



Karla Walmsley-Morgan

Occupational Therapist

Expert Witness



contact@amgconsultancyservices.com

01785 719557 (option 3)

General Background

As an experienced senior leader in health and social care, Karla is committed to driving improvements in the lives of individuals through strategic planning, governance, and service development. She has extensive experience across health, social care, and the voluntary sector, advocating for integrated care and co-production with stakeholders. With a solid background in medico-legal work, housing adaptations, and rehabilitation, Karla is highly skilled in providing expert witness reports, and is dedicated to delivering responsive, client-centred services.

Skills and Experience

- **Expert Witness and Medico-Legal Work:** Extensive experience in preparing expert witness reports for medico-legal cases concerning catastrophic injuries. Regularly involved in court appearances and case conferences, providing reports for claimants, defendants, and joint instructions.
- **Housing and Adaptation Assessments:** Expert in housing assessments, Disabled Facilities Grants, and major home adaptations for individuals with physical, cognitive, and sensory impairments. Skilled in coordinating projects with architects and contractors to ensure inclusive design.
- **Strategic Leadership:** Proven ability to lead large teams, manage significant budgets (up to £44 million), and improve service delivery through change management. Successfully led the transformation of hospital discharge processes, staffing structures, and rehabilitation pathways across NHS and social care settings.
- **Complex Discharge Planning:** Expert in hospital discharge pathways, including Home First and Discharge to Assess (D2A). Developed streamlined services to reduce bed days lost and waiting times.
- **Project Management:** Strong project management skills from assessment to completion in housing adaptation projects. Experienced in delivering service transformation, budget management, and operational oversight in health and social care settings.
- **Safeguarding and Legal Frameworks:** Deep understanding of Safeguarding Adult Reviews, Mental Capacity Act, and DOLS frameworks. Experienced in chairing safeguarding meetings, reviewing action plans, and ensuring compliance with legal and safety standards.
- **Leadership and Mentoring:** Skilled in leading and managing teams, mentoring junior staff, and fostering a culture of collaboration and high morale.
- **Service Development:** Experience in developing and implementing policies, performance frameworks, and governance structures to improve service outcomes.

NHS CAREER SUMMARY

Integrated Services Manager, Berkshire Health Foundation Trust (06/2022 – 08/2023)

- Managed inpatient and community rehabilitation services, leading a team of 82 staff.
- Implemented service redesign, reducing waiting times and delivering cost-saving measures across multiple localities.

Advanced OT Practitioner, Frimley Park Foundation Trust (01/2022 – 06/2022)

- Led complex discharge processes, reduced patient length of stay, and developed new therapy service pathways.

Ward Therapy Lead, Ashford and St Peters NHS Foundation Trust (11/2020 – 12/2021)

- Established and managed a therapy-led senior adult medical ward, achieving successful discharges for patients with complex health and social care needs.

Senior Occupational Therapist, OPTALIS/RBWM Adult Social Care Team (2017 – 2019)

- Led on housing adaptations, equipment provision, and safeguarding for older adults and individuals with physical disabilities.

Non-NHS CAREER SUMMARY

Occupational Therapist & Consultant, Enable Therapy Services (10/2022-Present)

- Provides expert witness services, specialist assessments, and rehabilitation plans for medico-legal cases.
- Focuses on housing adaptations and equipment recommendations for clients with complex health needs.

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Head of Service, Hospital and Community Team including Safeguarding Hub, OPTALIS (08/2023 – 06/2024)

- Oversaw strategic and operational management of hospital and community services, including safeguarding.
- Managed a £44 million budget and led service transformation initiatives, improving discharge pathways and reducing waiting lists.

Specialist Experience

- Trauma and Orthopaedics
- Neurology
- Falls and Pain Management
- Musculoskeletal (MSK) Rehabilitation
- Amputees
- Dementia
- Fatigue Management
- Major and Minor Home Adaptations
- Disabled Facilities Grants
- Assistive Technology and Telecare

Clinical Qualifications and Training

- **BSc (Hons) Occupational Therapy**, Brunel University
- **Leadership and Change Management**: Completed 20/20 Leadership Programme (2024)
- **DOLS Signatory Training** (2024)
- **Root Cause Analysis** in Health and Social Care (2024)
- **Yellow Belt in Project Management** (2022)

Membership and Professional Bodies

- Registered with the **Health and Care Professions Council (HCPC)**
- Member of the **Royal College of Occupational Therapists (RCOT)**
- Member of the **Case Management Society UK (CMSUK)**
- Listed in the **Expert Witness Directory**

Additional Training and Development

- **Mental Capacity Act and Court of Protection**
- **Appreciative Enquiry** (2023)
- **Conflict Resolution and Compassionate Leadership** (2022)
- **Investigation Skills** in Health and Social Care (2024)
- **Executive Functioning and the Mental Capacity Act** (2023)

Expert Witness Background

Associated with AMG Consultancy Services Limited acting in the capacity of an expert witness in a specialist field of Occupational Therapy. Able to utilise professional skills and experience to facilitate report writing, and the development of skills to prepare expert witness reports.