



Catherine Noble

Neurological Physiotherapist

Expert Witness



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01785 719557 (head office then option 3)

General Background

Catherine is a Neurological Physiotherapist with experience dating from 2008. She has worked with paediatric and adult clients with neurological and orthopaedic conditions as well as amputations. She works closely with carers, nurses, occupational therapists, social workers, case managers and families to coordinate care and treatment plans. Catherine visits clients in their own homes as well as in day centres, hospital and schools. She completes home environmental assessments prior to provision of equipment. Currently, she works in a specialist wheelchair service, ensuring clients have equipment which optimises their pressure, mobility and postural needs.

In 2023, her passion for 24-hour postural management led her to achieve a Distinction in a 'Posture Management for People with Complex Disabilities' Postgraduate certificate. Catherine's specialist skills include 24-hour postural management, pressure care, wheelchair seating, spasticity management, casting and splinting, tracheostomy weaning and respiratory care and suctioning. In addition to her neuro expertise, she has experience in hydrotherapy and with amputees in acute and rehabilitation settings. Catherine prides herself on completing thorough and objective assessments and keeps up to date with the latest evidence base and clinical guidelines.

Professional Experience

Band 7 Physiotherapist, East Berkshire Specialist Wheelchair Service, Berkshire Healthcare NHS Foundation Trust

Feb 2020- present

- Postural assessments for paediatrics and adults with neurological conditions, amputations and general mobility difficulties.
- Prescription & provision of manual, lightweight and powered wheelchairs
- Special powered wheelchair controls
- Custom moulded seating clinic
- Technical modifications to wheelchairs
- Pressure ulcer management
- Freedom to Speak Up Champion

Band 6 Physiotherapist

April 2018- Feb 2020

Band 6 rotational Neurological Physiotherapist, Oxford University Hospitals Trust

November 2016- April 2018

- Inpatient and outpatient neuro rehabilitation (multiple sclerosis, stroke, motor neurone disease, brain injury, prolonged disorders of consciousness (PDOC), Parkinsons & tracheostomy management)
- Acute stroke unit

Locum physiotherapist, Just Physio

April 2016- August 2016

- Acute stroke unit
- Community (home based) stroke rehabilitation
- Parkinsons Disease outpatient clinic
- Inpatient neurological rehabilitation unit

Band 7 physiotherapist, Brain Injury Unit, Royal Hospital for Neuro-disability, Putney

October 2014- April 2016

- Presenter on external courses (casting, tracheostomy weaning)
- Assessments of awareness (PDOC patients)
- Spasticity management
- 24-hour postural management
- Tracheostomy management & weaning
- Respiratory care including suctioning
- Hydrotherapy
- Splinting & casting

Band 6 physiotherapist, Brain Injury Unit

August 2013- October 2014

Band 6 rotational physiotherapist, Sussex Community NHS Trust

September 2010- August 2013

- Stroke & general elderly rehabilitation
- Amputee rehabilitation

Band 5 rotational physiotherapist, Surrey & Sussex NHS Trust

October 2008- September 2010

Acute amputee rehabilitation, Respiratory/ICU, trauma & elective orthopaedics, musculoskeletal outpatients & elderly rehabilitation

Professional Qualifications

Physiotherapy BSc, University of Liverpool - *August 2008*

Posture Management for People with Complex Disabilities, Postgraduate Certificate (Distinction)

Oxford Centre for Enablement (Oxford Brookes University) - *July 2023*

Relevant Courses

Care Aims, 2 days

March 2025

Posture & Mobility Group Conference, 3 days

Telford International Conference Centre

July 2024

European Pressure Ulcer Advisory Panel - Pressure Ulcer Prevention and Treatment Masterclass, 3

days

Dublin, *March 2019*

Posture, Seating and Wheelchair Skills course, 2-day course

National Spinal Injuries Centre, Stoke Mandeville Hospital

May 2019

Posture Management for Adults and Children with Complex Disabilities, 4-day course
Oxford Centre for Enablement
February 2017

Keynote speaker at **Tracheostomy Weaning Masterclass**
The Royal London Hospital
September 2015

Managing Behaviours that Challenge: the positive behaviour support approach
Royal Hospital for Neuro-disability, Putney
September 2014

Introduction to Casting in Neurology, 2-day course
Royal Hospital for Neuro-disability, Putney
September 2014

Legal perspectives on the prolonged disorder of consciousness- National Clinical Guidelines
Royal Hospital for Neuro-disability, Putney
July 2014

Accredited Foundation Programme in Aquatic Therapy, 2-day course
September 2013

Basic Bobath course, Adult Neurological Conditions, 6-day course
October 2012

Introductory Course on the Rehabilitation of the Lower Limb Amputee, 2 days
Queen Mary's Hospital, Roehampton
October 2010

Expert Witness Background

Associated with AMG Consultancy Services Limited acting in the capacity of expert witness in a specialist field of physiotherapy. Able to utilise professional skills and experience so that the standards of care can be considered and identify any breaches in those standards. If any breaches have been identified, then offer an opinion as to whether those breaches are the most likely cause of injury.

Able to provide opinion on Quantum, recommend specific physiotherapy treatments and/or prepare care reports following alleged or proven clinical negligence or personal injury.

Bond Solon - "Excellence in Report Writing" – Completed November 2024

Professional Membership

- Health and Care Professions Council
- Chartered Society of Physiotherapy
- The Medico Legal Association of Chartered Physiotherapists
- Posture and Mobility Group (PMG)