

Decodable Texts: Long Vowel Teams: igh

"This story focuses on the 'igh' sound as in 'high.' Watch for words like 'high,' 'might,' and 'night' as you read!"



Why Birds Fly High

Many birds fly high in the sky to stay safe and find food. Flying high helps them see far and avoid animals that might hunt them.

Some birds, like eagles, have strong wings and can fly higher than tall mountains. Other birds fly high at night when the air is cool and calm.

Flying high also helps birds travel great distances. They can reach new places where food is fresh and the weather is just right.

Next time you see a bird flying high, think about how strong and brave it must be!

After reading the story, have your child point to and slowly sound out each practice word.

high

flight

right

might

night



Name: _____

Why Birds Fly High

1. Why do birds fly high in the sky?

- A. To stay safe and find food
- B. To look at the clouds
- C. To hide from people
- D. To take a nap

2. What kind of birds can fly higher than tall mountains?

- A. Crows
- B. Owls
- C. Eagles
- D. Penguins

3. Fill in the blank:

Some birds fly high at _____ when the air is cool and calm.

4. Why do you think it's easier for birds to fly far when they fly high?

5. If you could fly like a bird, where would you go?



Coaching Guide

Target Skill: Long Vowel Team 'igh' (as in "high")

Genre: Nonfiction – Life Science

High-Frequency Words: the, they, to, and, when

Before Reading

1. Remind them of the target skill: "We're reading to find 'igh' words that say the long /i/ sound, like in 'high.'"
 2. Have you ever watched birds flying far above you?
 3. Why do you think some birds choose to fly higher than others?
-

During Reading

1. **Sounding Out Support:** Remind kids that 'igh' makes the long /i/ sound. Try that sound first when seeing 'igh.'
 2. Watch for 'igh' words and stretch them out carefully.
 3. When do some birds like to fly high?
 4. Try reading the last sentence with a voice full of wonder and amazement!
-

After Reading

1. Can you retell why birds like to fly high?
 2. Why do you think flying high helps birds travel long distances?
 3. Would you enjoy flying high like a bird? Why or why not?
 4. Skill mastery prompt: "Find and underline 5 'igh' words in the story!"
 5. **Fluency Tip:** Try reading the story again like you're giving an exciting nature lesson!
-

Activity Idea

Draw a picture of birds flying high in the sky. Add labels using at least three 'igh' words, and write a sentence about why birds are so good at flying long distances.

Coaching Tip

Encourage your reader to imagine flying like a bird while reading to help make the words and story come alive!

