Decodable Texts: Long Vowel Teams: au

"This story focuses on the 'au' sound as in 'sauce.' Watch for words like 'sauce,' 'cause,' and 'pause' as you read!"



How to Make Tomato Sauce

Tomato sauce is used to make tasty foods like pizza and pasta. You can make it fresh at home with just a few simple steps.

First, gather fresh tomatoes. Wash them well and cut them into small pieces.

Next, cook the tomatoes in a big pot. Add a little salt and herbs for flavor. Stir the sauce until it becomes thick and smooth.

When it's ready, you can pour the sauce over pasta or store it in jars to enjoy later. Homemade sauce always brings a delicious smell to the kitchen!

After reading the story, have your child point to and slowly sound out each practice word.				
sauce	cause	pause	haul	fault



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How to Make Tomato Sauce

- 1. What is the first step to making tomato sauce?
- A. Boil water
- B. Cut fresh tomatoes into small pieces
- C. Pour in milk
- D. Put the sauce in the freezer

- 2. When is the sauce ready to use?
- A. When it becomes thick and smooth
- B. Right after you wash the tomatoes
- C. Before you add any herbs
- D. When it's still watery

3. Fill in the blank: Homemade always brings a delicious smell to the kitchen.				
5. What foods would you like to eat with fresh tomato sauce?				



Coaching Guide

Target Skill: Long Vowel Team 'au' (as in "sauce")

Genre: Nonfiction – Cooking & Food

High-Frequency Words: the, and, to, you, it

Before Reading

- 1. Remind them of the target skill: "We're reading to find 'au' words that say the /aw/ sound, like in 'sauce.'"
- Have you ever helped cook something at home?
- 3. Why do you think homemade food tastes so good?

During Reading

- 1. **Sounding Out Support:** Remind kids that 'au' makes the /aw/ sound. Try that sound first when seeing this pattern.
- 2. Watch for 'au' words and stretch them out carefully.
- 3. When do you know the sauce is ready?
- 4. Try reading the last sentence with excitement, like you can really smell the fresh sauce!

After Reading

- 1. Can you retell the steps for making tomato sauce?
- 2. Why do you think people enjoy making homemade sauce instead of buying it?
- 3. What's your favorite meal that uses sauce?
- 4. Skill mastery prompt: "Find and underline 5 'au' words in the story!"
- 5. **Fluency Tip:** Try reading the story again like you're hosting a cooking show!

Activity Idea

Make a pretend recipe card for tomato sauce. Draw pictures of each step and label them using at least three 'au' words. Write a fun tip at the bottom about how to enjoy the sauce, like adding it to your favorite meal or sharing it with family.

Coaching Tip

Encourage your reader to share their favorite recipes or food stories—it builds connection and makes reading feel fun and useful!

