



Taurai "Pamela" Mahaka

Occupational Therapist

Expert Witness



contact@amgconsultancyservices.com

01785 719557 (head office then option 3)

Specialist clinical role - BSC (Hons) Occupational Therapy, MSc Dev Studies,
Master E-Health and Telemedicine

General Background

Since post qualification in 2016 as an occupational therapist, Taurai has worked in private practice mental health units, medium secure units and open rehabilitation. After 2 years of practicing in mental health, Taurai diversified her skills and pursued locum contracted work which gave her the opportunity to work in different settings, including NHS hospital discharge support rehabilitation, and rapid response therapy teams.

Taurai continued to pick up several roles with Local Authorities, adults and children cases working with the moving and handling teams, complex case support, recommending and providing major adaptations and minor equipment. Taurai continues to explore other complex diagnosis to integrate into her practice and knowledge base such as Autism assessment and diagnosis.

Skills and Areas of Experience

- Client assessment and follow-up treatment planning including the provision of internal and external adaptations to the home environment.
- Provision of minor equipment; walking aids and transfer aids.
- Supporting carers and clients with safe moving and handling including the implementation of packages of care with single handed care support.
- Holistic approach with individuals, ensuring well-being care needs and implementing risk preventative measures in the community; patient education and safety assessments.
- Rehabilitation following a stroke
- Housing reallocation assessments for adults and children in transition services
- Social services hospital discharge assessment
- Behaviour modification; individual and group therapy
- Bed and chair assessments
- Assessment for safe hospital discharges
- Therapy planning for rehabilitation including post-stroke.

Work History

Locum Occupational Therapist – Dudley Social Services (Adult and Children's Services) – March 2023 to present

i)Community Assessment team - Major adaptations team - adults and children's services – assessment and recommendation of major adaptations to patient's own homes to make them safe to access and maximise independence, dignity and mitigate adverse health and risks.

Locum Occupational Therapist – Walsall Social Services (Adult and Children's Services) – July 2022 to March 2023

i)Community Assessment team - Single Handed Care team, Moving and handling reviews, major and minor adaptations assessments, housing reallocation assessments for adults and children in transition services – major adaptations, bed assessments, seating assessments and MDT working

Locum Occupational Therapist – Dudley Group NHS Intermediate Care Team – April 2022 to July 2022

i)Intermediate care therapy team assessment of hospital discharges, home environment assessments to facilitate safe discharges.

ii)assessment and review of package of care provision

iii) short term and long-term plan of environment safety for service users

iv)liaison with local service providers for ongoing care planning and environment assessments

Locum Occupational Therapist - North Yorkshire County Council and Somerset County council (seasonal contract COVID-19 BACKLOG CASELOAD SUPPORT) – Aug 2021 to December 2021

- i) part remote part face to face assessments
- ii) assessment and review of major adaptations caseload
- ii) short term and long-term plan of environment safety for service users
- iv) liaison with local service providers i.e. long-term care provision and manual handling needs

Locum Occupational Therapist – Walsall Community NHS Unplanned Team (Urgent Care Response) – October 2020 to July 2021

- i) Hospital prevention and safe discharge response – home environment assessments to facilitate safe discharge and avoid hospital discharge
- ii) Treatment Planning including simple equipment assessment, therapy plans for rehabilitation
- iii) MDT focused team rehabilitation for onward therapy input care planning
- iv) Caseload management

Locum Occupational Therapist – Birmingham Community NHS Early Supported Discharge – Community Stroke Rehabilitation – July 2020 to October 2020

- i) Community stroke rehabilitation – reablement focused therapy, assessments and reviews
- ii) Treatment Planning including simple equipment assessment, therapy plans for upper limb functional use and cognition deficits therapy
- iii) MDT meetings and care planning
- iv) Caseload management

COVID-19 OUTBREAK - BREAK FROM WORK – April 2020 - July 2020

Locum Occupational therapist – Dudley MBC Reablement – October 2019 to April 2020

Locum Occupational therapist – Oxfordshire University Hospital NHS, Banbury, HART – June 2019 to October 2019

Locum Occupational Therapist – Birmingham Social Services Dec 2018 – June 2019

Camino Healthcare, West Bromwich/Tipton January 2018 – Dec 2018
Mental Health Rehabilitation, Care and Respite OT – Mixed diagnosis (mental health and physical health) rehab unit OT

The Huntercombe Group Birmingham, Oldbury May 2017 – December 2017
Forensic Learning Disability and Mental Health OT

OPTIONS FOR CARE LTD, Birmingham Dec 2016 – May 2017
Mental Health Occupational Therapist

Additional Experience

- ACCORD HOUSING GROUP, West Midlands
- Specialist Support Worker - British Red Cross, Wales and Western
- HIV Policy Intern and Volunteer at African Health Policy Network, London
- Sessional Worker Accredited HIV Facilitator at Terrence Higgins Trust, London
- Accredited Facilitator New Perspectives Course at Macmillan Cancer Support, London
- Accredited HIV Facilitator at Living Well CIC International, London
- Healthcare Assistant at Care UK, Middlesex

Professional Qualifications

- ADOS-2 and ADI-R Autism Diagnosis Observation and Interview Practitioner – Hogrefe Training UK October 2024
- Master in E-Health and Telemedicine, Rome Business School 2021
- Telephone & Telemedicine in Clinical Medicine: An Instrument of Opportunity & Risk Cat 1, Harvard Medical School, 2020
- Bachelor of Science (Hon) in Occupational Therapy, Coventry University, 2016
- Master of Science in Development Studies, London South Bank University, 2012

Expert Witness Background

Associated with AMG Consultancy Services Ltd since 2024. Experience gained in both NHS and Local Authority community equipment and major adaptations assessment, and mental health settings. Evaluation and assessment of mental health needs, risk assessment and clinical management, together with that of extensive experience of reviewing case files and report writing, that has facilitated the development of skills to prepare expert witness reports.

(Awaiting on attendance of the Bond Solon Certificated Legal Training Courses: “Excellence in Report Writing” and “Courtroom Skills – Witness Familiarisation”)

Areas of Expertise

- | | | |
|--|---|------------------------------------|
| ▪ Psychosocial Support | ▪ Excellent Communications | ▪ Behaviour Modification |
| ▪ Client Assessment | ▪ Mental | ▪ Individual/Group Therapy |
| ▪ Treatment Planning including equipment provision | Health/Dementia/Learning disability/Forensic low secure | ▪ Major and minor home adaptations |
| ▪ Stroke Rehabilitation | ▪ Patient Education & Safety | ▪ Single Handed Care assessments |
| | ▪ Social services hospital discharge assessment | ▪ Manual Handling |

Memberships

Royal College of Occupational Therapists (RCOT) member
Registered The Health and Care Professions Council (HCPC) member