

**For Such a Time As This:**

**Appointed to Rise**



*By*  
*Amy Bragdon*

Copyright © 2026 by – Amy Bragdon – All Rights Reserved.

It is not legal to reproduce, duplicate, or transmit any part of this document in either electronic means or printed format. Recording of this publication is strictly prohibited.



# Dedication

To my mother—whose quiet strength, contagious humor, and unwavering love have shaped the legacy I now carry forward. Your courage continues to teach me what it means to rise with grace.

To my father—the silent leader. The one who served without needing a spotlight. Your faithfulness is the blueprint of legacy lived well.

To Julie—my sister, my warrior, my built-in best friend. You are living proof that joy and resilience can walk hand in hand.

To Richard—your steady presence, deep faith, and unshakable calm keep our family anchored. You are a light in every storm.

To Alex—your laughter echoes in every room we enter, and your legacy lives on in every redhead, every memory, and every moment we choose love.

To Nan—the original firebrand. You showed me what it means to open both heart and home, and to leave a legacy that doesn't whisper—it roars.

And to God—my rock, my redeemer, my divine compass. You are the call, the courage, and the reason I rise. May this book be a reflection of Your glory, and may every page point back to You.

# Acknowledgment

To my mother—thank you for showing me what fierce faith looks like. Even as your voice softens and your strength fades, your spirit roars louder than ever. Your courage in the face of MSA has taught me what it means to lead with grace and to love without condition. You are still the heart of this home, and every page of this book carries your imprint.

To my father—your quiet consistency has been one of the greatest leadership lessons of my life. You stepped into every role without applause and carried the weight of our world with humility. The sauna we built together was more than cedar and sweat—it was sacred ground. Thank you for showing me what legacy looks like in action.

To Julie—my sister, my mirror, my constant. Your resilience, humour, and unwavering strength continue to inspire me. Through pain, surgeries, setbacks, and laughter, you've walked with dignity and defiance. You remind me that legacy is found in how we show up—even when life is unfair. And yes, there will always be room for you—at my table, in my home, and in Tuscany.

To Alex—your legacy continues to light our path. Your laughter lives in your daughters, your kindness in your granddaughter, and your spirit in every memory we cherish. I carry you in every chapter I write. You taught me that joy can live even in loss.

To Angela—thank you for holding Alex's light and sharing it with all of us. You've carried his legacy with beauty, strength, and fierce devotion. You've been more than a sister-in-law—you've been a sister in every way that counts.

To Richard—my brother, the pillar. Your life is a testimony of strength under pressure, of faith lived quietly but deeply.

You carry the weight of leadership with humility, and I am proud to be your sister.

To Crystal—thank you for being the quiet force behind your family’s strength. You are a woman of deep resolve, and I see the way you love and lead without needing a spotlight.

To Rob—thank you for loving me through the fire and the fight. You’ve weathered the storms with me, believed in my calling, and stayed when others might have walked. Thank you to your family, too, for welcoming me and mine. We’ve built something sacred together.

To the friends and family who held me up in the hidden seasons—you know who you are. Your texts, your meals, your presence, your prayers—they were the scaffolding holding up my weary soul. Thank you for being my circle when the weight got heavy.

To Pastor Chad—thank you for showing up when we needed reminding of who we are. That hospital room was holy ground because of your laughter, your prayers, and your presence. The thread of Africa, childhood, and covenant friendship wrapped around all of us that night.

To Pastors Heidi, Wayne, and Brenda—thank you for standing beside us when we didn’t have the words. Your ministry left fingerprints on our lives, and your prayers carried us through.

And above all—To God. My anchor, my source, my relentless refuge. You’ve held every tear, whispered truth in the silence, and commissioned me to rise again and again. May this book reflect the goodness of Your calling, the depth of Your grace, and the beauty of walking in step with You.

# About the Author

Amy Bragdon's story is more than a journey of milestones—it's a testimony of legacy, leadership, and a sacred call to rise.

Born and raised in the heart of rural New Brunswick, Amy grew up in a home built on faith, family, and fierce devotion. Her father, a quiet but steadfast provider, and her mother, a radiant force of humor and grit, shaped Amy's understanding of what it means to live with purpose—even on the hardest days. She was raised in a house where faith was not just spoken, but lived. Where love was loud, work was sacred, and where the call to serve others was modeled long before it was preached.

At the age of five, Amy watched a World Vision commercial that stirred something deep in her soul. That moment—raw and unscripted—planted a seed that would later grow into a life of impact, service, and global purpose. Today, Amy serves as a **Regional Engagement Advisor for World Vision Canada**, partnering with churches, corporations, and communities to build a better future for children and families around the world.

Amy is also a successful Realtor - Bragdon Realty, where faith and community go hand-in-hand. With each transaction, she gives back—supporting Habitat for Humanity, serving on their Board of Directors, and investing in the people and places she believes in. For Amy, real estate is more than keys and contracts—it's about building dreams, one home and one heart at a time.

A woman of many callings, Amy also runs **Bragdon AirBNB**, a hospitality haven designed to reflect warmth, welcome, and intentional beauty. She is a writer, speaker, and passionate storyteller whose words reflect the heart of a woman walking in both fire and favor. Her first two books—*Beauty for Ashes* and *Rising from the Ashes*

explored grief, travel, faith, and healing. This third book, *For Such a Time as this*, is her charge to the reader: to lead, love, and live with kingdom legacy.

Amy's life is shaped by sacred yeses and silent prayers. Whether she's standing in a Habitat build, worshiping under cathedral ceilings in Paris, sipping coffee on her sunlit deck, or visiting a church in Atlantic Canada, her heartbeat is clear: we were made for more—and we are **appointed to rise**.

---

**Her Life Mantra:**

*“The power of one seed is never obvious on planting day”*

**Her Anchor:**

*“Cast all your cares on Him, because He cares for you.”*  
— 1 Peter 5:7



# Content

## 📖 10 Sacred Appointments

(Chapter Titles & Themes)

### *Appointment # 1. When the Call Finds You*

**Theme:** Recognizing you've already been called

**Core message:** Legacy begins with the quiet yes

*"You don't have to be ready to be appointed."*

### *Appointment # 2. The Quiet Leaders*

**Theme:** Honoring the invisible strength of caregivers, parents, servants

**Core message:** Legacy is often carried, not announced

*"You don't need a stage to lead—just love that moves."*

### *Appointment # 3. Legacy Is Lived, Not Left*

**Theme:** Everyday choices that build generational impact

**Core message:** You are writing your legacy now

*"Your life is already preaching—what is it saying?"*

#### ***Appointment # 4. Love Is Loud Leadership***

**Theme:** Compassion over control, kindness as influence

**Core message:** The most powerful leaders lead like Jesus—through love

*“Let your leadership be love in motion.”*

#### ***Appointment #5. You Are the Answer to a Prayer***

**Theme:** Seeing yourself as someone else’s miracle

**Core message:** You were created for connection and impact

*“Somebody’s breakthrough has your name on it.”*

#### ***Appointment # 6. Your Voice Holds Value***

**Theme:** Breaking silence, embracing story, speaking boldly

**Core message:** Your words are meant to be used for healing and truth

*“Your voice is not too much—it’s your weapon and your gift.”*

#### ***Appointment # 7. Rebuilding From Burnout***

**Theme:** Recovery, rest, boundaries, and soul restoration

**Core message:** Healing is part of leadership

*“Even the fire can’t stop what’s been appointed.”*

***Appointment # 8. Faith Over Fear (Again and Again)***

**Theme:** Choosing courage repeatedly in every season

**Core message:** Boldness isn't a moment—it's a rhythm

*"Fear doesn't disqualify you—your yes overrides it."*

***Appointment # 9. For Such a Time as This***

**Theme:** The divine timing of your influence

**Core message:** This moment isn't random—it's holy

*"You were born for this moment."*

***Appointment #10. Appointed to Rise***

**Theme:** Activation, commissioning, final charge

**Core message:** Step fully into who you already are

*"You're not becoming someone new—you're remembering who you've been all along, throughout your becoming."*

## Introduction: Appointed to Rise

There comes a moment in every woman's life when she senses the shift.

The moment when what once sustained her no longer satisfies her.

When the questions grow louder than the noise.

When the ache to *become* turns into the urge to *lead*.

When her soul whispers, *There must be more than this*.

If that's where you find yourself—this book is for you.

You don't need a microphone to have a message.

You don't need a pulpit to be a preacher.

And you don't need permission to walk in your God-given assignment.

You, beloved, were **Appointed to Rise**.

Not when everything is polished.

Not after the heartbreak has healed.

Not when the world finally notices your worth.

But now. As you are.

Even while you're still carrying the weight of everyone else's needs.

Even while you're still wondering if your story is too messy to matter.

Because the truth is—**it's not about perfection, it's about presence**.

And legacy doesn't begin when the world applauds you.

It begins when you say *yes* in the quiet.

This book isn't a memoir—though you'll find pieces of my story in every chapter.

It's not a leadership manual—though you'll discover the strength already living inside you.

And it's not a self-help book—because the help comes from something higher.

This is a commissioning.

A sacred call to rise.

By the end of this book, you'll be:

- Rooted in your God-given identity
- Released from shame, fear, and “not enough”
- **Equipped to lead with boldness and love**
- Inspired to live on purpose, not just with purpose
- Committed to a legacy that lives beyond titles and timelines
- Reminded that you are **Appointed to Rise**

You'll walk through **10 Sacred Appointments**—truths that will reframe your identity, restore your hope, and reignite your purpose.

You'll learn how to lead with love, rebuild what's broken, honor the quiet work of legacy, and walk boldly into the call that's already yours.

This isn't about becoming someone new.

It's about remembering who you already are.

**Appointed. Anointed. Ready to rise.**

Let's begin.

# Manifesto

## **Appointed to Rise**

You weren't chosen by chance—you were commissioned by grace.

Not because it was easy. Not because you were ready.

But because there is something sacred in your story, something heaven knew the world would need.

You carry legacy in your bones.

You lead with love, even when it costs you everything.

You rise—not for applause, but for purpose.

You are not disqualified by your detours.

You are not too late.

You are not too tired.

You are **Appointed to Rise**.

For such a time as this.

# Mission Statement

To the woman leading quietly.

To the ones rebuilding what was broken.

To the mothers, mentors, mission-minded hearts, and those who wonder if they've missed their moment—

This is for you.

You are seen. You are needed. You are **Appointed to Rise**.

## **Appointment # 1.**

### **When the Call Finds You**

*“The call isn’t waiting for you to be ready. It’s waiting for you to be willing. You were appointed to rise.”*

— **Amy Bragdon**

*“You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last.”*

— John 15:16 (NIV)

There's a moment—maybe you've had it—when you're standing in the middle of your life and whispering, *Is this it?*

You're doing the work. You're showing up. But inside, something stirs. A knowing. A pull. A quiet invitation to something deeper. That's the moment the call finds you.

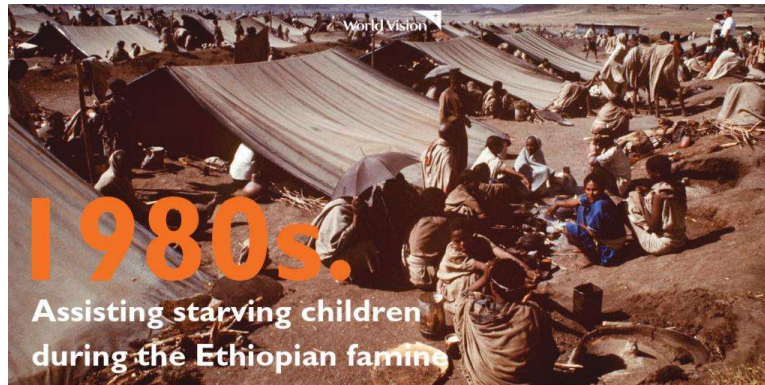
It rarely comes when you're polished or prepared. Sometimes, it comes when you're still wearing pigtails and Velcro shoes, sitting on the living room carpet watching TV.

I was five years old when it found me.

A World Vision commercial flickered across the screen. Ethiopia. A famine. Hungry children with big eyes and empty bowls. And something holy cracked open inside me. I didn't understand everything I was seeing, but I *felt* it. My heart broke in a way I didn't have words for—and out of that ache came my first “yes.”

“When I grow up, I'm going to help.”

It wasn't loud. It wasn't elaborate. But it was real. And heaven heard it.



---

### *The Seed of Legacy*

Years later, as a teenager, that “yes” found legs when I traveled to Africa on a mission trip. I didn’t go as a leader. I went as a learner. I saw children living with joy despite unimaginable poverty. I held hands with women who had built homes and communities from nothing. I worshipped in churches with dirt floors and open skies.

And somewhere between the laughter and the laments, my yes deepened.

I knew I wasn’t just visiting—I was *witnessing*.

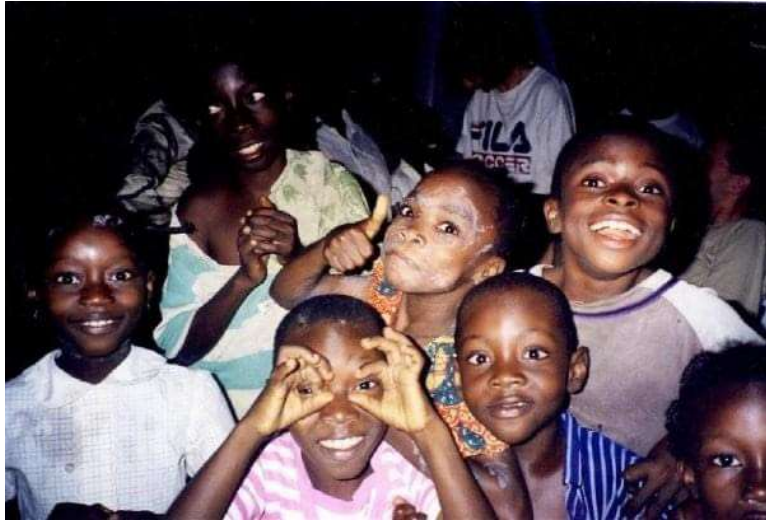
Witnessing what resilience looked like.

Witnessing what the Kingdom looked like.

Witnessing my calling unfold.









---

## *The Yes That Grew Up With Me*

Over the years, my yes matured—but it never disappeared.

It followed me into boardrooms.

Into Habitat builds.

Into late nights sitting with families in crisis.

Into my work as a **Regional Engagement Advisor for World Vision Canada**, where I now get to help churches and corporations across Atlantic Canada say their own yes to impact.

It's in the meetings, the mission trips, and the moments where I get to connect the dots between someone's passion and someone else's need.

That little girl's yes is now the foundation I walk on daily.

And here's what I've learned:

Legacy doesn't wait.

It starts with every quiet yes—every seed sown in faith.





## *The Healing Comes with the Yes*

Some of you might be reading this thinking, *That's beautiful, Amy... but I missed it. I didn't say yes. Or I said yes to the wrong things.*

Let me speak to your heart for a moment:  
You haven't missed it.  
And you're not too late.

We often think our purpose starts when the timing is perfect, or when we've healed completely, or when the opportunity finally arrives. But healing often comes *through* the call—not before it.

My yes didn't wait until I had everything figured out.  
It showed up while I was still grieving.  
Still caregiving.  
Still growing.  
Still not sure I was enough.

You don't have to be whole to be willing.  
You don't have to be qualified to be chosen.  
**You don't have to be ready to be appointed.**

Sometimes, it's the *yes* that makes you whole.

---

I've learned that saying yes doesn't always come with a full roadmap—it often comes with nothing but a deep conviction in your spirit and the tiniest sliver of a next step. Sometimes, the “yes” feels impossibly small compared to the size of the dream, but it's still the door that leads you forward. I think that's why certain stories of faith and courage grip me so tightly—because they remind me that the miracle rarely begins after everything is in place. It often begins in the middle of uncertainty, in the willingness to move when the path ahead is still hazy. One story in particular has stayed with me for years, and it's a powerful reminder of what happens when you decide to go as far as you can with what you have.

You have reached the end of this sample preview.

You were never overlooked by Heaven... you were being prepared for such a time as this.

Some books tell a story. Others awaken a calling.  
If this sample of *For Such a Time as This: Appointed to Rise* stirred something deep within your spirit, click the link above to continue the journey of purpose, resilience, faith, and rising into who you were created to be.

Your next chapter is waiting.  
**Refined. Becoming. Appointed. Commissioned.**