

LEONA MESISHCHEVA

STUDENT-ATHLETE · COMPETITIVE BOXER · ASPIRING LAWYER



PROFILE

Student-athlete with 13 years in combat sports, team athletics, and academic debate. Amateur boxer on the Golden Gloves circuit, JV soccer and badminton player, and NHSMUN delegate. Brings the same preparation and accountability to a classroom, a podium, and a ring.

EDUCATION

John F. Kennedy High School — Bellmore, NY
Expected Graduation: June 2027

- **GPA:** 3.9 / 4.0
- **Relevant Coursework:** AP Literature, AP US Government and Politics, AP Statistics, AP Psychology, AP Language and Composition, AP Research, AP Seminar, Ap World, College Accounting, and College Virtual Enterprise

HONORS & AWARDS

- 2nd Place — Golden Gloves of America National Championship · 2025
- English National Honor Society
- Social Studies National Honor Society
- NHSMUN Delegation Member · 2026

SKILLS & INTERESTS

- **Languages:** English, Russian (fluent) · Spanish (intermediate)
- **Academic Strengths:** English, Social Studies (AP Capstone track)
- **Interests:** Combat sports, international affairs, reading, reflective writing



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ATHLETICS

Amateur Boxer — Underground Boxing · 2014-Present

- Competes on the Golden Gloves of America circuit, including the Tournament of Champions / regional qualifier in 2025
- Trains 6 days per week under Ilia Mesishchev and Dmitrii Nesterov, combining ring sparring, conditioning, and tournament preparation
- Sanctioned bouts at USA Boxing-affiliated events and regional championships

Junior Varsity Soccer — Kennedy Cougars · 2024-Present

- Defense Midfield · jersey #9

Competitive Ballroom Dance · 2016 - 2023

- Multi-medalist at regional youth competitions in Latin / Standard categories
- Foundation in discipline, performance, and adjudicated competition from age 7

LEADERSHIP & ACADEMIC ACTIVITIES

Editor, Cougar Crier (award-winning school newspaper) · 2025-2027

- Edits student reporting, opinion, and feature pieces; contributes to editorial direction

Delegate, National High School Model United Nations (NHSMUN) — New York, NY · 2026

- Represented Ethiopia in the Commission on Population and Development (CPD), debating Youth Access to Comprehensive Education and Global Inequalities on Birthrates
- Delivered a moderated caucus speech on rural education access; proposed teacher-exchange initiatives later incorporated into a coalition paper
- Selected to deliver remarks at the Committee Session 2 closing plenary

Secretary & Social Media Manager, Students Against Destructive Decisions (SADD)

- Manages club communications and social media presence
- Records meeting minutes and coordinates member outreach

Youth Boxing Coach (Part-Time)

- Coaches children ages 5-13 in fundamentals, conditioning, and discipline

- Academic Tutor (Math & English, Grades 3-5) · [Years]
- Volunteer, Local Synagogue (Elderly Care) · [Years]
- Member — Jewish Student Union (2023-2025), Black Student Union, Cougar Companions, Architecture Club