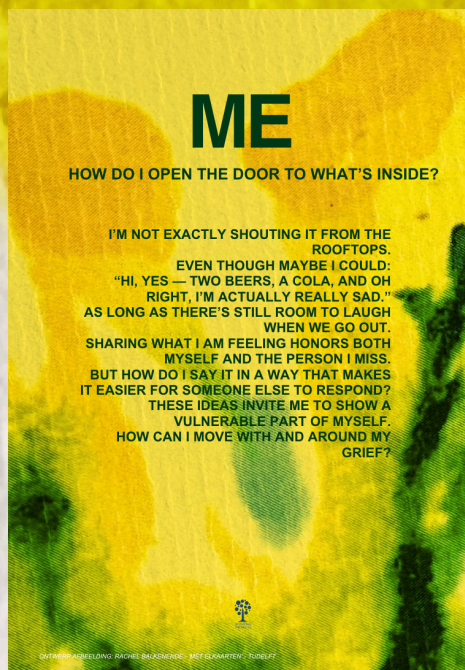
A bench in public space as an invitation to talk. Question cards help build community through shared stories — and a board game reinforces connection rather than competition.  
**Silvia Guinea, Isabeau, Danique van de Hoef, Jamie Langerhorst & Mabel Ursem, HvA**

### De achterblijvers (The Ones Left Behind)

A research project into how students experience the loss of a peer by suicide. Their stories were shaped into a narrative collection to share grief in a respectful, collective way.  
**Jasmijn Pelders, Utrecht University**

### Proost op een bakkie troost (A Cup of Comfort)

A contemporary tea set designed around mourning rituals. Poems and prompts encourage reflection — acknowledging that grief is rarely neat, but always human.  
**Malu Hellegers, HKU**



### Met Elkaarten

A set of cards that helps make space to share grief with friends or family, especially when starting the conversation feels difficult. Each card offers a gentle invitation to do something together — like baking a familiar cake or revisiting a shared memory. Simple, personal, and low-pressure.  
**Rachel Balkenende, TU Delft**

### Rouwvraag (Grief Questions)

An installation that projects questions about grief into public space — questions that deserve to be asked more often. It invites reflection and conversation, softly illuminating what usually stays unspoken.  
**Eva den Hartogh, TU Delft**

### Steunplanken (Support Boards)

A quiet place on campus where you can pause and acknowledge loss. A QR code lets you leave a message without feeling exposed, helping students feel less alone — and helping others understand grief better.  
**Nino Kabore, TU Delft**

### Bewegen met rouw (Moving with Grief)

A slowly moving mobile that seeks balance. When someone approaches, it stops — inviting them to add their own message. The movement shifts with each contribution, just like grief: always changing, shaped by those who carry it.  
**Loïs Pattiselanno, TU Delft**

### Herinneringen schijnen in het donker (Memories in the Dark)

An installation that invites you to add a memory. Each memory lights up, showing how each of us carries someone with us — and how memories can remain present, gently and visibly.  
**Myrthe Moes, TU Delft**

### Vergeten rouw (Forgotten Grief)

A small symbol to carry, reminding you of someone you miss. It invites recognition and conversation, especially during life transitions — when it helps to know who else carries loss.  
**Sara van der Vaart, TU Delft**

### Wie mis jij kubus (Who Do You Miss Cube)

A cube you can attach to your keys or bag. Place something inside that reminds you of the person you lost. Its presence invites quiet acknowledgment — and sometimes, conversation.  
**Angelee Warmenhoven, TU Delft**

### Share Your Burden

A campaign encouraging young men to share the weight of grief. A physical installation uses weighted backpacks to show how heavy grief can feel — and how sharing stories makes the weight lighter.  
**Chiara, Eva, Freja, Kathi & Marie, HvA**

### De onsterfelijke herinnering (The Immortal Memory)

A campaign using the metaphor of a ringing phone that keeps returning at unexpected moments. By speaking about loss, the sound softens — memories become easier to carry when shared.  
**Isa van Rossum, Mirjam Fijen, Anna Horeman & Sophie van Rossum, HvA**

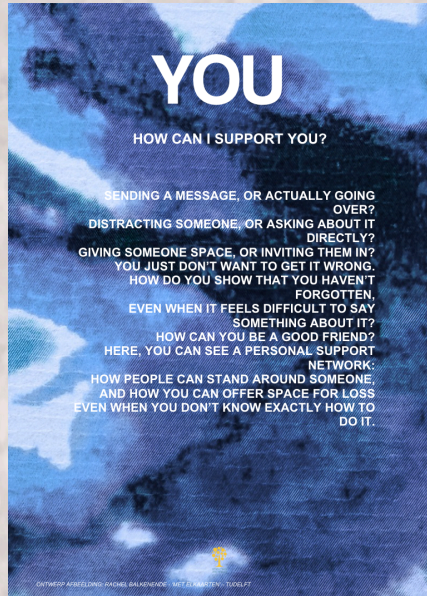


### Doorgaan begint met stilstaan

#### (Moving Forward Starts with Standing Still)

A social media campaign encouraging people to pause rather than rush through grief. Reflection prompts and a short quiz help open conversations — with yourself or with someone you care about.

Noa van Vliet, HvA



### Ik denk aan je -Smart rouwlamp

#### (I Think of You – Smart Grief Lamp)

A lamp inspired by the ritual of lighting a candle for someone.

You can switch it on for a friend from afar, quietly saying: *I'm thinking of you.*

Connection, without needing words.

Mirte Batema, TU Delft

### Van dag tot dagboek - rouw op de werkvloer

#### (From Day to Daybook – Grief at Work)

A book of envelopes created by colleagues for someone returning to work after loss. Small gestures that help build a supportive workplace where people can lean on each other.

Yasmine van der Meel, TU Delft

### Rouw in het werk (Grief at Worklife)

A campaign that makes grief more visible on professional platforms.

Encouraging awareness, care, and practical support when a colleague returns after loss.

Sanne de Hollander, HvA

### Boompje van steun (Tree of Support)

An installation with beads you can take and questions that help start meaningful conversations.

A reminder to notice one another with care, daily.

Merel van Tienen, TU Delft

### Vangnetwerk (Support Network App)

An app to choose who is in your personal support circle.

Together you schedule the kind of contact you need — low-pressure, simple, and genuine.

Mila Steenmeijer, TU Delft

### Vangmat (Support Mat)

A space to talk about grief without the pressure of eye contact.

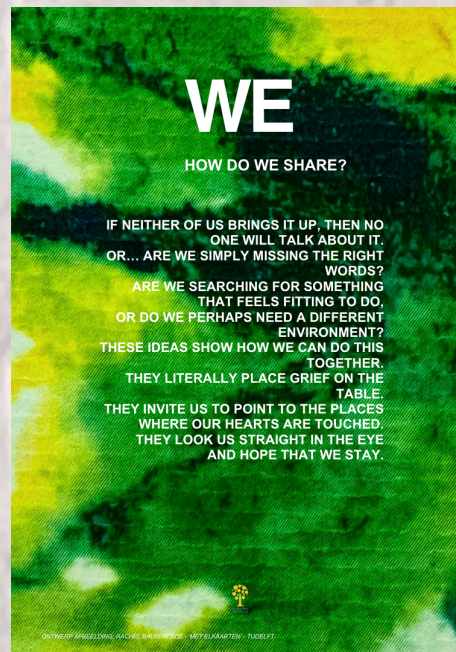
Conversation cards provide gentle guidance, allowing silence to be part of the dialogue.

Tess Schonewille, TU Delft

### Steun elkaar in het echt (Support Each Other in Real Life)

A campaign that asks: Do we really reach out — or do we hide behind emojis and short messages? It encourages choosing real presence, even when it feels uncomfortable.

Kevin Anbergen, HvA



### Rouw op tafel (Grief on the Table)

A tablecloth designed to open conversation through gentle prompts and shared creative actions.

Structured, but not forced — moving at the pace of the group.

Luna Zimmik, TU Delft

### Rouw kent geen haast (Grief Takes Time)

A campaign that reminds us that grief cannot be hurried. Cards, video, a pop-up escape space, and posters invite people to approach grief in their own way and rhythm.

Lindsay Frelink, Tosca Verwijmeren, Nynke Feitsma & Manouk Sijpheer, HvA

### Like a Team

A campaign for sports teams, using the foam finger as a symbol of solidarity.

Showing that being a team means showing up off the field too.

Amélie Louissen, Lotte Munier, Leire Ramaker & India Sprokholt, HvA

### Potje koken (Cooking Together)

A recipe box that invites teammates to cook together and share memories.

Conversation unfolds naturally while preparing and eating the meal.

Nouscha van der Werff, TU Delft

### Rouw op de kaart (Grief on the Map)

Place markers on a shared map at locations that hold memories.

A way to make invisible stories visible — and speakable.

Samuel B. Stahl, TU Delft

### Sobremesa

A public table that invites lingering conversation, inspired by unhurried moments after a meal.

A space where talking — or simply being together — is enough.

Eline Rosenthal, TU Delft

### Wij zijn Rouwig (We Are Grieving)

An activist approach with bold posters and spoken word.

A call to truly be there for one another, not just in words but in presence.

Manny Meijeren, Job Tiemersma, Puck Teppema & Fee Golin, HvA