

Yvonne McKeown

**Registered Nurse - Adult** 

Expert Witness



contact@amgconsultancyservices.com 01785 719557 (head office then option 3)

# **Bariatric Nurse Expert Witness**

## General Background

A highly experienced and versatile nurse since 2000 with experience in a variety of settings and specialties. Following graduation, an exciting and varied career began in cardiac and intensive care nursing. After 10 years, a speciality transition to obesity and bariatric nursing was made, where skills in management, systems improvement, idea initiating, and business scoping were developed. These skills, plus the added benefit of being a non-medical prescriber facilitated an excellent grounding to becoming a valuable member of the diabetes specialist and clinical lead team.

Passionate about providing comprehensive and effective care to her patients, being a strong advocate for patients and their families is also highly important. A long and full career has lent itself well to developing many skills and qualities such as objectiveness, empathy, excellent communication, working under extreme pressure, attention to detail and effective and swift decision-making.

# Work History

### 06/2022 to present - Clinical Lead Nurse for Diabetes & Obesity, Oviva Ltd - London

Clinical care

- Delivering 1-to-1 remote care prescribing GLP-1 RA medication
- Providing medication optimization on the type 2 diabetes remission programmes
- Supporting dietetic colleagues with blood glucose and blood pressure monitoring

Innovation

- Innovating and advising on medicine management
- Monitoring the implementation of policies and pathways across programmes
- Supporting partnerships with business development and NHS conversations

### Leadership

- Maintaining a personal clinical caseload
- Responsible for implementing the quality assurance, audit, incident, and clinical training frameworks within the team
- Reporting key trends and feedback themes to the Clinical Governance team
- Learning Response and Engagement Lead in the adverse effect and event assessment (PSIRF) Framework
- Supporting the Medical Lead with the design of medical pathways in NHS tier 3 weight management and type 2 diabetes services
- Assisting in the research strategy with both internal teams and academic partners

Overall, this role is a very demanding one, but it is also incredibly rewarding. It is a great opportunity to make a real difference in the lives of patients and to help shape the future of healthcare.

#### 01/2019 to present - Diabetes Nurse Specialist, Luton & Dunstable Hospital, -Luton, Beds

Main Responsibilities

- Provide highly specialized diabetes management, treatment, and education to patients in a secondary care setting
- Stay professionally current in the specialty of diabetes
- Prescribe medications

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- Initiate the latest technical devices to aid glycaemic monitoring and control, or insulin delivery
- Effectively prioritize workload
- Work both autonomously and in collaboration with other members of the multidisciplinary team

### 01/2009 to 01/2019 - Obesity & Bariatric Nurse Specialist

Role included

- Assessing patients in an autonomous nurse-led clinic
- Managing the care of patients with varied and complex physical and mental health issues, both pre and post bariatric surgery
- Planning and pre-empting care needs, including acute postoperative complications
- Regularly managing MDT meetings to discuss and decide on the best progression pathway for patients
- Initiating a departmental database
- Pioneering bariatric day case surgery and associated SOP production
- Initiating patient group sessions
- Composing departmental induction information and patient education resources •
- Meeting regularly with CCGs to ensure the delivery of quality care and the facilitation of both local and national guidelines and NICE standards

## Expert Witness Background

Yvonne has been associated with AMG Consultancy Services since 2023. Acting in the capacity of an expert witness in the specialist areas of nursing, providing Screening and Liability reports on behalf of the Claimant and Defendant.

(Awaiting on attendance of the Bond Solon Certified Legal Training Courses: "Excellence in report writing" and "Courtroom Skills training")

## **Education**

- 2021 Master of Science: History taking and Physical Assessment of Adults University of Bedfordshire Luton
- 2020 Master of Science: Nurse and Midwife Independent and Supplementary Prescribing V300 University of Bedfordshire - Luton
- 2018 Bachelor of Sciences: Health Care Practice University of Bedfordshire - Luton
- 2000 Diploma of Higher Education: Nursing Studies Canterbury Christchurch University College - Canterbury

## <u>Awards</u>

- National QIC Insulin safety week award 2022 Winners
- National QIC Hypo Awareness award 2023 Runners up

## <u>Memberships</u>

Nursing & Midwifery Council