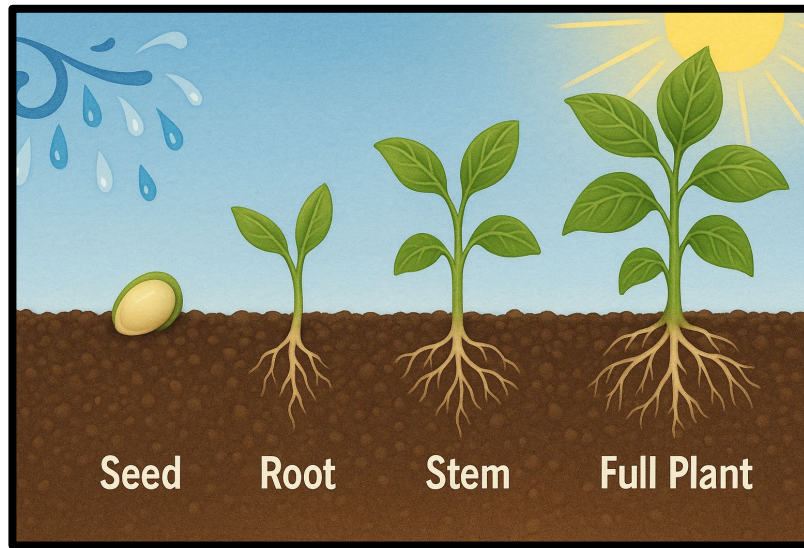


Decodable Texts: All Long Vowel Teams

"This nonfiction story explains how seeds grow. Look for long vowel team words like 'grow,' 'high,' 'true,' and 'clue' as you read!"



How Seeds Grow

Seeds need soil, sun, and water to grow.

Each seed holds the clue to what the plant will be.

Some grow low to the ground, while others grow high.

A seed's shell cracks open, and a small root pushes down.

Next, a stem grows up, reaching toward the light.

Green leaves spread wide and soak in sun to make food.

With time and care, seeds turn into true plants with roots, stems, and blooms.

After reading the story, have your child point to and slowly sound out each practice word.

grow

clue

high

true

leaves



Name: _____

How Seeds Grow

1. What do seeds need to grow?

- A. Wind, snow, and sand
- B. Shade, rocks, and air
- C. Soil, sun, and water
- D. Music, paper, and glue

2. What happens after the seed cracks open?

- A. It floats away
- B. A root pushes down
- C. It grows leaves first
- D. It turns into fruit

3. Fill in the blank:

Each seed holds the _____ to what the plant will be.

4. What steps happen as a seed turns into a plant?

5. Why is sunlight important in the growing process?



Coaching Guide

Target Skill: Mixed Long Vowel Teams

Genre: Nonfiction – Life Science

High-Frequency Words: the, into, with, what, each

Before Reading

1. This story includes long vowel team words like *grow*, *clue*, *true*, and *leaves*.
 2. Have you ever planted a seed? What did it grow into?
 3. What do you think happens underground before a plant pops up?
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During Reading

1. **Sounding Out Support:** Stretch and tap long vowel team words like *high*, *grow*, *clue*, and *true*.
 2. Watch for vowel teams that describe the stages of growth
 3. What does each part of the seed do?
 4. Read the final line with a voice of care and wonder
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After Reading

1. Retell how a seed becomes a plant, step by step
 2. What are three things that help plants grow?
 3. What kind of plant would you want to grow and why?
 4. Skill Check: Highlight six long vowel team words from the story
 5. **Fluency Tip:** Read it again like a science teacher explaining how to grow a garden
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Activity Idea

Draw the life cycle of a seed growing into a plant. Label each part using vowel team words like “grow,” “true,” “leaves,” or “high.” Write one sentence about why seeds are important.

Coaching Tip

Life science supports phonics beautifully—students love learning how things grow while practicing decoding skills.

