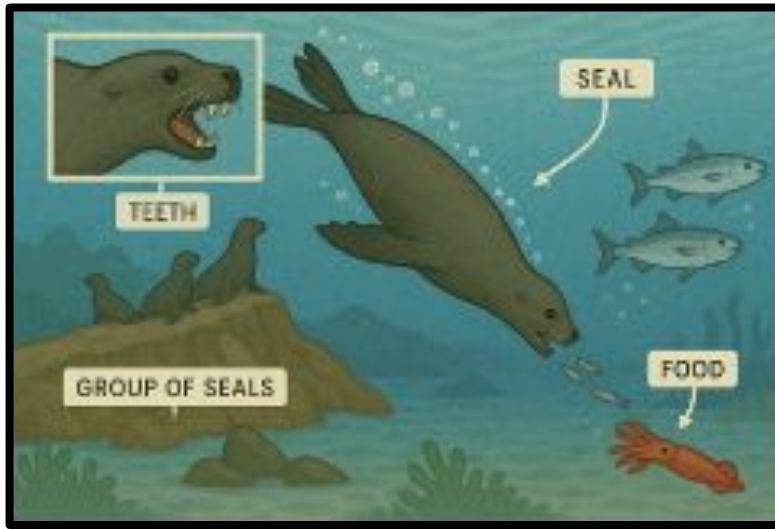


## Decodable Texts: Long Vowel Teams: ea

"This nonfiction story explains what seals eat. Look for 'ea' vowel team words like 'eat,' 'sea,' and 'each' as you read and learn!"



### What Do Seals Eat?

Seals live near the sea and need food to stay strong.

They eat fish, squid, and shrimp.

Seals use their teeth to grab what they catch.

A seal can dive deep and swim fast to sneak up on its meal.

Some seals eat alone, but others hunt as a team.

Each seal eats a lot to keep warm in the cold sea.

Seals are great swimmers and smart hunters.

After reading the story, have your child point to and slowly sound out each practice word.

sea

eat

meal

team

sneak



Name: \_\_\_\_\_

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## What Do Seals Eat?

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1. What do seals use to catch food?

- A. Their flippers
- B. Their teeth
- C. Their tail
- D. Their fins

2. How do some seals hunt?

- A. By floating still
- B. By jumping out
- C. As a team
- D. At night only

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3. Fill in the blank:

Each seal eats a lot to keep \_\_\_\_\_ in the cold sea.

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4. Why do seals need to eat so much in cold places?

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5. What makes seals good at finding their meals?

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# Coaching Guide

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**Target Skill:** ea Vowel Team (Long E)

**Genre:** Nonfiction – Life Science

**High-Frequency Words:** eat, the, in, what, to

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## Before Reading

1. This nonfiction story teaches how seals survive. Look for “ea” words like *sea*, *eat*, and *each*.
  2. What do you already know about seals or animals that live in the sea?
  3. Why do you think they need to eat a lot?
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## During Reading

1. **Sounding Out Support:** Remind your child that “ea” usually says long E, especially in words like “meal” and “team.”
  2. Watch for ea words that describe food and how seals hunt
  3. What do seals eat, and how do they catch it?
  4. Read the sentence about team hunting like you're narrating a nature show
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## After Reading

1. Retell the types of food seals eat and how they get it
  2. Why do some seals hunt in a team instead of alone?
  3. What would you ask a seal scientist if you could?
  4. Skill Check: Circle six ea words in the passage
  5. **Fluency Tip:** Read it again like you're teaching a fun animal fact to your class!
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## Activity Idea

Draw a seal hunting for food in the sea. Label the parts using ea words like “sea,” “eat,” “meal,” or “team.” Then write one sentence about how seals stay warm.

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## Coaching Tip

Science topics build real-world interest—link learning to nature and kids will stay engaged while building decoding skills.

