



# Trish Finnegan

## Registered General Nurse

### Expert Witness



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RGN, (Dip) Community Health Studies, BA (Hons) Social Science

#### General Background

Trish possesses extensive nursing experience in primary & secondary care settings having previously worked in Head & Neck Oncology/ENT, Oncology, Rheumatology and Palliative Research trials. She has practiced as a Clinical Facilitator on a Department of Health funded project. In her previous role as clinical nurse advisor, she has developed transferable skills through dealing with suppliers of home care services and hospital accounts. Works independently and partnership with a multi-professional team, having developed skills as a competent research-based practitioner working alongside management, whilst coaching and supporting junior nurses. Trish is part of the clinical supervision team, facilitating regular sessions to discuss issues pertinent to clinical practice.

Trish is part of the Nutrition Nurses' training team, supporting and developing 'new starters.' In her current role as a Community Nutrition Nurse Specialist, she provides advanced screening, assessment and technical skills to manage patients receiving enteral nutrition, delivering patient centred advice, support and care for patients with enteral feeding tubes, their families and carers.

She liaises with acute unit Nutrition Nurses, Hospital and Community Dietitians, GP's, home enteral feeding companies and any other necessary agencies to facilitate the smooth discharge of patients being tube fed, working to prevent any readmission of such patients where this can be avoided. Trish provides expertise to staff on the clinical management of enteral feeding tubes, and also facilitates and participates in Trust wide groups that require Specialist Nutrition Nurse input.

She uses empowerment/counselling skills to assist patients in attaining self-management of their enteral feeding tubes or identifying and realising goals as part of their management plan.

Trish responds appropriately to frequent requests for nutrition nursing support which includes adults with complex physical health needs and complex clinical and social situations which require detailed analysis and decision-making.

She also has current experience of working with a home clinical trial company, supporting patients in their homes, and enrolled on medical trials, and can organise, prioritise and deliver what is required to maintain the holistic care of the patient. She is highly motivated with a passion for patient care and improving nursing standards.

#### Professional Qualifications

- Registered General Nurse
- Diploma Community Health Studies
- District Nurse
- ENB 237 Oncology Nursing
- V150 Community Practitioner Nurse Prescriber

#### Academic Qualification

- BA (Hons) Social Science

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#### **Skills-Community Based**

- Enteral nutrition feeding tubes and nasal bridles
- Nutrition and gastroenterology multi-disciplinary team meetings
- Training patients to use Biosimilar-auto injector pens
- Training and educating patients/carers and nurses-enteral/clinical procedures
- Report writing
- Sub cut medication administration
- Bimonthly venepuncture
- Writing guidelines for enteral tube placement and nasal bridles Clinical Supervision
- Skincare around gastrostomy tubes and central venous catheters
- Clinical Supervision
- Home Clinical Trials
- Independent Nurse led Clinics
- Mentoring student nurses
- Care/nursing home care
- Community Nurse Prescriber
- Patient assessments for enteral tubes

#### **Professional Courses Attended**

2025 Recruitment and Selection Training  
2025 Inspire Leadership and Management Training  
2023 Clinical skill in venepuncture  
2022 Vygon enteral practice  
2021 Mentorship Training level 2  
2019 Mentorship development training programme level 1  
2019 Enhancing clinical practice  
2019 Promoting a Nursing Service  
2018 Training Skills for Nurses  
2018 St Mark's Intestinal Failure, Rehabilitation and Home Parenteral Nutrition  
2017 Essential clinical supervision skills

#### **Publications**

Webb, E Young, P Finnegan, M Siddat. No Exclusion Clause: Opening Doors to Better Palliative Care Services to People from Culturally Diverse Communities Ethnic Health Advisory Group-Department of Health (2001)

#### **Expert Witness Background**

Associated with AMG Medico Legal Limited since 2022, acting in the capacity of expert witness in a specialist field of nursing. Trish is able to utilise professional skills and experience to facilitate report writing, and the development of skills to prepare expert witness reports.

Attendance of the Bond Solon Certificated Legal Training Courses: "Excellence in Report Writing" and "Courtroom Skills – Witness Familiarisation" 13<sup>th</sup> and 14<sup>th</sup> November 2023.