



2026: SACRED HEART RECREATION WORKER: MYROSLAVA

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|--|---|--|
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| 1 10:00 UKRAINIAN DIVINE LITURGY (ALL UNITS, AUDITORIUM) | 2 10:00 EXERCISE CLASS 1:30 ACTIVE GAMES | 3 10:00 EXERCISE CLASS 1:30 SINGING WITH WALTER 6:00 ENTERTAINMENT: SOULSHINE | 4 10:00 UKRAINIAN DIVINE LITURGY 1:30 BOWLING 6:00 PRIZE BINGO | 5 10:00 UKR. ORTHODOX DIVINE LITURGY 10:15 SENSORY PROGRAM 1:30 BINGO 6:00 ENTERTAINMENT: RONNIE P. | 6 10:00 MEGA PRO GAME 1:30 INTERGENERATION CONNECTIONS (ARTS & CRAFTS) | 7 10:00 CHOCOLATE BINGO |
| 8 | 9 10:00 POP-UP DANCE PARTY (AUDITORIUM) 1:30 UKRAINIAN CHOIR | 10 10:00 POLISH ROMAN CATHOLIC MASS 10:00 EXERCISE CLASS 1:30 SINGING WITH WALTER 6:00 ENTERTAINMENT: GEOFF ERICKSON | 11 10:00 UKRAINIAN DIVINE LITURGY 1:30 BOWLING 6:00 TRIVIA NIGHT | 12 1:30 EMILIA'S VALENTINE WORKSHOP ATRIUM 6:00 ENTERTAINMENT: RON MIECHKO | 13 10:00 BINGO 1:30 VALENTINE'S DAY PARTY: DANNY CARROL | 14 |
| 15 | 16 LOUIS RIEL DAY | 17 10:00 EXERCISE CLASS 1:30 SOLOVEYKY 6:00 ENTERTAINMENT: JOHN LWIWSKI | 18 10:00 UKRAINIAN DIVINE LITURGY MOVING TO B - BLDG 6:00 PAINT NIGHT | 19 10:00 CHRISTIAN WORSHIP SERVICE MOVING TO B - BLDG 6:00 ENTERTAINMENT: AGED IN A BARREL | 20 10:00 STATIONS OF THE CROSS (ALL UNITS, AUDITORIUM) RECREATION DEPT. CLEANING DAY | 21 10:00 WARM MUGS & MOVIE FLIX (AUDITORIUM) |
| 22 10:00 UKRAINIAN DIVINE LITURGY (ALL UNITS, AUDITORIUM) | 23 10:00 EXERCISE CLASS 1:30 UKRAINIAN CHOIR | 24 10:00 EXERCISE CLASS 1:30 SINGING WITH WALTER 6:00 ENTERTAINMENT: FILHARMONIC | 25 10:00 UKRAINIAN DIVINE LITURGY MYROSLAVA AWAY 6:00 PRIZE BINGO | 26 10:00 ENGLISH ROMAN CATHOLIC MASS 1:30 BINGO 6:00 ENTERTAINMENT: SOUTHGLEN FIDDLERS | 27 10:00 STATIONS OF THE CROSS (ALL UNITS, AUDITORIUM) 6:00 LADIES AUXILIARY BINGO | 28 |

Notes:

EVERY RESIDENT HAS THE RIGHT TO CARE, TO BE ALLOWED TO SEEK MEDICAL SERVICES NOT AVAILABLE WITHIN THE HOME

Due to circumstances beyond our control, programs are subject to change/cancel without notice. Individual programming takes place per resident need and is therefore not always listed on the calendar