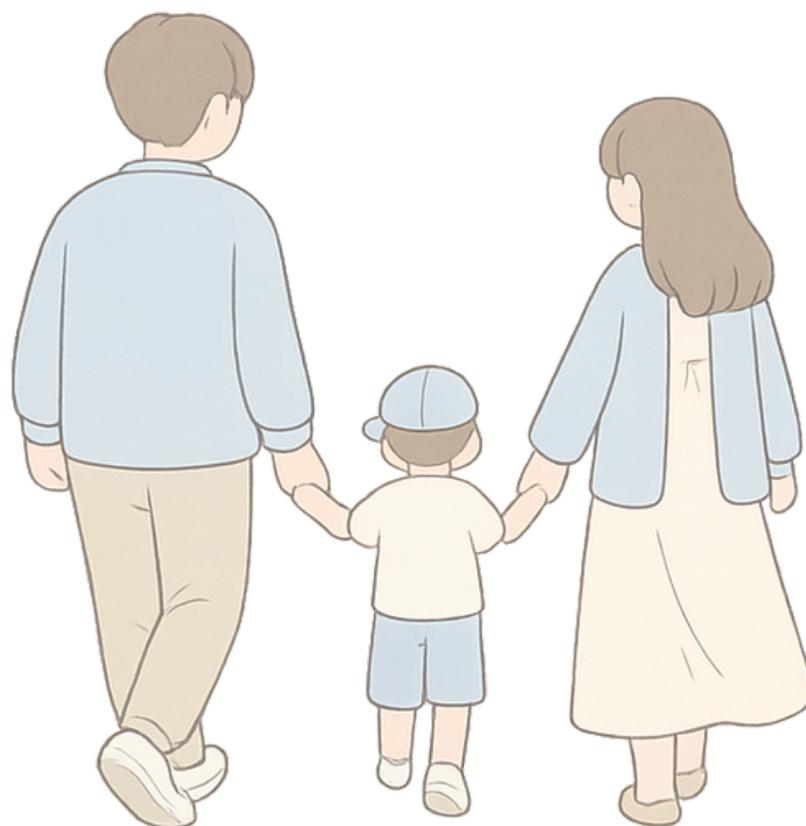


TALKING TO KIDS ABOUT PORNOGRAPHY

A simple, faith-based guide for
parents of children **aged 5-8**



Why it matters

Between the ages of 5 and 8, kids begin to better understand privacy, personal space, and boundaries.

When parents talk calmly about private parts being private, kids learn that boundaries aren't about fear or embarrassment. Just as we're taught to care for what God gives us, kids are learning how to care for themselves.

These conversations prepare kids for real life. As they grow, they will see or hear things they weren't ready for. Kids who understand body boundaries are more likely to recognize when something isn't right, look away, stop, and tell a trusted adult without shame.

This reflects the heart of Christ. Jesus welcomed children, protected them, and took their safety seriously. When a home is filled with grace instead of punishment, kids learn they can come back. The trust built early is often what helps them speak up later.

Main Goals of This Course:



- Teach that bodies deserve respect because they were intentionally created by God.

- To give simple, age-appropriate rules for body privacy and safety

- To build trust so children feel safe coming to a parent when something feels wrong

Explaining What “Private Parts” Are

When adults avoid naming body parts or seem uncomfortable, kids often pick up on that and fill in the gaps themselves. That uncertainty can turn a normal topic into something confusing or shameful.

At this age, kids don't need detailed anatomy lessons, just a simple explanation they can remember. Many families describe private parts as the parts of the body usually covered by underwear or a swimsuit.

This gives clarity without unnecessary detail.

If your family is comfortable, using correct body names can help. God created our bodies with intention, and accurate language reduces shame and helps kids speak clearly if something ever feels wrong. More than the exact words, the tone matters most: calm, respectful, and matter-of-fact.

Teaching this is part of caring for what God has entrusted to us and helping children understand that their bodies are valuable and worth protecting.

What parents can say:

- “Private parts are the parts of your body that are usually covered by underwear or a swimsuit.”
- “Those parts are private for everyone.”
- “God gave you your body, and one way we can take care of it is by keeping private parts private.”

If a child asks more questions you're not sure how to answer:

- “That's a good question. This is what you need to know right now.”
- “As you grow, we can talk more about it.”
- “If you ever feel unsure or uncomfortable, you can always come to me.”



Understanding Body Privacy

By framing privacy as care and respect, children learn boundaries without shame. They begin to understand that these rules exist to protect what God created, not to make their bodies something to feel awkward or embarrassed about.

When children learn that private parts are private for everyone, it also teaches them to respect other people's boundaries. This creates a simple, consistent understanding they can remember and live out.

What parents can say:

- "God created your body, and it is sacred."
- "Private parts are private for everyone."
- "We don't look at other people's private parts, and other people don't look at ours."
- "Your body is a gift from God, and you have the right to take care of it."
- "If something ever feels confusing or uncomfortable, you can always come to me."



This approach teaches children that their bodies matter, their boundaries matter, and they are never wrong for speaking up.

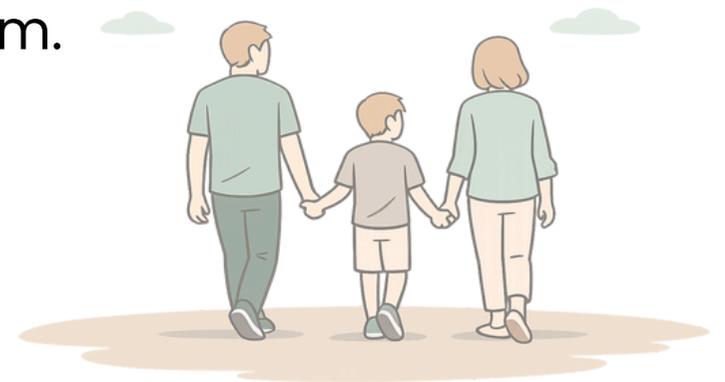
Teaching Clear Body Rules

When kids know their boundaries and what to do in a confusing situation, they're less likely to panic or think they did something wrong. Having clear rules helps them understand that God's design is about protection, not fear.

These body rules shouldn't be a one-time talk. When parents bring them up calmly and often, they start to feel normal and safe instead of awkward. It can happen during everyday stuff: using a tablet, watching a show, or talking about school.

The point is to give kids a simple plan they don't have to overthink.

It reminds them they're not alone and that God puts trusted adults in their lives to help them.



What parents can say:

- “If you ever see something with private parts, you can close the screen, turn the page, or walk away. Then tell a grown-up you trust.”
- “God cares about your safety, and you will never get in trouble for telling.”

When kids hear this over and over, they learn that safety isn't about being perfect; it's about speaking up. These simple rules stick with them as they grow and make harder conversations easier later on.

Building Trust for the Future

For children ages 5–8, trust is built through many small, calm moments. Not one serious conversation they aren't ready for. This is how safety grows, just as God designed relationships to grow.

Children watch adult reactions to decide what is safe to talk about. When parents speak about bodies and boundaries without fear or embarrassment, kids learn that these topics are okay to share.

These early conversations shape what children will do later.

When something confusing or uncomfortable happens, children are more likely to speak up if past conversations felt calm and reassuring. Trust grows when they know they won't be in trouble and that God placed parents in their lives to protect them.

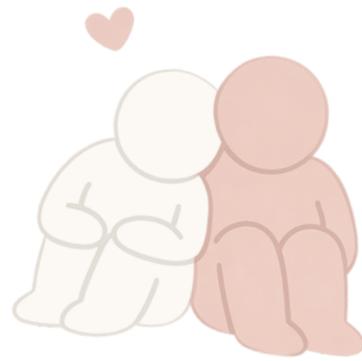
Consistency matters. Repeating simple messages helps children know their parent is a safe place.

What you can say:

- “You didn’t do anything wrong.”
- “You can always tell me.”
- “God gave me the job of keeping you safe.”



Final Takeaway



You don't need to say everything perfectly. For children ages 5–8, what matters most is not the depth of the conversation, but the love and peace they feel through it.

When you talk about body privacy in simple, gentle ways, you are honoring how God designed your child. You are teaching them that their body is a gift from Him. Good, worthy of care, and deserving of respect. You are also showing them that God placed you in their life as a safe guide, someone they can come to without fear or shame.

These early conversations are about helping your child feel protected and secure, just as God intends. The words you use today become the foundation they will stand on when questions grow bigger, and the world feels more confusing.

If your child remembers one thing, let it be this: my parent is a safe place, and God is with me here. That truth reflects God's heart for His children—and it protects them far more than any perfectly worded conversation ever could.

