

60-Mile Endurance Race

Safety Brief & Rules

Date: 20 January 2026

Sponsor: United States Army

Location: Camp Shelby, Mississippi

Purpose

This document establishes safety requirements and competition rules for the 60-mile endurance race. The intent is to provide a challenging, competitive environment while minimizing risk to participants, staff, and the installation.

General Safety Guidance

- Participation is voluntary. All participants must assess personal fitness and readiness prior to the event.
- Medical screening or commander clearance is strongly recommended prior to race day.
- Participants will comply with all instructions from race officials, safety personnel, and medical staff.
- Any participant experiencing injury, illness, or unsafe conditions will immediately notify race staff.

Environmental & Terrain Hazards

- Participants should expect uneven terrain, sand, gravel, mud, and limited lighting conditions.
- Weather conditions may include cold, rain, fog, or high humidity.
- Wildlife and insects may be present. Avoid contact and report hazards immediately.

Hydration & Nutrition

- Participants are responsible for maintaining proper hydration and nutrition throughout the race.
- Hydration points will be established along the route. Carrying personal hydration systems is recommended.
- Failure to hydrate adequately may result in medical removal from the race.

Medical Support & Injuries

- Medical personnel will be available at designated locations and the finish area.
- Race officials may remove any participant deemed medically unsafe to continue.
- Emergency evacuation procedures will be coordinated through on-site medical teams.

Race Rules

- The race distance is 60 miles. Participants must follow the designated route.

- Shortcuts, course deviation, or outside assistance are prohibited.
- Bib numbers must be worn and visible at all times.
- Unsportsmanlike conduct or failure to follow instructions may result in disqualification.

Drop-Out & Accountability Procedures

- Participants who withdraw must report to the nearest checkpoint or race official.
- Failure to properly check out may trigger search and accountability procedures.

Risk Acceptance

By participating, individuals acknowledge the inherent risks associated with endurance events and accept personal responsibility for safety, health, and compliance with all rules.

Race Director Signature: _____ Date: _____