

Decodable Texts: Long Vowel Teams: ow (snow)

"This story focuses on the 'ow' sound as in 'snow.' Watch for words like 'grow,' 'slow,' and 'throw' as Mila learns about patience!"



The Seeds That Grow Slow

Mila helped her grandma sow seeds in the garden.

"These will grow slow, but they will be strong," Grandma said.

Mila knelt low to press each seed below the dark soil.

Day after day, she would throw water on the ground.

Weeks passed, and Mila began to worry.

But one sunny day, little sprouts began to grow!

Grandma smiled. "Now you know how good things take time."

After reading the story, have your child point to and slowly sound out each practice word.

grow

slow

throw

sow

below



Name: _____

The Seeds That Grow Slow

1. What did Mila help her grandma do?

- A. Paint the house
- B. Plant seeds in the garden
- C. Wash the car
- D. Pick apples

2. How long did it take for the seeds to grow?

- A. One day
- B. One week
- C. A few weeks
- D. They didn't grow

3. Fill in the blank:

"These will _____ slow, but they will be strong," Grandma said.

4. How did Mila show patience while waiting for the seeds to grow?

5. What is something you have waited for that turned out great in the end?



Coaching Guide

Target Skill: *ow* as in "snow" (/ō/ sound)

Genre: *Fiction – Realistic Fiction / Life Lesson*

High-Frequency Words: *her, now, how, will, they*

Before Reading

1. This story includes "ow" words like *grow, slow, throw, sow, below, and know*.
 2. Have you ever planted something and had to wait for it to grow?
 3. Why do you think some things take time to happen?
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During Reading

1. **Sounding Out Support: Sounding Out Support:** Stretch the /ō/ sound in "ow" words by breaking them into parts (e.g., gr-ow, sl-ow).
 2. Watch for words that show how Mila worked hard and waited patiently.
 3. What happened after Mila watered the seeds for many days?
 4. Read Grandma's final line with a kind, wise voice.
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After Reading

1. Retell how Mila helped in the garden and what she learned.
 2. Why did the seeds take time to grow before Mila could see them?
 3. What is something good you've worked hard for and waited to see happen?
 4. Skill Check: Highlight six "ow" words in the story.
 5. **Fluency Tip:** Read it again with a calm, hopeful voice—just like you're waiting for something wonderful.
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Activity Idea

Draw Mila and her grandma sowing seeds in the garden and later watching the little plants grow. Label parts using "ow" words like *grow, slow, throw, sow, below, or know*. Write one sentence about why patience is important.

Coaching Tip

Stories about patience and hard work help kids build positive habits—every word read is a step toward their own success!

