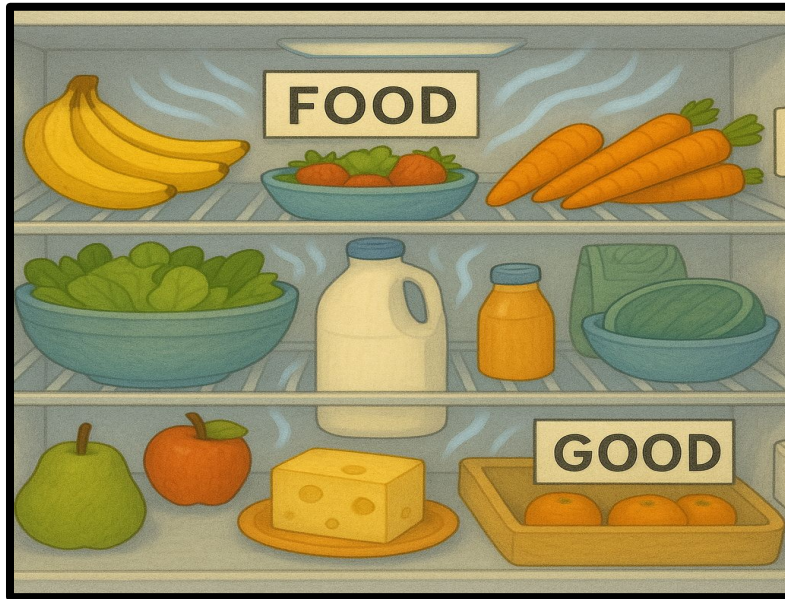


Decodable Texts: Long Vowel Teams: oo (moon)

"This story focuses on the 'oo' sound as in 'moon.' Watch for words like 'food,' 'cool,' and 'smooth' as you read!"



How Food Stays Cool

Food must stay cool to stay fresh. If food gets too warm, it can spoil.

People use big coolers and smooth metal shelves in stores to keep food fresh. At home, food goes in the fridge or freezer.

Some foods, like fruit and milk, must stay cool all the time.

That is why people always check food before they eat it.
Fresh food is good food!

After reading the story, have your child point to and slowly sound out each practice word.

food

cool

smooth

room

too



Name: _____

How Food Stays Cool

1. Where should people keep food to stay fresh?

- A. In a fridge or freezer
- B. In the backyard
- C. On the floor
- D. In warm rooms

2. What happens if food gets too warm?

- A. It stays fresh
- B. It spoils
- C. It tastes better
- D. It grows bigger

3. Fill in the blank:

Fresh _____ is good food!

4. Why do you think some foods must stay cool all the time?

5. What foods do you keep cool at your house?



Coaching Guide

Target Skill: Long Vowel Team 'oo' (as in "moon")

Genre: Nonfiction – Science & Health

High-Frequency Words: the, and, to, it, is

Before Reading

1. Remind them of the target skill: "We're working on words where 'oo' says the /oo/ sound, like in 'moon' and 'food.'"
 2. Have you ever helped put food away at home? Where did you put it?
 3. Why do you think people need to keep some foods cold?
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During Reading

1. **Sounding Out Support:** Remind kids that 'oo' makes the /oo/ sound like in "moon." Try that sound first when seeing this pattern.
 2. Watch for 'oo' words and say them clearly.
 3. What can happen if food gets too warm?
 4. Try reading the last sentence like you're giving important advice!
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After Reading

1. Can you retell why it's important to keep food cool?
 2. What might happen if people forget to check their food?
 3. What is one way you help take care of fresh food at home?
 4. Skill mastery prompt: "Find and underline 5 'oo' words in the story!"
 5. **Fluency Tip:** Try reading the story again like you're explaining how to keep food fresh to a friend!
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Activity Idea

Draw a picture of a fridge filled with healthy, fresh food. Label at least three things using 'oo' words and write a sentence about why those foods need to stay cool.

Coaching Tip

Connect the lesson to real life by talking about how they help take care of fresh food at home!

