Decodable Texts: Long Vowel Teams: ou

"This story uses the 'ou' sound as in 'shout.' Watch for words like 'out,' 'shout,' and 'around' as Max chases his runaway lunch!"



Max and the Flying Lunch Tray

Max sat at the top of the lunchroom steps with his tray.

A loud gust of wind blew through the open door.

"Look out!" Max shouted as his tray slid down the stone path.

It spun around the corner, zipped past the playground, and stopped at a bale of hay.

Max ran after it and took a big bow when he caught up.

"Guess my lunch wanted to go out first!" he laughed.

After reading the story, have your child point to and slowly sound out each practice word.

out shout around found loud



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Max and the Flying Lunch Tray

1.	What	happened	to	Max's
lun	ch tra	y?		

- A. It flipped over
- B. It flew down the steps and across the yard
- C. He dropped it in the trash
- D. It slid under his seat

2. Where did the tray stop?

- A. At a playground
- B. By the lunch door
- C. At a bale of hay
- D. Under a bench

3. Fil	l in t	he b	lank:
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"Guess my lunch wanted to go _____ first!" Max laughed.

4. How did Max handle the funny problem with his lunch?

5. What would you have done if you saw the tray flying by?

Coaching Guide

Target Skill: ou as in *shout* (/ow/ sound) **Genre:** Fiction – Humor / School Life

High-Frequency Words: his, the, he, look, when

Before Reading

- 1. This story uses "ou" words like shout, out, around, and about.
- 2. Have you ever had something blow away on a windy day?
- 3. What would you do if your lunch tried to roll away?

During Reading

- 1. **Sounding Out Support:** Stretch the /ow/ sound in "ou" words like *out*, *shout*, *around*. and *loud*.
- 2. Watch how the tray moves and where it ends up
- 3. How did Max respond to the funny situation?
- 4. Read Max's final line with a playful and silly tone!

After Reading

- 1. Retell how Max's tray got away and where it stopped
- 2. What makes this a funny school story?
- 3. What would you do differently next time on a windy day?
- 4. Skill Check: Highlight six "ou" words in the story
- 5. **Fluency Tip:** Read it again with fast, fun energy—like you're running after the tray!

Activity Idea

Draw Max chasing his lunch tray down the steps and across the playground. Label items using "ou" words like *out*, *shout*, *around*, *about*, or *loud*. Write one sentence about what Max might try next time to keep his lunch safe.

Coaching Tip

Let humor and action build fluency—when readers smile, they read with joy!

