

## Truth in Freedom and Freedom in Truth

The damp walls were closing in on him, and the cold floor kept him awake. The cell was small and dark, and the small lamp that was swinging from the ceiling didn't make much difference. Dov Schperling was locked in solitary confinement inside the camp for refusing forced labor during a Jewish holiday<sup>1</sup>. His freedom was taken from him because of the "crime" he committed against communist Russia, and he was imprisoned in a soviet concentration camp in Siberia, with his friend Yosef Schneider and others, for two years<sup>2</sup>.

His "crime" amounted to distributing information about the state of Israel and his desire to leave the Soviet Union and join the Jewish nation that was re-established after the holocaust. Because he expressed his wish to return to the land of his forefathers, his freedom was taken away from him, and he was forced to spend two long years in the gulag. After his release from the prison camp, Dov Schperling managed to immigrate to Israel with his mother, there he continued to fight for the release of soviet Jewry.

Joseph son of Jacob was imprisoned in the Egyptian jailhouse. His "crime" was refusing to betray his employer- pharaoh king of Egypt. He refused the reoccurring indecent proposals from pharaoh's wife, and she reacted by lying and claiming he tried to rape her. Joseph's freedom was taken away from him because of a lie - as a result of pharaoh's wife's libel, and he was imprisoned in the Egyptian jailhouse for two years.

After two long years in the Egyptian prison, Joseph interpreted pharaoh's dream, thus re-establishing his wisdom and character and was appointed to a high position by the king's side. Years passed and the pharaoh passed away along with Joseph, and the fear, hatred and racism toward the people of Israel increased. The Egyptians enslaved them for many

---

<sup>1</sup> "Dov Schperling", Wikipedia, [https://en.wikipedia.org/wiki/Dov\\_Schperling](https://en.wikipedia.org/wiki/Dov_Schperling)

<sup>2</sup> "Yosef Schneider", Angelfire, [http://www.angelfire.com/sc3/soviet\\_jews\\_exodus/English/POZ\\_s/POZ-57.shtml](http://www.angelfire.com/sc3/soviet_jews_exodus/English/POZ_s/POZ-57.shtml)

generations, until a great leader arose, a warrior for freedom and justice named Moses, who lead the people to freedom, and set new moral laws against slavery, for justice and freedom.

The will for superiority and control over other people is an egoistic and destructive tendency, which is described and warned against in many stories, from Cain and Able to the historical reality that we are experiencing today. One of the most effective methods, used by the greedy and power-hungry, to cancel the rights and freedoms of the masses, is to hide the Truth, and to present lies as Truth, using various propaganda methods, thus causing people to give up their rights willingly. When doing this, they need to silence other voices and opinions and suppress their freedom of expression, whether directly or by using methods of ridicule and social shaming, and by managing or hiding [banning/shadow-banning<sup>3</sup>] their (online) content [on Social Media etc.]. One of the most important tests for all people, and for leaders in particular, is how a powerful person uses his/her power over the powerless. To pass the test means that even in the extreme scenario where a person or a group has absolute power over another person or minority group, still the powerful choose to acknowledge and protect the rights of the powerless.

Without twisting the Truth one cannot land a severe blow to freedom [and oppress the masses], and when there is a severe blow to freedom [freedom of expression & information], the ability to discover and know the Truth is severely impaired. Expressing different opinions and criticizing currently held opinions that are in consensus- an error checking and correcting system, is essential to the development of wisdom, science and knowledge, and to endeavor to know the objective Truth. Therefore, protecting freedom is essential to knowing and protecting Truth. Thus the values of Truth and freedom are forever connected and bound together. Without [Truth-Freedom], it is not possible to have justice, because in order to make just decisions one needs to have a wide view of reality- a

---

<sup>3</sup> "Shadow banning", Wikipedia, [https://en.wikipedia.org/wiki/Shadow\\_banning](https://en.wikipedia.org/wiki/Shadow_banning)

wide knowledge of Truth, and this view is only possible if there is broad freedom of information and expression. Hence, we have a holy triangle of basic values that are reliant and built upon one another: Truth-Freedom-Justice. If one side is damaged or falls, the other values will follow.

## 1. What is Freedom

### A. Who has the right to decide upon the limits of our freedom?

When a baby is born, it needs to be fed and taken care of, in order for the baby to survive. From the moment we arrive in this world, a substantial part of our freedom is [so to speak] taken from us, but this is done for our own good. When we grow up and become more independent, we have more choice and freedom, but this too is limited and relative freedom, which is set by our surroundings and society. As portrayed in the hunting metaphor<sup>4</sup>, freedom is also self-regulated in the form of self-discipline and repression of passing impulses and desires. In a material- physical world, there is no absolute freedom.

### B. Freedom according to Judaism

Freedom is a fundamental value to the religion that helped spread monotheism around the world- Judaism. According to Judaism, human beings were born in “the image” of the one God. It follows that there is a sublime part of the human being that is related to the creator. Consequently, every human being is entitled to respect and basic rights. In Hebrew, the word ‘liberty’ [חירות] is derived from the grammatical stem [ח"ר], which is the source of the Aramaic word meaning ‘nobleman’ / ‘lord’ or ‘free man’ [חור]. Every human being is, in a basic way, a ‘nobleman’, has honor, importance and value, and every human being deserves to have basic rights and to be a free.

The fifth commandment given to Moses pertains to the keeping of the seventh day of rest- the Shabbath. On the one hand, this commandment limits the freedom to work, but on the

---

<sup>4</sup> Berlin, Isaiah. Four essays on liberty, (1969), Oxford University Press.

other hand it protects the social right of every citizen, non-citizen and even animal, to have at least one day of rest every week, and it limits the power of the rulers and state to force continuous labor on the people. Another revolutionary innovation brought by Judaism was in the form of rules that limit slavery, prohibit forced labor and bad treatment of workers, and command to set slaves free after a set period, if they wish to be released.

## 2. The Limits of Freedom: Values vs Laws

*Regulations and laws are temporary, Truth and values are eternal*

### A. Systemic limits: State and society

*"The ultimate aim of government is not to rule, or restrain, by fear, nor to exact obedience, but, contrariwise, to free every man from fear..."*

*In fact, the true aim of government is liberty." Spinoza<sup>5</sup>*

In societies with more equality [democracies] the majority rules over the minority, under the assumption that this will lead to a happier and more balanced and fair society. The imposition of authority over minorities is permissible, but must be done gently and cautiously, while striving to protect and maintain their rights and their freedom. Nevertheless, it is forbidden [morally] to impose authority and repress minorities spiritually and mentally. Often the less fashionable but the more honest and Truthful opinions are not found in the midst of the ruling majority, but in the midst of the [lonesome] minority. It is imperative to protect the freedom of expression, of information and other rights of minorities, and to protect and listen to the opinions of individuals. The thoughts and opinions of a certain minority, though unpopular, can in some cases be the last hope and light toward a path of peace, Truth, freedom, justice and compassion. Furthermore, protecting the freedom of opinion and expression help protect the Truth,

---

<sup>5</sup> Baruch Spinoza, "Theological-Political Treatise", 1670, Chapter 20, viewed in "Wikiquote": [https://en.wikiquote.org/wiki/Tractatus\\_Theologico-Politicus](https://en.wikiquote.org/wiki/Tractatus_Theologico-Politicus)

because the Truth can easily be hidden in sources of prejudice, collective thought patterns [group think] and dogma<sup>6</sup>. History shows us that one of the warning signs of the imminent collapse of a nation, is a deterioration in its treatment of minorities. According to the French political scientist Tocqueville, who travelled to the United States during the 19<sup>th</sup> century, one of the measures of the greatness of a nation is its ability and willingness to solve social problems patiently and nonviolently. Furthermore, Tocqueville stated that the greatness of the United States lies in its ability to self-correct its errors<sup>7</sup>. An error checking and self-correcting ability, relies on openness, the freedom to express different opinions, and on the freedom to criticize prevalent opinions.

In our society the freedom of the individual is usually suppressed when the activity hurts other people. In the micro-view, amid interpersonal situations, this rule is valid, but in the macro-view, when financial [and other] interests of corporations and other groups come into play, this rule tends to lose its validity. For example, our roads are still open [freedom of movement and employment] even though millions of people, including pedestrians, are injured and die every year from automobile accidents. Another example is in the dangerous substances [pharmaceuticals, food and drink etc.] that are sold freely to the public although some of them cause health and psychological problems, and increase the prevalence of road accidents and violence [alcohol]. Another example is the deadly effects of cigarette smoking. Every year, about 1,700,000 people die of lung cancer in the world. Smoking is responsible for more than 80% of these cases [1.4 million deaths]<sup>8</sup>. And although passive smoking [outdoor and in private homes] is also dangerous and deadly,

---

<sup>6</sup> Mill, John Stuart. 1859. *On liberty*. London: John W. Parker and Son, West Strand.

<sup>7</sup> Tocqueville, Alexis de, 1805-1859. *Democracy In America*. New York :G. Dearborn & Co., 1838.

<sup>8</sup> Alice Miles, "What is the Percentage of Lung Cancer Caused By Smoking", Cancer Oz, February 15,2017, <https://www.canceroz.com/2017/02/what-is-percentage-of-lung-cancer-caused-by-smoking.html>

there are no fines for smoking outdoors, selling cigarettes is legal and there are no limitations on [adult] individual rights of usage, apart from basic [relatively new] regulations against smoking in public indoor spaces. It would be naïve to think that this is the situation only because the legislators are looking after our rights. In these examples there are giant monetary incentives and interests of companies, and individuals with great financial and political power and leverage. Considering all of this, it is imperative that when a certain government or ruler is quick to cancel a basic human right, for the sake of “public health” or any other excuse, to not simply accept it, to check and research the situation thoroughly, and if needed to fight for the rights and freedom of the people.

*“The more laws are promulgated, the more thieves and bandits there will be.” Lao Tzu*

Every one of us can easily become an “outlaw”, the more the regime takes away our rights and enacts laws and regulations. According to Henry David Thoreau, the best government is that which governs least, or not at all. Meaning, governmental intervention in issues regarding the individual should be minimal, and violation of civil rights should be avoided. Furthermore, Thoreau states that it is desirable to cultivate respect for doing what’s morally right, and not so much for the law<sup>9</sup>. We need to educate for the respect of [eternal] values, much more than blind respect for [temporary] laws. In human history, there have been cultures and countries where the law commanded people to worship and bow down to statues and sacrifice their children to idles, from fear of their ‘wrath’ causing bad weather and plagues. Throughout our history, there are many examples of unjust laws, their rationalization based on lies, which lead to crimes, murder and needless wars.

*“Where there are no people, strive to be a person.” Hillel the old, Mishna 5, Chapter 2*

---

<sup>9</sup> Thoreau, Henry David. 1963. *On the duty of civil disobedience*. London: Housmans.

## B. Truth vs Lies, Freedom vs Slavery: Examples

*“Those who would give up essential liberty to purchase a little temporary safety, deserve neither liberty nor safety.” Benjamin Franklin<sup>10</sup>*

Throughout history, governments, and other power-hungry groups and individuals, often attack, deny and distort the Truth, and use lies in order to rationalize violating human rights so as to gain control over ‘the masses’. When citizens lose their ability to distinguish between fact and fiction, Truth and lies, they become easy prey for totalitarian rule<sup>11</sup>. An efficient way to prevent the power-hungry from deceiving naive people and mobilizing the masses for their egoistical interests, is to enhance people’s ability to distinguish Truth from lies: Educate people to think independently and critically, and teach people to recognize logical fallacies and different manipulations that are used against them [manipulations that often make use of social and mass media technology]. Moreover, it is very important to educate for absolute, primary, and sacred moral values; Moral values that predate and overrule the idea of obeying authority, laws and temporary regulations. Even when a ‘state of emergency’ is declared, taking away a human right has to be done with great care and jurisprudence, and as a last resort. Citizens must demand that the government define a clear time frame during which a right will be limited, and precise terms, which when they are met, the civil right will be re-instated immediately.

*It’s easy to lose our rights, but much harder to regain them.*

Governments and authorities often make use of fear, as a tool of oppression that limits freedom, for the sake of gaining maximum control over a population. Fear is the major counter-force to freedom. Life demands caution, which is necessary and beneficial to

---

<sup>10</sup> Benjamin Franklin, “An Historical Review of Pennsylvania, from its origin, etc.”, 1759

<sup>11</sup> *Arendt, Hannah, 1906-1975. The Origins of Totalitarianism. New York: Harcourt Brace Jovanovich, 1973.*

survival, but exaggerated fear that controls our mindset, is a negative and oppressive force. Sowing fear is actually an agent of terror that provides an excuse to control the populace, and is oftentimes propagated by distorting the Truth, and spreading lies and propaganda [about a distant 'enemy' or invisible threat].

*"Blind belief in authority is the greatest enemy of Truth." Albert Einstein<sup>12</sup>*

### Concentration camps in China

The terror attacks of 9.11.2001, gave the American government a reason to limit basic civil rights<sup>13</sup> [which were fully restored only after 14 years, in 2015]. Following the attacks, the Chinese government began to take action against the Uyghur Muslim minority in China, using the excuse that the Uyghurs uphold active ties to terrorist organizations<sup>14</sup>. Although it is possible that a few radical elements in the Uyghur population held ties to terrorist organizations such as Al-Qaida, this is a very small minority and cannot explain nor justify the full-fledged racist prosecution by the government, which according to foreign sources, forcibly transported about a million Uyghurs to "re-education" camps-concentration camps. In these camps they suffer torture, and mass murder, including 'organ harvesting' for the monetary gain of organ trafficking [which is also committed against the Chinese practitioners of the spiritual practice of Falun-gong]. Using a false and racist generalization about a whole ethnic group in the population, the authoritarian Chinese government provided an excuse [a rationalization] for its efforts to create a homogenous socialist society, while subverting the liberties and basic rights of the minority.

---

<sup>12</sup> Frank Steiner, "Albert Einstein: Genie, Visionär und Legende", Springer Science & Business Media, 2005, p.65 "Autoritätsdusel ist der größte Feind der Wahrheit."

<sup>13</sup> Brian Duignan, "Usa Patriot Act", Encyclopedia Britannica, inc. , October 17, 2019, <https://www.britannica.com/topic/USA-PATRIOT-Act>

<sup>14</sup> Castets, R. (2007, 01 17). The Uyghurs in Xinjiang – The Malaise Grows .

Retrieved from China Perspectives [Online],: <http://journals.openedition.org/chinaperspectives/648>

*The road to hell is taken one step at a time,  
and many times the first step is limiting the basic liberties of the individual*

## World War II and the Holocaust

In 1941, two weeks after the Japanese attack on Pearl Harbor, the 'first war powers act' was signed and put into law by President Roosevelt. The act gave the president the right to censor information, journalist media and any communication between the US and foreign countries<sup>15</sup>. Three months later, the second war act was put into law, which gave the state authority to confiscate private land for military needs, gravely impairing the right to property. Furthermore, the act severely undermined the right to privacy, by canceling the confidentiality of census data, which allowed the FBI to use this data against the Japanese minority in the west coast.

In February of 1942, President Roosevelt issued executive order 9066, which gave military commanders the authority to prescribe certain areas as military zones and transfer any person to these areas. This order provided a legal mandate for the relocation and internment of about 110,000 Japanese Americans in concentration camps, under the [false] pretext that these civilian men, women and children pose a threat to national security<sup>16</sup>. Attempts to justify this claim included the use of lies and misrepresentations of the Truth, such as a report by Lt. General John L. DeWitt, leader of the Western Defense Command, which contained known falsehoods, such as claims of Japanese civilians committing sabotage, which were later revealed to be the result of cattle damaging power lines<sup>17</sup>. The

---

<sup>15</sup> "War Powers Act of 1941", Wikipedia,  
[https://en.wikipedia.org/w/index.php?title=War\\_Powers\\_Act\\_of\\_1941&oldid=928648561](https://en.wikipedia.org/w/index.php?title=War_Powers_Act_of_1941&oldid=928648561)

<sup>16</sup> "Internment of Japanese American", Wikipedia,  
[https://en.wikipedia.org/wiki/Internment\\_of\\_Japanese\\_Americans#Advocates\\_and\\_opponents\\_of\\_U.S.\\_concentration\\_camps](https://en.wikipedia.org/wiki/Internment_of_Japanese_Americans#Advocates_and_opponents_of_U.S._concentration_camps)

<sup>17</sup> "Japanese Internment Camps", History.com, Feb. 21, 2020, <https://www.history.com/topics/world-war-ii/japanese-american-relocation>

forced incarceration was done during a time of growing racism towards the Japanese American population that suffered from hatred for many years before the war, which stemmed from jealousy over their trade-based financial success [which is reminiscent of similar instances of jealous-induced hatred of minorities that worked hard and gained financial success, such as the Armenians in Turkey and the Jews in Germany]. The conditions in the internment camps, which were hastily built on barren lands, were harsh, and apart from the loss of basic rights and freedom, many of the detainees lost their sources of income, their businesses and in some cases even their loved ones.

While citizens of Japanese descent were unjustly imprisoned in internment camps in America, Polish, Hungarian and German citizens of Jewish descent were being unjustly imprisoned in concentration camps in Europe. Despite the overwhelming imbalance of power between the deadliest army of the 20<sup>th</sup> century, and a non-armed, stateless minority, the Nazis still persisted to use the foul weapon of the lie throughout the entire process, from persecution and revoking the Jew's rights, and up until their murder. The Nazis used pseudo-science based on over-simplification and a one-sided interpretation of Mendelian heredity theory<sup>18</sup>, as well as eugenics and ideas about racial superiority, and the malformed idea of social Darwinism<sup>19</sup> [which supported 'jungle law' - where only the strong survive and the idea of human compassion toward the weak is eradicated], as an ideological basis for revoking the rights of the Jews and other minority groups.

Lies, inflating data concerning Jewish businessmen, and falsely blaming them [scapegoating] for the post-WWI financial crisis, whilst using old anti-Semitic lies and libels, such as 'The Protocols of the Elders of Zion', were used by the Nazis as an excuse

---

<sup>18</sup> Teicher, A. (2020). *Social Mendelism: Genetics and the Politics of Race in Germany, 1900–1948*. Cambridge: Cambridge University Press.

<sup>19</sup> "Social Darwinism", Wikipedia, [https://en.wikipedia.org/wiki/Social\\_Darwinism](https://en.wikipedia.org/wiki/Social_Darwinism)

to close down Jewish shops and businesses, to prohibit commerce between Jews and non-Jews, and take away other basic liberties from Jewish people. The freedom of movement of the Jews was revoked during the process of racial segregation, isolation and their imprisonment in ghettos. Throughout this process, the Nazis never abandoned their favorite writhing weapon of evil in the form of the lie, to sow false hope, telling the Jews that the internment was intermittent. The next step to ruin was the process of deportation from the ghettos, and transportation to the death camps. The lie that was used this time to prevent any form of possible resistance from the starving Jews, was of "resettlement" in better areas that will also provide opportunities for work [a cure for hunger]. The Nazis were so vile and cowardly, that even during the last moments before they murdered innocent men, women and children, they lied to the victims when they lead them to gas vans [*"a transport to another camp"*], and to the gas chambers [*"disinfection and bathe"*]. By masking the Truth and using the wretched lie as a weapon of war, the Nazis uprooted the basic human rights of the Jews, finally stealing their most fundamental right of all- the right to live.

In an antithetical and lesser known historical event, the lie was used to save innocent lives [the only moral reason that justifies its use]. In 1943, doctors in an Italian hospital made up an imaginary virus that caused a fictional disease named K-Syndrome. The Nazis were so afraid of the fake virus that they wouldn't go near the hospital, and so the doctors succeeded in saving Jewish refugees that were hiding within<sup>20</sup>.

The human spirit refuses subjugation. In spite of the devastating power of the Nazi extermination machine, and their continuous use of wicked lies, the weakened Jewish civilian minority, with no army or state of its own, still found the will power and courage to resist and fight for freedom. The Jews rebelled while under terrible conditions of starvation and exhaustion, inside the epicenter of man-made hell in the form of

---

<sup>20</sup> Francesco Buscemi, "K Syndrome, the Disease that Saved", History Today, Vol. 69, Issue 3, March 2019, available at: <https://www.historytoday.com/history-matters/k-syndrome-disease-saved>

concentration camps [rebellions were carried out in Buchenwald, Treblinka, Sobibor and Auschwitz<sup>21</sup>]. The greatest Jewish revolt during the Holocaust was the Warsaw ghetto uprising, which was possibly the most daring and heroic struggle for freedom, under the worst conditions, and greatest force discrepancy, in human history<sup>22</sup>.

### 3. The Fundamental Truth in Freedom

In my understanding and realization there are three fundamental values [that have a metaphysical origin, not unlike Plato's 'forms'-'Ideals'<sup>23</sup>], which form the basis for life:

The first and most fundamental value is Truth. The will and endeavor to know the Truth and to live in the path of Truth. Freedom is a secondary (or less fundamental) value, but it is connected inseparably to Truth. Hurting the integrity of Truth, will damage the integrity of freedom, and harming the integrity of freedom will damage the integrity of Truth.

The second fundamental value [which connects between the first and third values] is Will Power-Effort. The freedom and right to choose enables the expression of will power. According to the symbolic story of Genesis, after man ate from the fruit of the tree of knowledge, his awareness-his consciousness expanded and he received the right and the burden to choose between good and evil. The right and obligation to strive for the Truth and for the good demands effort and will power. In order to uphold the values of Truth and freedom, it is sometimes necessary to descend into hell [metaphorically] and do battle [wisely] in Satan's courtyard. In order to express the value of will power, it is necessary to have freedom. If there is no real freedom, then we don't have the opportunity to choose the

---

<sup>21</sup> "JEWISH UPRISINGS IN CAMPS", United States Holocaust Memorial Museum, <https://encyclopedia.ushmm.org/content/en/article/jewish-uprisings-in-camps>

<sup>22</sup> Erin Blakemore, "How the Warsaw Ghetto uprising Inspired Rebellion in a Nazi Death Camp", Oct. 19, 2018, <https://www.history.com/news/holocaust-treblinka-uprising-facts-warsaw-ghetto>

<sup>23</sup> Plato, "The Timaeus of Plato", translated with a running commentary by Cornford, Routledge, 1937

good and to struggle and exert effort to do the right-moral thing, and improve ourselves [the great struggle with the 'self' - the great Jihad (Jihad Al Akbar/ Jihad Al-Nafs)<sup>24 25 26</sup>]. Meaning, if there is no freedom- [there is no right to choose, and if there is no choice] there is no real morality, only a blind and binding following of rules and regulations.

Aside from the value of will power-effort-struggle, there is the natural free will that is present in every living spirit. Curiosity, the desire to broaden one's life experience and knowledge, and the will to be free, are expressions of the spirit of free will that is ingrained in all life. This spirit aspires for freedom of thought and expansion of personal experience, which bring about an expansion of consciousness and connection with others and the universe. The free spirit is apparent in the behavior of intelligent animals such as a dog, whose spirit hasn't been suppressed and is still accustomed to behave in a natural way, and in a human child [or adult] that has refused to repress himself, and still allows himself to breathe easy, exhibit his inner-self [his subconscious], and express himself naturally and with no mask.

In order to be a free builder and a free creator, one must first be a free thinker. In a place that has freedom and openness instead of oppression and fear, there is creativity and progress; progress that is reached by sailing on the wings of imagination and flying on beams of light. A central way for the will to manifest itself is thru self [existential] expression and the fulfillment of potential. Since every person is born in 'the image' of God, and every person is special and unique, if their freedom is suppressed, there is a risk of losing their unique and personal expression [or 'message']; an expression that will never again return.

---

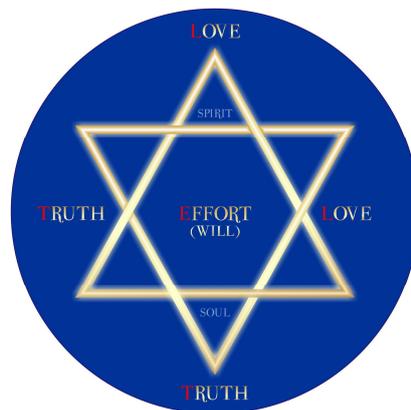
<sup>24</sup> "Jihad al-Nafs", Quran Explorer, <https://www.quranexplorer.com/blog/Education-In-The-Light-Of-Sunnah-And-Qura'an/Jihad-Bin-Nafs>

<sup>25</sup> "The Greatest Jihad", February, 2013, <https://greatestjihad.wordpress.com/tag/islam/>

<sup>26</sup> Sharif, Surkheel, "Jihad al-Nafs: the Greater Struggle", 2006.

*" When I let go of what I am, I become what I might be. " Lao Tzu* <sup>27</sup>

The third fundamental [highest] value is Love-compassion. This value necessitates a certain level of closeness and exchange of energy between living beings. When freedom and liberties are suppressed, Love and compassion between people is repressed. Furthermore, the loss of liberty oftentimes gives rise to social distancing, and because we are very social creatures, this causes psychological harm and grief. Living beings, and mostly intelligent [social] living beings, strive for closeness, affinity, for communication and the exchange of energies. When this want is stifled, the living being suffers psychologically, as well as physiologically, emotionally and spiritually.



### Conclusion: Truth in Freedom and Freedom in Truth

The [basic] Truth in freedom is that freedom is a just fundamental right of every human being. Moreover, freedom is a value that is connected to, and necessary for upholding of the three fundamental-higher values and other values such as justice and peace. If we don't guard the Truth in an active and serious manner, there will be no freedom, and if we don't guard freedom in an active and serious manner, there will be no Truth. For those of us that were raised in relative comfort and freedom, and so do not fully understand what is the

---

<sup>27</sup> Lao-Tzu, "Tao Te Ching", scared-texts.com, <https://sacred-texts.com/tao/taote.htm>

meaning of losing our freedom and liberties, it is advisable to learn from our past, from the suffering and hardships that our forefathers and humans throughout history have been thru, from the slaves of ancient Egypt, to those that still toil in concentration camps.

We, the human race, have a long path ahead of us, we have such a long road to pass. The main and difficult way, the way of Truth, goes not by technological advancement and controlling nature and matter. This is not the goal, this is just an instrument of reaching the goal. The proof for technology and materialism being only a means to a higher end is that by themselves alone they possess no intrinsic moral value. A knife lying on the table can be used to make a salad, or in an extreme case, can be used as a weapon to commit a violent act. Likewise, money is devoid of moral value until it is used, and its moral value is set only by the way it is spent. Thus matter and technology are not fundamental-essential, and are not the purpose, but the instrument.

The true way is to reach a greater understanding of one another, that of knowing and sharing, of mutual support, with a full way of communication, free from egoism and other forms of separation. If we can reach a place where suffering of one of us leads to an urgent response, out of genuine compassion and caring for those around us, then we can realize our potential and essence fully and freely. When we evolve to a place where suffering of even the smallest, non-human creature somewhere at the edge of the road, will elicit a quick and effective response that will bring upon healing- then we would have proven our worth and our values. Matter, technology are instruments. To control matter is a secondary objective, which acts as a means for higher, more spiritual objectives.

Inanimate matter is as an instrument in the hand of the creator, and it is in our ability to control it and to use it as we need. **The spirit on the other hand, the human spirit, the spirit of all living creatures, does tolerate control, and is meant to fly free thru the stars to infinity.**