

Decodable Texts: Long Vowel Teams: oy (toy)

"This nonfiction story focuses on the 'oy' sound as in 'boy.' Watch for words like 'joy,' 'toy,' and 'enjoy' as you learn how happiness shows in your body!"



How Your Body Shows Joy

When you feel happy, your body shows it in many ways.

Your face smiles, and your eyes shine with joy.

Sometimes you jump up and clap your hands.

Even a small toy can make you feel cheerful and full of energy.

Doctors say that smiling and laughing help your body stay strong and healthy.

So, find something that brings you joy every day!

After reading the story, have your child point to and slowly sound out each practice word.

toy

joy

enjoy

deploy

employ



Name: _____

How Your Body Shows Joy

1. What happens to your face when you feel joy?

- A. It looks sad
- B. It smiles and your eyes shine
- C. It feels cold
- D. It frowns

2. How does joy help your body?

- A. It makes you tired
- B. It keeps your body strong and healthy
- C. It makes you quiet
- D. It makes you sleepy

3. Fill in the blank:

Doctors say that smiling and laughing help your body stay strong and _____.

4. What are some things that bring you joy and make you feel happy?

5. Why do you think it's important to find time for joy each day?



Coaching Guide

Target Skill: *oy* as in "boy" (/oi/ sound)

Genre: *Nonfiction – Human Body / Emotions*

High-Frequency Words: *your, when, and, help, every*

Before Reading

1. This story includes “oy” words like *joy, toy, enjoy, employ, deploy, and boy*.
 2. Have you ever noticed how your body feels when you are really happy?
 3. What is something that makes you smile or laugh every day?
-

During Reading

1. **Sounding Out Support: Sounding Out Support:** Stretch and blend the /oi/ sound in “oy” words like *joy* and *toy*. Point out how “oy” makes the long /oi/ sound at the end of words.
 2. Watch for target skill words that explain how joy shows in your body.
 3. What does the story say about smiling and laughing?
 4. Read the final line with a cheerful, happy tone—like you’re sharing something that makes you feel great!
-

After Reading

1. Retell how joy shows in the body and helps keep it strong.
 2. Why do you think smiling and laughing are good for you?
 3. What’s one thing you can do today to feel more joy?
 4. Skill Check: Highlight six “oy” words in the passage.
 5. **Fluency Tip:** Read it again using a joyful, energetic voice—like you’re smiling through the whole story!
-

Activity Idea

Draw yourself doing something that makes you feel happy and full of joy. Label parts using “oy” words like *joy, toy, enjoy, employ, deploy, or boy*. Write one sentence about why feeling joy is important for your health.

Coaching Tip

Teaching about emotions helps students connect reading to real feelings—every word helps them build healthy habits for their minds and hearts!

