



# Holy Family Home

*Owned and operated by the Sisters Servants of Mary Immaculate*

Holy Family Home, Inc.  
165 Aberdeen Avenue  
Winnipeg, Manitoba  
R2W 1T9

p 204 589.7381

f 204 589.8605

## **Cook's Helper – Job Posting**

### **Job Summary**

Join our vibrant culinary team as a Cook's Helper, where your enthusiasm and dedication will support the preparation and presentation of delicious meals in a dynamic food service environment. This role offers an exciting opportunity to gain hands-on culinary experience, assist with food preparation, and ensure smooth kitchen operations. You will work closely with chefs and dietary staff to deliver high-quality meals that meet safety standards and customer expectations. If you're passionate about food, eager to learn, and thrive in a fast-paced setting, this position is perfect for you!

### **Responsibilities**

1. Assist the cook with the preparation of:
  - a. Breakfast, lunch, and supper menu items for residents on regular and therapeutic diets, as well as special a la carte items for individual residents as required.
  - b. Menu items for ADP, the Link Cafeteria and SSMI
  - c. Special items for catered events.
2. Together with the cook, plans the cooking schedule so that food is ready as close to meals service as possible.
3. Assists the cook to distribute cooked foods to the proper serving areas at the proper temperature.
4. Inspects and tastes food for quality, making modifications or recommending modifications to the Cook as appropriate.
5. Sets up Point of Service food items for lunch and supper. Actively participates in Point of Service correcting any deficiencies as need be.
6. Maintains care and sanitation of all equipment, storage, preparation, and service areas within the food preparation area. Practices safe and sanitary food handling practices.
7. Assists in keeping within budgetary limits by avoiding excessive costs and waste and by following approved menu.

*To Serve is to Love*



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8. Fills in on a unit in the absence of a diet aide as required.
9. Reports any food shortages, quality concerns, equipment or other problems to Food Service Coordinators/Manager or in their absence the Lead Hand.
10. Partakes in departmental meetings and in-services.
11. Works as a relief cook in periods of short staffing or in the event of an emergency.
12. Adherence to all safety and health regulations and safe work practices.
13. Performs other duties as required.

## Requirements

- Previous experience with a variety of cooking procedures essential; experience in healthcare food services an asset
- Basic knowledge of food handling safety practices and sanitation standards
- Experience with food preparation, cooking, and meal assembly in a restaurant or food industry setting is advantageous
- Familiarity with menu planning and food service operations enhances your ability to contribute effectively
- Strong knife skills for ingredient prep are a plus
- Ability to work efficiently in a fast-paced environment while maintaining attention to detail
- Excellent communication skills and a team-oriented mindset
- Prior experience in fine dining or catering environments is beneficial but not mandatory
- Knowledge of WHMIS
- City of Winnipeg Food Handler's Certificate required

This position is an excellent stepping stone for anyone interested in culinary arts or food service careers. We value energetic individuals who are eager to develop their skills while contributing positively to our team. All roles are paid positions that support your growth in the vibrant world of food service!

**Please send resumes and cover letters to [hr@holyfamilyhome.mb.ca](mailto:hr@holyfamilyhome.mb.ca) by February 27 2026, successful candidate will be contacted directly.**

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