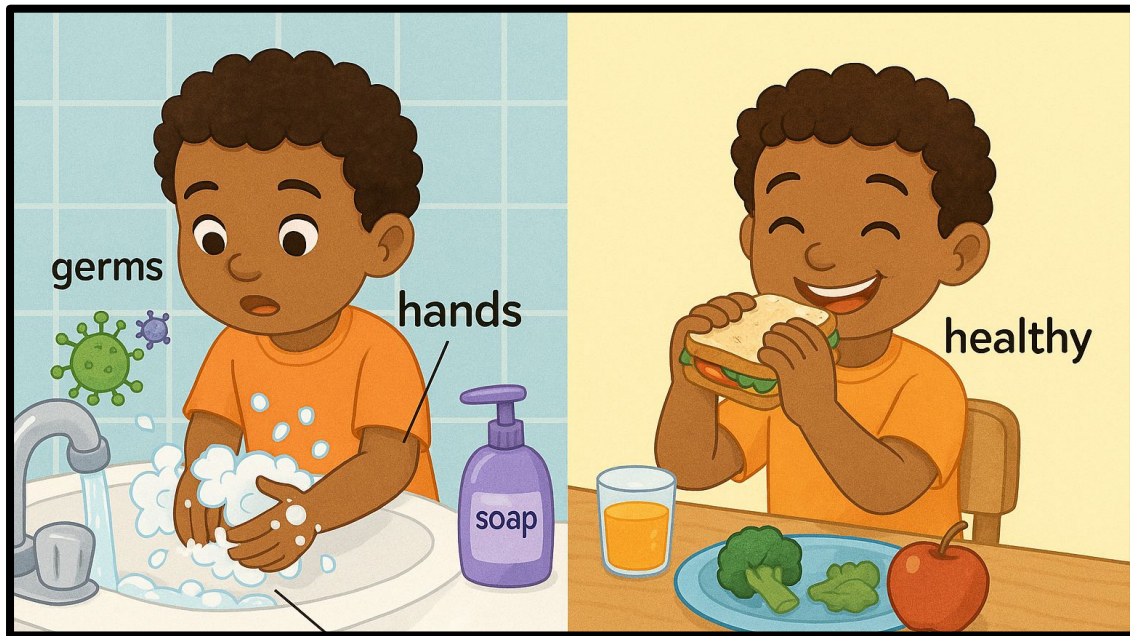


## Reading Comprehension Worksheet: Author's Reasons

Read the short story and answer each question.



### Why We Should Wash Our Hands

Washing your hands is important. It helps keep you from getting sick.

When you touch things, your hands can pick up germs. Germs are tiny and can make you feel bad.

If you wash your hands with soap and water, the germs go away.

Washing your hands can help other people, too. It keeps you from spreading germs.

That is why we should wash our hands every day—especially before we eat or after we use the bathroom!

Name: \_\_\_\_\_

## Why Sleep Is Good for You

1. Why does the author think you should wash your hands?

- A. To keep your hands warm
- B. To make your hands look fancy
- C. To get rid of germs and stay healthy
- D. To play in the water

2. What reason does the author give for washing your hands before you eat?

- A. To smell the soap
- B. To not spill your food
- C. To stop spreading germs to your mouth
- D. To clean the sink

3. Fill in the blank:

Washing your hands helps keep \_\_\_\_\_ away.

4. What is one reason the author gives for washing hands after the bathroom?

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5. How does the author help you understand why washing hands is important?

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# Parent and Teacher Guide

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**Guide Reading Level:** E

**Lexile Level:** 10L-160L

**Grade Level:** 1st Grade, Beginning of the Year

**Genre:** Nonfiction – Opinion / Health & Safety

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## Introducing the Text

"Today we're going to read a nonfiction story that gives a strong opinion: we should wash our hands. As we read, we'll look for the reasons the author gives to support that idea."

**Vocabulary:** germs, sick, soap, spread, bathroom

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## Before Reading Discussion Questions

1. When do you usually wash your hands?
  2. Why do you think adults always remind kids to wash up?
  3. What do you know about germs?
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## During Reading Discussion Questions

1. What is the author trying to tell us in this text?
  2. What reasons does the author give for hand washing?
  3. Do the pictures help you see the reasons more clearly?
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## After Reading Discussion Questions

1. Why do you think the author believes washing hands is important?
  2. Can you remember one reason from the story that you agree with?
  3. What would you say to someone who forgets to wash their hands?
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## Activity Idea

Have students draw two scenes: one where a child washes hands before lunch and one where they forget. Ask them to label each picture and explain why one choice is healthier using one sentence from the story.

