

St. Peter's Episcopal Church Lenten Series 2026

An Initiation to Prayer

The way to be open to divine life is to love God with all your **HEART**, all your **STRENGTH** and all your **MIND**. This, too, is the conduit to fulfil the command that Jesus taught was "like unto it," loving your neighbor as yourself.

In **LENT**, the church, encourages us to take up again the practices that strengthen our loving muscles:

Loving with all our **HEART** through acts of self-surrender and trust in God

Loving with all our **STRENGTH** through generous giving

Loving with all our **MIND** through **PRAYER**

This Lent, our Regional Faith Community will host a 6-week "*Initiation to Prayer*." During Evening Prayer on Wednesday nights from 7 to 8 pm, participants will be instructed and have a time to experience traditional Christian prayer practices. The hope is that each one discover an ongoing daily, ecclesial prayer practice to grow your faith and strengthen your loving muscles for the rest of your life.

Wednesday Nights 7 to 8 pm

Feb 25	The Divine Office
March 4	Centering Prayer
March 11	Anglican Prayer Beads
March 18	The Jesus Prayer
March 25	Praying out loud
April 1	Prayer of the People



*"Lord,
teach
us to
pray."*

St. Peter's Episcopal Church - 215 Boulevard, Mountain Lakes