



Monica Thorpe

Registered Nurse – Adult

Expert Witness



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01785 719557 (head office then option 3)

Care Home Nursing Expert Witness

General Background

Monica has been a Registered Nurse since 2009 and has experience working in both NHS hospitals and care home settings. She has specialised in care home nursing since 2011. Prior to specialising in elderly care, Monica worked within the NHS in the specialisms of endoscopy, gastroenterology, and operating theatres.

Monica's recent roles include senior positions in elderly care within the private sector, working for Advinia Care Homes, Roseberry Care Centres, and the Maria Mallaband Care Group. She oversaw care homes to ensure high-quality assessment, prioritisation, and delivery of patient care. Her responsibilities included direct line management of care home managers and indirect management of care home staff, working alongside heads of department in all support functions including Quality and Compliance, Estates, HR, and Finance. She also liaised with regulators, Integrated Care Boards, and local authorities. Monica has extensive experience in conducting root cause analyses and safeguarding investigations.

Previously, Monica worked as a Quality and Compliance Manager for care providers including the Maria Mallaband Care Group, Akari Care, and Four Seasons Health Care, where she was responsible for ensuring that residents received a high standard of care and quality of life.

Earlier in her career, Monica worked as a Care Home Manager with legal responsibility for the day-to-day operations of the care home. She also ran her own consultancy, supporting care home providers to achieve improved outcomes in resident care and compliance with relevant regulations and legislation.

Professional Qualifications

- Advanced Diploma of Higher Education: Nursing (Adult)
- Qualifications and Credit Framework (QCF) Diploma in Leadership and Management in Health and Social Care: Adult Residential Pathway

Monica is currently studying a combined degree in Business Management and Law with the Open University on a part-time basis.

Training

Monica has previously held "Train the Trainer" certificates in the following areas and delivered these courses to care home staff of all levels during her time as a consultant:

- Medications Management
- Safeguarding Adults and Children
- Wound Care and Wound Management
- Pressure Ulcer Prevention and Management
- Falls Management
- Continence Care
- Catheter Management
- Infection Prevention and Control
- Health and Safety

Expert Witness Background

Monica has been associated with AMG Medico Legal Ltd since 2025. She has gained experience in care home settings, including the evaluation and assessment of elderly care needs, risk assessment, and clinical management. Monica also has extensive experience reviewing case files and writing reports, which has supported her development as an expert witness.

She is awaiting attendance on the Bond Solon certificated legal training courses: **“Excellence in Report Writing”** and **“Courtroom Skills – Witness Familiarisation.”**

Areas of Expertise

- Residential Care
- Nursing Care
- Dementia Care
- Challenging Behaviour
- Cognitive Impairment – Mild to Severe
- Mental Capacity Act and Deprivation of Liberty Safeguards
- Consent to Care and Treatment
- Care of the Elderly Person
- COPD
- Basic Life Support
- Causation and Management of Bone Fractures
- Bladder and Bowel Management – including catheter and stoma care
- Complex Healthcare Needs – Elderly People
- Faecal and Urinary Continence Management (including incontinence)
- Catheterisation – Urinary and Suprapubic
- Diabetes Management
- Palliative Care – care home setting with prognosis of 12 months or less
- End of Life Care – care of the dying person
- Personal Hygiene
- Nutrition and Hydration
- Huntington’s Disease
- Hypertension
- Health and Safety
- HR/ER Concerns
- Infection Prevention and Control
- Incident Reporting and Management
- Intermediate Care
- Discharge to Assess Care
- Leadership and Governance of a Care Home Setting
- Long-Term and Chronic Conditions Associated with Elderly People
- Manual Handling
- Medicines Management
- Pain Management
- PEG Feeding
- Parkinson’s Disease
- Pressure Ulcers
- Skin Tears
- Risk Management
- Safeguarding Adults
- Sensory Impairment
- Investigations, including Root Cause Analysis, Safeguarding Investigations, Complaints Management, and Duty of Candour
- Overall Leadership and Governance of Care Home Settings
- Quality Improvement in Care Homes
- Care Quality Commission (CQC) and Care Inspectorate Wales (CIW) regulations and breaches

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Memberships

Monica is a member of the Royal College of Nursing, the Care Home Nursing Forum and supports the work of the Independent Health and Social Care Lead Nurses.

She is registered with the Nursing and Midwifery Council.