



Amy Bowen  
Registered Nurse – Adult  
Expert Witness



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01785 19557 (Select 1 then option 3)

## Urgent Care Nurse Practitioner Expert Witness

### General Background

Experienced Nurse Practitioner since 2013 in emergency, ambulatory and same-day care settings; specialising in minor injuries and minor illness. Experience working as an acute medical nurse, working in a Deep Venous Thrombosis clinic and a Nursing Officer working on cruise ships. Confident in autonomous assessment, diagnosis, treatment and discharge, including prescribing within scope. Demonstrated leadership in unit coordination, service set-up (helped set up two new units) and supporting junior staff. Strong background in acute medical nursing and urgent triage; working within NICE, CQC and local governance frameworks. Experience within investigations including root cause analysis. Recent trust recognised award for excellent documentation and safety netting skills. Currently working as a Nurse Practitioner at a MIU.

### Work History

October 2022 – Present: Haywood Walk in Centre / Leek Minor Injuries Unit MPFT:  
Nurse Practitioner

- Independently assess, diagnose, treat and discharge patients presenting with minor illnesses and injuries.
- Utilise patient group directives while completing non-medical prescribing to safely supply and administer medications.
- Order and Interpret X-rays to manage upper and lower limb injuries and wound closure (including suturing).
- Coordinate shifts as nurse in charge, prioritise clinical workload and support safe patient flow in a nurse-led service.
- Refer appropriately to other healthcare professionals and specialist clinics as per pathways.

January 2020 – October 2022: Ambulatory Emergency Care (AEC) UHNM:  
Senior Staff Nurse

- Nurse in charge coordinating staff, referrals and patient flow.
- Conduct telephone triage referrals from GPs, A+E, paramedics and 111.
- Managed Deep Venous Thrombosis clinic cases independently following negative pathway.
- Requested chest X-rays and Doppler scans under x-ray scope.

October 2018 – January 2020: Acute Medical Rapid Assessment Unit (AMRA) UHNM:  
Senior Staff Nurse

- Helped establish new unit; contributed to service protocols & pathways.
- Joint assessment with the medical consultant to avoid admission through same-day care.
- Extensive acute respiratory and deterioration management.

August 2018 – October 2018: Ambulatory Emergency Care (AEC) UHNM:  
Staff Nurse

- Returned to previous role, reintegrating into acute ambulatory practice and same-day assessment pathways.

May 2017 – August 2018: Carnival UK / P&O Cruises:  
Nursing Officer

- Delivered autonomous primary care clinics for crew and passengers, managing medical and minor surgical presentations.
- Acted as first responder to trauma and medical emergencies, carrying the 999-emergency pager on rota.
- Performed onboard diagnostics, including venepuncture, blood analysis and X-rays in a remote medicine environment.
- Led crew wellness clinics, supporting long-term respiratory and chronic health conditions.
- Provided critical care support for intubated and high dependency patients in the ship's medical unit.
- Developed high level clinical decision making and risk management due to remote practice conditions and absence of direct on-site escalation.



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### September 2015 – May 2017: Ambulatory Emergency Care (AEC) UHNM: Staff Nurse

- Key member of team establishing AEC service pathways and protocols for same day care.
- Managed GP referred patients requiring rapid assessment, triage and treatment, typically seeing 60 – 80 patients per day.
- Supported DVT and medical clinics; coordinated elective treatments including infusions, transfusions and drain management.
- Built strong capability in clinical prioritisation, MDT communication and discharge planning to avoid unnecessary admissions.

### September 2013 – September 2015: Acute Medical Unit (AMU) UHNM Staff Nurse

- Built adaptability and breadth of clinical experience by caring for a wide range of patient groups and ward specialities.
- Developed strong expertise in recognising and managing deteriorating patients in a high-acuity environment.

## Professional Qualifications

- Non-Medical Prescribing Masters Level (Keele University – 2025)
- Minor Injuries Masters Level (Keele University – 2024)
- Health Assessment in Clinical Practice Masters Level (Keele University – 2021)
- Primary Responses in Acute Care Module Degree Level (Keele University – 2016)
- BSc Adult Nursing Degree (Keele University 2010-2013)

## Training

- Paediatric Immediate Life Support (2025)
- Immediate Life Support (2025)
- Hand Course Level 1 – Pulvertaft Hand Centre (2025)
- IRMER training (2019)
- Advanced Life Support (2017)
- Pre Hospital Trauma Care (2017)
- Crisis Management Training (2017)
- Autonomous Practice: Assessment, diagnosis, treatment & discharge.
- Non-Medical Prescribing (V300): Prescribing for minor illness & injury.
- Minor Injuries: Limb assessments, wound management, suturing.
- Diagnostics: X-ray interpretation (upper & lower limb), IRMER trained.
- Acute & Emergency Care: Recognising and managing deteriorating patients.
- Leadership & Mentorship: Nurse-in-charge, student development & supervision.
- Communication & Safety Netting: Trust award recognition
- Clinical Systems: Careflow, EMIS, ESR, bespoke diagnostic interfaces.

## Memberships

- Nursing and Midwifery Council
- Royal College of Nursing

## Expert Witness Background

Associated with AMG Medico Legal Limited since 2026. Experience gained in acute medicine and urgent care settings. Evaluation and assessment of inpatient, outpatient and clinic needs, risk assessment and clinical management, together with that of extensive experience of reviewing case files and report writing, that has facilitated the development of skills to prepare expert witness reports.

*(Awaiting on attendance of the Bond Solon Certificated Legal Training Courses: “Excellence in Report Writing” and “Courtroom Skills – Witness Familiarisation”)*