



Elena Owens  
Occupational Health Advisor  
Expert Witness



contact@amgconsultancyservices.com  
01785 719557 (head office then option 3)

**Surgical Nursing Expert Witness**  
**Bachelor of Nursing (Adult) (HONS), RN, NMP**

## GENERAL BACKGROUND

Elena has been a registered nurse since 2013. She has worked in secondary care as a dedicated and skilled general surgery nurse in several clinical roles, gaining a comprehensive understanding of the patient journey pre- and post-operatively.

Elena is currently working as an Occupational Health Advisor, where she provides specialist advice on employee health, fitness for work, and workplace wellbeing. Her role includes conducting health assessments, advising on sickness absence and return to work planning, supporting health surveillance programmes, and promoting safe and effective working environments.

Alongside this, Elena continues to develop her advanced clinical skills and applies a holistic, evidence-based approach to patient and workforce care.

## WORK HISTORY

- Occupational Health Advisor (2025-present)
- Trainee Advanced Clinical Practitioner – General Surgery (2024- 2025)
- Senior stoma care specialist nurse- General surgery (2018-2024)
- Pre-Operative Assessment nurse (2016-2018)
- Post-anaesthetic care unit nurse (2015-2016)
- Surgical emergency unit staff nurse (2013-2015)

## PROFESSIONAL QUALIFICATIONS

- Independent and supplementary prescribing University of the West of England (UWE) 2022
- Bachelor of Nursing (Hons) The University of South Wales 2013

## TRAINING

- Leadership, complexity and change in healthcare UWE 2025
- Independent and Supplementary Prescribing UWE 2022
- Stoma care module Plymouth University 2019
- Facilitating Learning and Care module UWE 2017
- Physical assessment and clinical reasoning module UWE 2017

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## Occupational Health Advisor

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## **EXPERT WITNESS BACKGROUND**

Elena has been associated with AMG Medico Legal Limited (formerly AMG Consultancy Services Ltd) since 2025 acting in the capacity of expert witness pertaining to surgical care nursing. Able to utilise professional skills and experience to facilitate report writing and the development of skills to prepare expert witness reports.

Completed Bond Solon Training - Report Writing	May 2025
Completed Bond Solon Training – Courtroom Skills	May 2025

## **SKILLS**

- Occupational health assessments
- Fitness for work assessments
- Health surveillance
- Workplace risk assessment
- Basic Life Support
- General Adult Nursing
- Emergency surgical care
- Pre-operative assessment and care
- Recovery nursing (PACU)
- Post-operative care
- Independent and supplementary prescriber
- Stoma care
- Physical examination/assessment
- Wound care
- Cannulation and Venepuncture
- Medicines Management (including. IV therapy, acute pain management)
- Risk management

## **MEMBERSHIPS**

- Nursing and Midwifery Council
- Royal College of Nursing