

FAST Stroke Awareness

Strokes are no joke.

Spot a stroke. Act fast, save lives.

Learn the warning signs and what to do when someone is in danger

Face

Signs You Should Pay Attention To

- Face drooping when smiling or talking
- Look for an uneven smile, eyelid drooping, or numbness on one side.

Arm

Signs You Should Pay Attention To

- One arm drifts down when raised up
- Have the person close their eyes and hold both arms out for 10 seconds.
 - A drifting arm signals damage to the motor pathways

Speech

Signs You Should Pay Attention To

- Look for slurred or 'strange' speech
- A stroke affecting either region can cause aphasia, the inability to form words, understand language, or communicate coherently.

Time

Take Action By...

- ✓ Call 911 IMMEDIATELY
- ✓ Every second matters during a stroke
- ✓ Every minute without treatment, approximately 1.9 million neurons die.
- ✓ Time literally equals brain tissue

Face
Arm
Speech
Time