



AMEDICA
ATENCIÓN MÉDICA PARA LAS AMÉRICAS

AMEDICA PROGRAMS – BRINGING HEALTH AND HOPE TO VULNERABLE COMMUNITIES

At AMEDICA (Medical Care for the Americas), we are committed to transforming lives through healthcare. Our programs are designed to address the most pressing medical challenges in vulnerable communities across Haiti, the Dominican Republic, and beyond. From preventing chronic diseases to vaccinating against tropical illnesses, our initiatives provide direct medical assistance, health education, and community empowerment.

Each of our programs is a lifeline for thousands of people who lack access to basic healthcare services. With a holistic and community-driven approach, we not only treat illnesses but also promote long-term well-being through education, prevention, and medical support.



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"Healthy Age" Program Chronic Diseases in Older Adults

→ Description:

The "Healthy Age" program focuses on the prevention, detection, and treatment of chronic diseases in older adults. Our goal is to improve their quality of life by providing medical care, health education, and promoting healthy habits. We address conditions such as diabetes, hypertension, arthritis, cardiovascular diseases, and neurodegenerative disorders (Alzheimer's and Parkinson's).

→ Community Impact:

- ✓ Over 15,000 older adults have received free medical care.
- ✓ Access to essential medications and nutritional supplements to improve patient health.
- ✓ Self-care education programs to help families support their elderly loved ones in maintaining healthy habits.
- ✓ Creation of community support groups to promote social integration and mental well-being.



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→ Challenges to Overcome:

- ⚠ Limited medical resources and medications for continuous patient care.
- ⚠ Difficult access to remote communities with high demand for services.
- ⚠ Shortage of geriatric and chronic disease specialists, affecting the quality and frequency of medical attention.
- ⚠ Lack of funding to strengthen medical campaigns, acquire medical equipment, and train volunteers.

Program: "Growing Healthy" – Nutrition and Zero Hunger for Children Under 8

→ Description:

The "Growing Healthy" program focuses on fighting malnutrition and ensuring proper nutrition for children under 8 years old. We provide nutritional support, medical check-ups, and educational programs to promote healthy eating habits and prevent long-term health issues caused by malnutrition. This initiative targets children suffering from underweight, anemia, and vitamin deficiencies, as well as those at risk of growth retardation and developmental delays.

→ Community Impact:

- ✓ Over 20,000 children have benefited from nutritional programs and health monitoring.
- ✓ Distribution of fortified foods, vitamins, and nutritional supplements to prevent malnutrition-related diseases.
- ✓ Implementation of parental education programs on healthy diets, breastfeeding, and food preparation to ensure long-term impact.
- ✓ Collaboration with local schools and community centers to integrate nutrition and hygiene education into early childhood learning.




→ Challenges to Overcome:

Limited access to nutritious food and fortified supplements in remote areas.

⚠ Lack of funding to expand meal distribution and provide long-term nutritional support.

⚠ Difficulties in reaching rural communities, where child malnutrition rates are highest.

⚠ Need for more trained nutritionists and pediatricians to monitor and support children's health properly.





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Program "Healthy Heart" Community Health Training

→ Description:

The "Healthy Heart" program is designed to train and empower local community members with essential knowledge and skills in preventive healthcare and first aid. Our goal is to reduce health risks, improve response to medical emergencies, and promote healthy lifestyles. Through hands-on training sessions, we educate volunteers, caregivers, and community leaders on cardiovascular health, disease prevention, nutrition, and emergency response techniques.

→ Community Impact:

Over 5,000 individuals trained in basic first aid, CPR, and chronic disease prevention.

- ✓ Implementation of awareness campaigns on hypertension, diabetes, and heart disease prevention.
- ✓ Creation of community health brigades, enabling faster medical response in emergencies.
- ✓ Promotion of healthy habits, such as balanced diets, physical activity, and stress management.



→ Challenges to Overcome:

lack of resources and medical supplies to enhance training sessions.

⚠ Limited access to defibrillators and first aid equipment in rural areas.

⚠ Need for more certified trainers to expand the program to new communities.

⚠ Funding required for training materials, educational resources, and community outreach initiatives.

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Program "Sexual and Reproductive Health" – Prevention of STIs, HIV, and AIDS

→ Description:

The "Sexual and Reproductive Health" program focuses on preventing sexually transmitted infections (STIs), HIV, and AIDS through education, medical care, and community outreach. Our goal is to raise awareness, reduce stigma, and provide access to essential health services, ensuring that individuals, especially young people and vulnerable populations, have the knowledge and resources to protect themselves and make informed decisions about their sexual health.

→ Community Impact:

- ✓ Over 30,000 individuals educated through workshops, seminars, and awareness campaigns.
- ✓ Free testing and medical consultations for HIV, STIs, and reproductive health issues.
- ✓ Distribution of condoms, contraceptives, and informational materials to promote safe practices.
- ✓ Establishment of support groups for people living with HIV/AIDS, helping them receive medical and psychological assistance.
- ✓ Partnerships with local health centers and schools to provide long-term reproductive health education.



→ Challenges to Overcome:

- ⚠ Limited access to free testing and treatment in remote areas.
- ⚠ Stigma and misinformation about sexual health, making awareness efforts more challenging.
- ⚠ Need for more trained health professionals to provide specialized care and education.
- ⚠ Funding required to expand outreach, provide free medical supplies, and support ongoing prevention campaigns.



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Program "Youth Health Leaders" – Training Youth in Community Health Leadership

→ Description:

The "Youth Health Leaders" program empowers young people by providing training in community health leadership. Our goal is to equip youth with medical knowledge, leadership skills, and advocacy tools to become agents of change in their communities. Through education, hands-on experience, and mentorship, participants learn how to promote health awareness, lead medical initiatives, and address pressing health issues in underserved areas.

→ Community Impact:

- ✓ Over 5,000 young leaders trained in first aid, disease prevention, and community health education.
- ✓ Successful health awareness campaigns led by youth in over 50 communities.
- ✓ Increased access to health resources as trained leaders educate their peers and families.
- ✓ Strengthened local healthcare systems by fostering a network of youth volunteers working alongside medical professionals.
- ✓ Development of leadership and advocacy skills that empower young participants to pursue careers in healthcare and social work.

→ Challenges to Overcome:

- ⚠ Limited resources to expand training sessions and mentorship programs.
- ⚠ Need for medical supplies and educational materials to support youth-led health initiatives.
- ⚠ Challenges in reaching rural and marginalized communities where youth engagement is most needed.
- ⚠ Funding required to sustain workshops, provide scholarships, and facilitate networking opportunities for young leaders.



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Program "Green Light" – Prevention of Non- Communicable Diseases (NCDs)

→ Description:

The "Green Light" program focuses on preventing and managing Non-Communicable Diseases (NCDs) such as diabetes, hypertension, cardiovascular diseases, chronic respiratory diseases, and cancer. Through early detection, lifestyle education, and access to medical care, we aim to reduce the prevalence and impact of these diseases in vulnerable communities. This program emphasizes nutrition, physical activity, smoking cessation, and routine medical check-ups to improve long-term health outcomes.

→ Community Impact:

- ✓ Over 30,000 individuals screened for NCD risk factors in free medical check-ups.
- ✓ Community-based health education programs promoting lifestyle changes and disease prevention.
- ✓ Medical consultations and medication support for thousands of patients with chronic conditions.
- ✓ Establishment of self-care and wellness groups to encourage healthy habits and peer support.
- ✓ Partnerships with local clinics and hospitals to improve access to long-term treatment for patients with NCDs.



→ Challenges to Overcome:

- ⚠ Limited medical supplies and medications for patients requiring long-term treatment.
- ⚠ Need for specialized medical personnel to enhance screening, diagnosis, and follow-up care.
- ⚠ Difficulties in reaching remote areas where awareness of NCDs is low.
- ⚠ Financial constraints to expand preventive campaigns and provide ongoing patient support.

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Program "Breathe Life" – Fight Against Tuberculosis

→ Description:

The "Breathe Life" program is dedicated to the prevention, detection, and treatment of tuberculosis (TB) in vulnerable communities. Our goal is to reduce TB infections, ensure early diagnosis, and provide continuous treatment to those affected. We focus on raising awareness, improving access to healthcare, and supporting patients through the entire recovery process to prevent complications and reduce transmission.

→ Community Impact:

- ✓ Over 10,000 individuals screened for tuberculosis in community health campaigns.
- ✓ Free medical testing and early detection services for high-risk populations.
- ✓ Directly Observed Treatment (DOTS) programs ensuring adherence to TB medication.
- ✓ Public health education campaigns to spread awareness and reduce stigma.
- ✓ Collaboration with hospitals and local health centers to strengthen TB care services.

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→ Challenges to Overcome:

- ⚠ Limited diagnostic equipment and medical supplies for effective TB detection.
- ⚠ Need for continuous patient monitoring to ensure full recovery and prevent drug resistance.
- ⚠ Stigma and misinformation preventing early diagnosis and treatment.
- ⚠ Funding gaps affecting access to medication, patient support, and outreach programs.



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Program "Vaccine for All" – Vaccination Against Tropical Diseases

→ Description:

The "Vaccine for All" program focuses on immunization efforts to combat tropical diseases that disproportionately affect vulnerable populations in the Caribbean and Latin America. Our mission is to increase vaccine accessibility, raise awareness about preventable diseases, and strengthen community immunity through strategic vaccination campaigns. We work with local health authorities and international partners to deliver life-saving vaccines against diseases such as yellow fever, dengue, malaria, cholera, and hepatitis.

→ Community Impact:

- ✓ Over 5,000 people vaccinated against major tropical diseases.
- ✓ Immunization programs for children, pregnant women, and high-risk groups.
- ✓ Mobile vaccination units reaching remote and marginalized communities.
- ✓ Educational initiatives on disease prevention to boost public awareness.
- ✓ Strengthened collaboration with hospitals and health agencies to expand vaccine distribution.



→ Challenges to Overcome:

- ⚠ Limited vaccine supply and logistical constraints in reaching remote areas.
- ⚠ Vaccine hesitancy due to misinformation and lack of awareness.
- ⚠ Need for cold-chain infrastructure to properly store and transport vaccines.
- ⚠ Funding shortages affecting the scale and sustainability of vaccination campaigns.



→ **Join us in making a difference!**

Your support—whether through donations, partnerships, or volunteering—can help us reach more people, provide more treatments, and save more lives. Together, we can build a healthier future for all!

Explore our programs and be part of the change!

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Let's Work Together



www.fundamedica.org



contact@fundamedica.org



+509 55 82 2414 - +1 849 498 8764