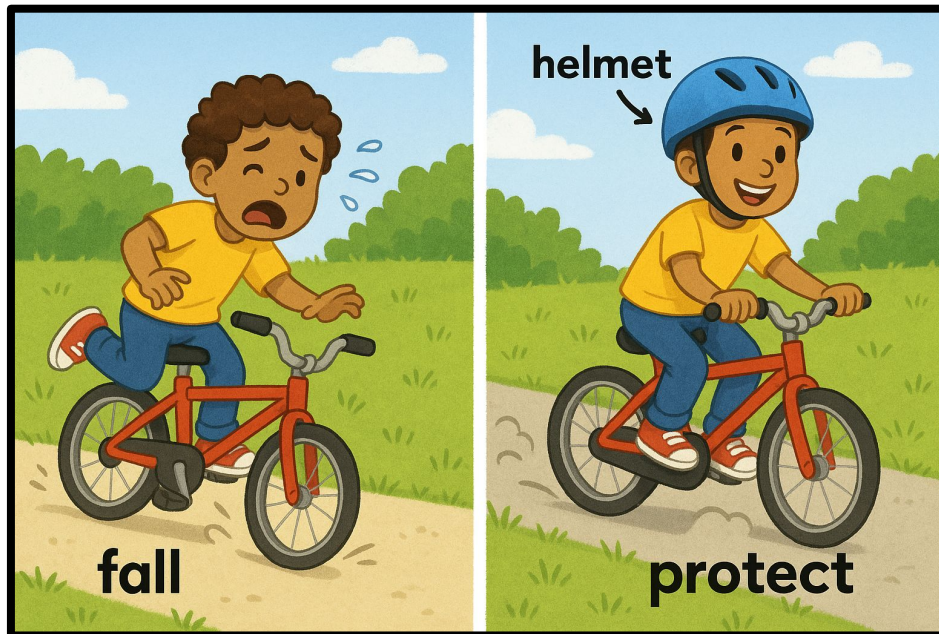


Reading Comprehension Worksheet: Author's Reasons

Read the short story and answer each question.



Why You Should Wear a Helmet

Helmets help protect your head. That's why you should wear one every time you ride a bike.

If you fall, a helmet can stop you from getting badly hurt.

Your head is important. It helps you think, see, and talk.

A helmet works like a shield. It takes the hit so your head doesn't.

Even careful riders can have accidents. A bump in the road or a quick turn can cause a fall.

Wearing a helmet keeps you safer—just in case something goes wrong.



Name: _____

Why You Should Wear a Helmet

1. Why does the author say to wear a helmet?

- A. So you look cool
- B. So your hair stays dry
- C. So your head is protected if you fall
- D. So you can ride faster

2. What reason does the author give for wearing a helmet even if you're careful?

- A. So you can jump higher
- B. Because bumps and quick turns can cause falls
- C. Because your bike needs cleaning
- D. So your shoes don't get dirty

3. Fill in the blank:

A helmet takes the hit so your _____ doesn't.

4. What are two reasons the author gives to show why helmets are important?

5. How does the author explain why accidents can happen even when you're careful?



Parent and Teacher Guide

Guide Reading Level: G

Lexile Level: 165L-305L

Grade Level: 1st Grade, Middle of the Year

Genre: Nonfiction – Opinion / Safety & Science

Introducing the Text

"Today we're reading a nonfiction opinion piece that explains why it's important to wear a helmet. As we read, we'll look closely for the reasons the author gives to support this idea."

Vocabulary: helmet, protect, shield, accident, careful

Before Reading Discussion Questions

1. Have you ever worn a helmet?
 2. Why do you think helmets are required in some places?
 3. What do you think this author might want you to do?
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During Reading Discussion Questions

1. What reasons does the author give for wearing a helmet?
 2. Why is the head such an important body part to protect?
 3. What examples does the author use to show that accidents can happen?
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After Reading Discussion Questions

1. What is the author's main message?
 2. Do you agree with the author? Why or why not?
 3. What would you tell a friend who doesn't wear a helmet?
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Activity Idea

Give students a drawing of a rider without a helmet. Have them draw and label safety gear like a helmet, elbow pads, and lights. Then write one sentence explaining why each item helps keep a rider safe.

