

LYNNE BAYLEY

RGN | V300 Independent Prescriber

PROFESSIONAL PROFILE

Registered Nurse since 2009, currently practising within General Practice as a senior nurse and Non-Medical Independent Prescriber.

AREAS OF CLINICAL EXPERTISE

- GP and primary care nursing — current active practice
- Non-medical prescribing (V300 Independent Prescriber) — qualified 2025
- Women's health and menopause — hormonal management, HRT prescribing, perimenopause assessment, cervical cytology, cancer pathways, and management of unscheduled bleeding in menopause
- Contraception — oral contraception, injectables, contraceptive review and advice
- Diabetes mellitus (Type 1 and Type 2) — medication management, complication monitoring, and structured review
- Cardiovascular disease — hypertension, atrial fibrillation, heart failure, hyperlipidaemia, and cardiac risk management
- Chronic kidney disease — monitoring, medication review, and referral pathways
- Respiratory conditions — asthma and COPD management, peak flow assessment, spirometry analysis and referral, application of evolving clinical guidelines, and patient-centred approaches to improving symptom control and inhaler technique
- Thyroid disease — monitoring and medication management
- Long-term conditions and chronic disease management
- Medicines management — prescribing, polypharmacy review, and medication safety
- Medical record review — identification of gaps, inconsistencies, and breaches in standards of care; supporting practice management with clinical complaints review
- Acute illness management — urinary tract infection, skin and soft tissue infection, chest infection
- Immunisations, flu clinics, and travel vaccinations
- Treatment room nursing — wound care, injections, flu clinics, and clinical procedures

CURRENT CLINICAL ACTIVITIES — TYPICAL WORKING DAY

Daily clinical activities include:

- **Patient consultations (face-to-face):** Conducting structured nurse-led appointments covering chronic disease review, medication review, and acute presentations.
- **Telephone and remote triage:** Assessing and managing patient queries, determining urgency, and providing clinical advice in line with current guidelines.
- **Reviewing and interpreting blood results:** Analysing laboratory investigations including HbA1c, lipid profiles, renal function, thyroid function, and inflammatory markers; identifying clinically significant trends and acting appropriately.
- **Prescribing:** Exercising V300 Independent Prescriber authority — issuing and reviewing prescriptions, conducting medication reviews, and managing polypharmacy within scope.
- **Chronic disease reviews (QOF):** Delivering structured annual and interim reviews for patients with diabetes, hypertension, asthma/COPD, cardiovascular disease, and chronic kidney disease.
- **Medical record review and summarising:** Reviewing complex patient histories across multiple conditions; identifying gaps in care, inconsistencies in documentation, and requirements for follow-up.
- **Writing clinical letters and referrals:** Producing accurate, professionally worded correspondence to secondary care, allied health professionals, and multidisciplinary teams.
- **Women's health consultations:** Discussing options, managing presentations, and prescribing across menopause, contraception, and related conditions.

PROFESSIONAL EXPERIENCE

GP Practice Nurse | V300 Independent Prescriber

Bo'ness Road Medical Practice | July 2023 – Present

- Manages a complex chronic disease caseload including diabetes, cardiovascular disease, and respiratory conditions
- Conducts independent nurse-led clinics with full prescribing authority under V300 qualification
- Performs structured QOF reviews, blood result interpretation, and medication management
- Reviews patient records to identify gaps in care, clinical deterioration, and documentation inconsistencies
- Produces accurate clinical letters, referrals, and documentation to NHS standards

Private Clinical Work

Independent Practice | 2024 – Present

- Provides private clinical consultations for children and adults across a range of health needs
- Specialist focus on women's health including menopause, hormonal health, and contraception
- Thyroid health assessment, results review, and ongoing management support
- Travel health consultations including risk assessment, vaccinations, and antimalarial prescribing
- Reviews results and provides clinical support for patients who are underserved or unsupported within the standard NHS pathway

GP Practice Nurse

Westburn Medical Practice | October 2021 – May 2023

- Led reinstatement of chronic disease review programme following COVID-19 service disruption
- Reviewed complex multi-condition medical histories and developed structured care plans
- Identified patients requiring clinical follow-up based on record analysis and clinical risk

GP Practice Nurse

Faraday Medical Practice | May 2019 – October 2021

- Chronic disease management across cardiac health, CKD, diabetes, and women's health
- Developed evidence-based care plans from thorough medical history review
- Identified and documented signs of clinical deterioration and acted within scope

Disability Analyst

Atos Healthcare (DWP Personal Independence Payment) | February 2018 – May 2019

- Produced formal medical-legal reports analysing claimant medical records for the Department of Work and Pensions
- Conducted comprehensive review of medical documentation, supporting evidence, and specialist correspondence
- Researched medical conditions across all clinical specialties to inform evidence-based recommendations
- Consulted with health professionals for specialist opinions where required
- Delivered high-volume report output independently to strict legal and administrative deadlines

Anaesthetic Nurse Assistant

Wishaw General Hospital, NHS Lanarkshire | December 2016 – February 2018

- Conducted pre-operative assessments requiring detailed review of patient records across multiple specialties
- Identified and communicated patient safety risks based on clinical documentation and assessment findings

Staff Nurse — Cardiology

Hairmyres Hospital, NHS Lanarkshire | December 2013 – December 2016

- Interpreted blood results, ECGs, and clinical observations in an acute cardiac setting
- Assessed and evaluated patient care; recognised and escalated clinical deterioration

Staff Nurse — Respiratory and Medical HDU

Hairmyres Hospital, NHS Lanarkshire | November 2012 – December 2013

- Provided high-dependency nursing care to acutely ill patients with respiratory failure and complex medical presentations
- Rapid assessment and management of life-threatening conditions

QUALIFICATIONS AND PROFESSIONAL DEVELOPMENT

Qualification	Awarding Body	Year
Non-Medical Prescriber (V300) — Independent Prescriber	University of Stirling	2025
Management and Care of Diabetes Mellitus	Edinburgh Napier University	2021
Certified Lifestyle Medicine Practitioner (Dip IBLM/BSLM)	British Society of Lifestyle Medicine	2019
BSc (Hons) Nursing	University of the West of Scotland	2012

HND Business Studies	University of the West of Scotland	2009
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PROFESSIONAL REGISTRATION AND MEMBERSHIPS

- **Registered Nurse:** Nursing and Midwifery Council
- **Member:** British Society of Lifestyle Medicine
- **Member:** British Menopause Society
- **Member:** Faculty of Sexual and Reproductive Healthcare