

# 60-Mile Endurance Race Safety Brief & Rules

**Date:** 20 January 2026

**Sponsor:** United States Army

**Location:** Camp Shelby, Mississippi

## Purpose

This document establishes safety requirements and competition rules for the 60-mile endurance race. The intent is to provide a challenging, competitive environment while minimizing risk to participants, staff, and the installation.

## General Safety Guidance

- Participation is voluntary. All participants must assess personal fitness and readiness prior to the event.
- Medical screening or commander clearance is strongly recommended prior to race day.
- Participants will comply with all instructions from race officials, safety personnel, and medical staff.
- Any participant experiencing injury, illness, or unsafe conditions will immediately notify race staff.

## Environmental & Terrain Hazards

- Participants should expect uneven terrain, sand, gravel, mud, and limited lighting conditions.
- Weather conditions may include cold, rain, fog, or high humidity.
- Wildlife and insects may be present. Avoid contact and report hazards immediately.

## Hydration & Nutrition

- Participants are responsible for maintaining proper hydration and nutrition throughout the race.
- Hydration points will be established along the route. Carrying personal hydration systems is recommended.
- Failure to hydrate adequately may result in medical removal from the race.

## Medical Support & Injuries

- Medical personnel will be available at designated locations and the finish area.
- Race officials may remove any participant deemed medically unsafe to continue.
- Emergency evacuation procedures will be coordinated through on-site medical teams.

## Race Rules

- The race distance is 60 miles. Participants must follow the designated route.

- Shortcuts, course deviation, or outside assistance are prohibited.
- Bib numbers must be worn and visible at all times.
- Unsportsmanlike conduct or failure to follow instructions may result in disqualification.

### Drop-Out & Accountability Procedures

- Participants who withdraw must report to the nearest checkpoint or race official.
- Failure to properly check out may trigger search and accountability procedures.

### Risk Acceptance

By participating, individuals acknowledge the inherent risks associated with endurance events and accept personal responsibility for safety, health, and compliance with all rules.

Race Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_