

Decodable Texts: Short u (CVC Words)

"This story is about a group of runners! Watch for short u words like *run*, *sun*, *cup*, and *huff* as you read together."



The Run Club

We run up the hill.

We run in the sun.

We run with a pal.

We run for fun!

We stop and huff.

We sip from a cup.

The run club can run a lot.

After reading the story, have your child point to and slowly sound out each practice word.

run

sun

cup

up

huff



Name: _____

The Run Club

1. Why do the kids run?

- A. To win a game
- B. For fun
- C. To get to school
- D. To play with mud

2. What do they do after they stop?

- A. Eat a snack
- B. Take a nap
- C. Sip from a cup
- D. Run back up the hill

3. Fill in the blank:

We run with a _____.

4. What makes this run club fun for the kids?

5. Why do you think they huff at the end of the run?



Coaching Guide

Target Skill: Short u (CVC)

Genre: Nonfiction / Fitness

High-Frequency Words: the, we, can, in, on, up

Before Reading

1. Remind your reader that short u says “uh” like in *run*.
 2. Have you ever joined a group to run or walk outside?
 3. What do you do when you get tired from running?
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During Reading

1. Sounding Out Support: Help kids blend short u action words like *run* and *huff*
 2. Ask them to spot rhyming or repeated short u patterns
 3. What happens when they stop?
 4. Read the part about *huff* with energy—show the effort!
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After Reading

1. How does the run club keep running for fun?
 2. Why is running with a pal more fun than running alone?
 3. Would you want to join a club like this? Why or why not?
 4. Circle 5 short u words from the story
 5. Fluency Tip: Try reading it again like you're out of breath at the end of a run!
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Activity Idea

Create a poster for your own “Run Club.” Draw a group of friends running together and label three short u actions or objects from the story, like *run*, *cup*, or *sun*. Add a name and a fun slogan too!

Coaching Tip

Stories about teamwork and healthy habits inspire discussion while reinforcing word patterns.

