The background is a solid green color. In the upper left, there is a detailed line-art illustration of a peony flower in full bloom, with several buds and leaves. To the right, there is a large, light pink circular shape. In the lower right, there is a large, light red circular shape. A thin black line starts from the bottom left, curves around the white circle, and extends towards the right side of the page.

*"Life begins when  
you find your truth."  
- Thandi*

# 15 POSITIVE AFFIRMATIONS

TO REIGNITE PASSION AND PURPOSE

BY THANDI MONTGOMERY

# 15 POSITIVE AFFIRMATIONS

## TO REIGNITE PASSION AND PURPOSE

In the midst of life's complexities, it's not uncommon to lose sight of our deepest passions and purpose. Between the demands of caring for children, the pursuit of a corporate career, the everyday tasks of cooking, and attempting to care for ourselves, we often find ourselves entangled in the routines, leaving our once-vibrant dreams and aspirations to slowly diminish.

But there's hope. Within each of us lies an incredible reservoir of untapped potential, waiting to be awakened. The 15 affirmations to Reignite Passion and Purpose are more than just words; they are the keys that will help you unlock your truth, pursue your passion, and shift from mere existence to vibrant living. By repeating them with intention and unwavering belief, you'll begin to unearth the long-forgotten dreams and desires that have lain dormant within you.

Through these affirmations, you will embark on a transformative path, guided by the unwavering belief that you have the power to reignite your inner fire and soar to new heights.

Are you ready to unleash the incredible potential that's been waiting within you? Let's embark on this transformational journey together, one affirmation at a time, and discover the remarkable impact it can have on your life. Read one affirmation EVERY day.

Take your time with the process. Give yourself grace. And remember, there are people eagerly awaiting your breakthrough, as you hold the solution to their problems. You were born for a reason. No more excuses, no more procrastination. It's time. I'm proud of you for taking this first step. Let's go get it.

*Thandi*

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### 01. CLARITY

I am making space to listen and discover the true essence of my purpose. I was destined for this very moment, and my purpose will become clear soon.

### 02. PREPARATION

All of my ups and downs have prepared me for this moment in time. It's my time to rise, be my true self, and use my gifts to make a positive difference in the lives of many.



### 03. PROGRESS

Each day, I take steps to fulfill my purpose. Whether it's a giant leap or a small stride, what counts is that I keep advancing.

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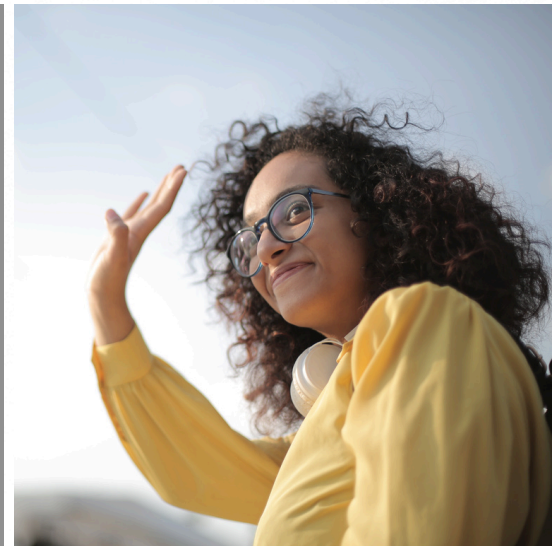


### 04. CONFIDENCE

If anybody can do it, I can! I have the confidence, wisdom, resources, and boundless energy to fulfill my purpose. There's no need for permission or perfection—just my belief and action.

### 05. GOODBYE FEAR

I release fear and doubt. I'm fully committed, focused, and driven to live out my purpose. I'm here for a reason. Tomorrow is not guaranteed, and today is all I have, so I'll make it great.



### 06. WORTHY

I deserve a life of peace, joy, and freedom from others' opinions. I'll follow my path, live with intent, and pursue my dreams without compromise or comparison.

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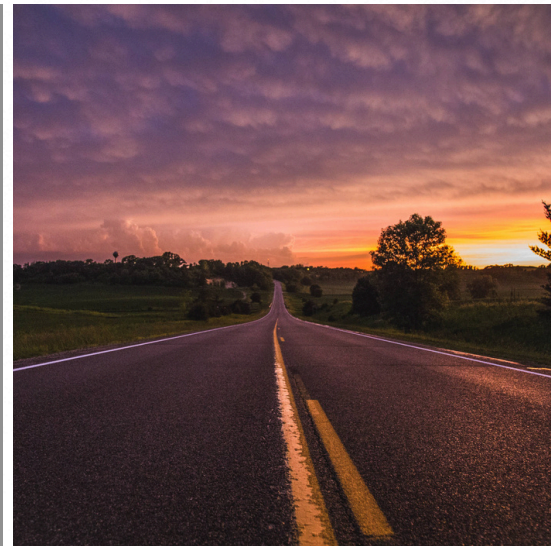


### 07. IGNITE

My sense of purpose and passion for life inspire others to embrace their own journey, live intentionally, and make their mark.

### 08. EMBRACING THE NEW

I'm no longer afraid of the unknown. With God's guidance, I understand that what's ahead is a vital part of my journey to fulfill my purpose.



### 09. UNCONTROLLABLES

Life is a mix of controllable and uncontrollable moments. I choose to invest my energy in areas I can control and make a meaningful impact there.

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### 10. OBSTACLES

My path to discovering my purpose may be filled with obstacles and uncertainty. But I will put one foot in front of the other, stay focused, and fulfill my unique mission on this earth.

### 11. POWER WITHIN

There is a Greater Power leading and empowering me to create meaningful change and leave this world better than it was before I was born.



### 12. TIME

I will not live life as if tomorrow is promised. I will give my ALL today, fulfill my purpose, and evolve into my best self.

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### 13. PEOPLE ARE WAITING

People are counting on me to release fear, venture beyond my comfort zone, and ignite my purpose. Their needs outweigh my fear, and I will fulfill my true calling.

### 14. IT'S NOT TOO LATE

The fact that I am still here is a powerful reminder that I can and will accomplish my life's purpose on this earth. I won't let age or lack deter me. I will keep pushing forward.



### 15. THE REWARD

There's nothing more fulfilling than using my gifts to enhance not only my life but also the lives of those around me. I will continue to make a difference, big or small.

Thandi  
MONTGOMERY



## MEET THANDI

Thandi Montgomery is the founder and CEO of Thandi Monee' LLC. She graduated Summa Cum Laude and received her undergraduate degree from Florida A&M University. She also has a Master's in Business Administration.

Prior to her entrepreneurial journey, she worked in the advertising industry for 15 years and developed award-winning strategies for brands like AstraZeneca, Capital One, Cinnabon, Dell, Macy's, The Home Depot, Verizon Wireless, and Wingstop.

She is recognized for her dedication to women's health, wellness and self-discovery. From boardrooms to podcasts, conference stages to media outlets, her message inspires women to unlock their truth and be intentional about their personal growth and legacy.

As a breast cancer survivor, Thandi's journey taught her to embrace her true self and live with intention. She now helps women shift from existing to living, reignite their passion, and reach new heights. Happily married with two children, Thandi resides in Dallas, TX, cherishing family time, travel, reading, gourmet popcorn, and cheering for the Dallas Cowboys.

## CONNECT WITH THANDI



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