

Decodable Texts: Long Vowel Teams: ie

"This nonfiction story explains why people cry. Look for 'ie' vowel team words like 'cry,' 'eye,' and 'goodbye' as you learn!"



Why You Cry

When you feel sad, your body may cry.

Tears come from tiny glands near your eye.

Crying helps clean the eye and show how you feel.

Some people cry when they say goodbye.

Others cry with joy after a big surprise.

Tears can also form when something gets in your eye.

So, crying is more than a sign of sadness—it helps your body and your heart.

After reading the story, have your child point to and slowly sound out each practice word.

eye

tie

cry

lie

pie



Name: _____

Why You Cry

1. What is one reason people cry?

- A. To grow taller
- B. To clean their ears
- C. To show feelings
- D. To stop a sneeze

2. Where do tears come from?

- A. The feet
- B. The stomach
- C. Tiny glands near the eye
- D. Hair

3. Fill in the blank:

Some people cry when they say _____.

4. What are some different emotions that can make people cry?

5. Why is crying helpful, even when it feels sad?



Coaching Guide

Target Skill: ie Vowel Team (Long I)

Genre: Nonfiction – Human Body / Health

High-Frequency Words: you, from, some, they, your

Before Reading

1. This nonfiction story uses the “ie” vowel team. Watch for words like *cry*, *eye*, and *goodbye* as we learn about feelings and health.
 2. When have you seen someone cry? Was it from sadness, joy, or something else?
 3. Why do you think our body makes tears?
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During Reading

1. **Sounding Out Support:** Help your child stretch “ie” words like *cry*, *eye*, and *tie* and listen for the long I sound.
 2. Watch for ie words that name body parts or feelings
 3. What happens when you feel something strong like sadness or joy?
 4. Read the last line with a calm, understanding tone
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After Reading

1. Retell the different reasons people cry
 2. Why is crying sometimes a healthy thing?
 3. What’s one kind way to help a friend who is crying?
 4. Skill Check: Highlight six ie words in the passage
 5. **Fluency Tip:** Read it again in a calm, caring voice like a health teacher
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Activity Idea

Draw a face with tears and label the eye and tiny glands. Use ie words like “cry,” “eye,” or “goodbye.” Write one sentence about why it’s okay to cry.

Coaching Tip

Feelings-based topics create emotional connections—reading about them helps grow empathy and fluency at the same time.

