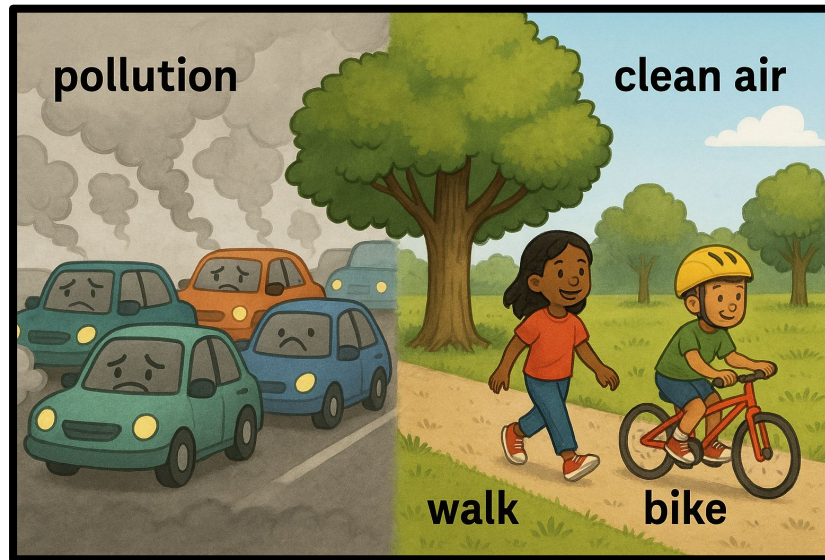


## Reading Comprehension Worksheet: Author's Reasons

Read the short story and answer each question.



### Why Walking or Biking Is a Smart Choice

Walking or biking instead of riding in a car is a smart choice. It helps your body and the Earth.

When you walk or bike, you get exercise. It makes your heart stronger and helps your body stay healthy.

Cars use gas, and gas makes pollution. Too many cars can make the air dirty.

When we walk or bike, we don't use gas. That helps keep the air clean.

Walking or biking is also fun. You get to be outside and enjoy the world around you.

Even short trips can make a big difference if more people walk or bike.



Name: \_\_\_\_\_

## Why Walking or Biking Is a Smart Choice

1. Why does the author say walking and biking are good for the Earth?

- A. Because they take less time
- B. Because they make gas cheaper
- C. Because they don't make pollution like cars do
- D. Because cars go too fast

2. What reason does the author give for walking or biking being fun?

- A. You can be outside and enjoy the world
- B. You can listen to music
- C. You get to use your phone
- D. You don't need to wear shoes

3. Fill in the blank:

Cars use \_\_\_\_\_, which can cause pollution in the air.

4. What are two different reasons the author gives for walking or biking instead of using a car?

---

---

---

5. How do the author's reasons help you understand that small choices can make a big difference?

---

---

---



# Parent and Teacher Guide

---

**Guide Reading Level:** J

**Lexile Level:** 290L-450L

**Grade Level:** 1st Grade, End of the Year

**Genre:** Nonfiction – Opinion / Health & Environment

---

## Introducing the Text

"Today we're going to read a nonfiction text that shares an opinion about why walking or biking can be a better choice than riding in a car. As we read, we'll pay attention to the reasons the author gives to support this idea."

**Vocabulary:** pollution, gas, exercise, healthy, choice

---

## Before Reading Discussion Questions

1. How do you usually get to school or to the store?
  2. Have you ever gone for a walk or bike ride instead of riding in a car?
  3. Why might someone say walking or biking is better?
- 

## During Reading Discussion Questions

1. What is the main point the author wants us to understand?
  2. What are the reasons the author gives to support this idea?
  3. How does walking or biking help both people and the Earth?
- 

## After Reading Discussion Questions

1. What would you say to someone who always takes the car, even for short trips?
  2. Do you agree with the author's opinion? Why or why not?
  3. What was your favorite reason, and how does it help you make a smart choice?
- 

## Activity Idea

Give students a mini-map of a neighborhood or school. Let them draw and label paths they could walk or bike instead of driving. Ask them to write one sentence explaining why their choice helps their body or the Earth.

