



BARBARIANS

MASTERS SWIM TEAM

February Issue 2022

What a great way to start the 2022 Masters Swimming Season. Welcome to returning members, new members and our second claim members. The Miami Masters swim meet was held on the 12 February. We had a very strong team of 19 for the individual events and 10 members entered the Postal swims with a total of 17 entries. What a mammoth effort. Congratulations to you all. Our super QBR Team consisted of; Trudy Padro, Dion Hutchins, Karina Horton, Craig Lobsey, Rachel Sanson, Jason Dean, Leanne Burton, Calvin Ernst, Andree Ernst, Chris Savage, Michele Brown, David Butler, Heather Butler, Rob Mitchell, Alli Cooke, Thomas Lynch, Wendy Pakchung, Richard Sydes & Joerg. We thank Dion for providing the other two Gazebo's. Many of you won individual placings in your age groups. However, due to the fact, the results did not advertise the age group winners. I cannot mention some. What we do know, is that Chris came first in his age group, Jason, Karina, Richard and Rob second, Joerg Third. Unofficially, we know, that Andree, Leanne and possibly Calvin. All made placings. If you have been left out, please let me know. What an awesome result for such a great Team. Well done everyone. With such a strong team, this was the first time a timekeeping roster had to be put together. We thank you all for assisting and also to the partners and Dion's two children. With everyone helping out, it all went very smoothly for our team. At the beginning of the meet, official certificates were given to Dawn to hand out to our 'awesome foursome' for breaking the Men's 120-159 4 x 200m Freestyle Long Course relay in a time of 10:56.71 at the Miami Relay Meet 2021. Congratulations guys.



L to R: Jason, Thomas, Rob and Joerg

At the end of the meet, during the presentations. Joerg was called out to the announcers table. Taking him by surprise. Our VP Elaine Sng presented him with a very special award that Dawn had organised for him. The award is for creating a Logo for the very first time for the Barbarians Team. Well deserved Joerg.

The only photos I have of some of our age group winners.



Chris Savage 1st



Jason Dean 2nd



Joerg Rockstroh 3rd



Prior to the Miami meet, Dion put forward a great idea of creating a QBR Record Board specifically for members of our team. The goal being, the Miami meet would be the Inaugural Meet, therefore everyone set a record. Certificates were created and presented to the members by Dawn at the conclusion of the meet. We thanked Simon for writing in the times you swam on every certificate. This is a goal, incentive for when you enter the next meet. You can see what the current record is and strive to improve or to beat that time. Anyone who achieves this, will receive a record certificate. Trudy has kindly offered to take this chore on now to assist Dawn. Thank you, Trudy. 😊 The Record Board will be added to our website by Joerg shortly at <https://www.barbarians.info/records> Scroll down and click on Barbarians Swim Records.



Some of our awesome Team members



L to R: Karina, Leanne, Dawn & Wendy. Leanne & Dawn have known each other as Barbarians since **2014** and **THIS** was the first time they have met in person. Just fabulous.



L to R: Anja, Joerg, Thomas & Richard



L to R: Trudy, Dawn & Wendy.



Rob in full flight - breaststroke race.



Joerg in full flight – breaststroke race.

Check out our Facebook page for many more photos. <https://www.facebook.com/qldaussi>

Save the dates: Hervey Bay Humpbacks Meet 12 March and the UQ Masters SC Preparation Meet 26 March. Good luck to those members who are racing at the National Championships in Sydney.

Interesting Statistics: I have been the Captain for the Barbarians Swim Team since 2014. We received our first Sponsorship for the very first Team Polo Shirt which everyone loved. The member number stats are as follows: **2014** – 39 members. **2015** – 40 members and **2016** – 41 members. **2022** our membership is at **26 plus two 2nd claim members**. Simon and I moved to NSW with his work in the RAAF. Returning to QLD to retire in 2019. Christina then asked me if I would be interested to pick up where I left off and resume the role of QBR Captain. This I have done and thoroughly enjoyed meeting you all. You may wonder why I am telling you this information. At the Miami Meet, this was the first time in all those years, that I have seen so many QBR members, come together at any one swim meet. With the majority of members in attendance, including families we utilised 4 Gazebo's to keep everyone out of the sun. Thanks to Dion for providing two of them. Simon and I were very proud to be part of this great team. We look forward to seeing you all at the upcoming swim meets.

Unlock the world's FASTEST & MOST EFFICIENT Freestyle Technique WITHOUT hiring a coach. You will not be disappointed. <https://www.swimmingsecrets.com/order-form32901928> u

Links: Skills N' Talent. <https://www.youtube.com/c/SkillsNT>

If you would like to participate in the e1000 program, have someone time your swims according to the instructions on the page. Then please send your results through to Dawn at sadethome@hotmail.com She will enter them into the e1000 data base for you. <https://mastersswimming.org.au/programs/endurance-1000-program/>

Lane Warriors is a MSQ Program that records all distances swum throughout the year.

The results record the Top 5 Individual winners in each age group category, the club winners and all results.

How it works

- Every time you get into the water to swim laps or when you're training, record the distance swum on that day.
- Your drills count as well i.e. if you use pool accessories e.g. flippers, kickboard..., then the distance swum still counts.
- Record your daily distance swum on the Excel Spreadsheet, which automatically calculates all your distances.

Barbarians Swim Team

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L to R: Dawn and Christina