

Family Culture Worksheet

Taking Charge Means Leading Before the Moment

Real authority is decided ahead of time. It quietly establishes the tone of the home, the boundaries that protect it, and the values that shape it. Then, when problems arise, there is no panic or explosion — only calm enforcement.

Many parents think “taking charge” means being stricter or louder when something goes wrong. But reaction is not leadership — it’s frustration.

Children don’t need intense parents. They need steady ones. Authority isn’t force. It’s clarity and consistency. Authority is calm. Lead before you correct.

Unless we choose our home’s culture, it will be chosen for us. This fillable worksheet for parents is designed to be completed together at a table or seminar. Use it to design the culture of your home on purpose. (Use the back of the worksheet or extra space as needed.)

1. What kind of home do we want to build?

(Circle or write words that describe your desired atmosphere)

Peaceful / Joyful / Respectful / Faith-filled / Responsible / Honest / Loving / Orderly / Safe

Other: _____

Our top 5 words:

1. _____
2. _____
3. _____
4. _____
5. _____

2. What behaviors must always be present in our home?

Examples: Speak respectfully / Tell the truth / Obey promptly / Help with chores

Our non-negotiables:

1. _____
2. _____
3. _____
4. _____

3. What behaviors will we not tolerate?

Examples: Lying / Disrespect / Violence / Using profanity / Defiance / Doing “end runs” around Mom or Dad to pit them against each other or get what you want

List:

1. _____
2. _____
3. _____
4. _____

4. What are the predetermined consequences?

(Decide now — not in the heat of the moment)

Behavior → Consequence

1. _____ → _____
2. _____ → _____
3. _____ → _____
4. _____ → _____

5. How will we stay unified as parents?

We agree to:

- Develop and communicate expectations and consequences in advance
- Back each other publicly
- Discuss disagreements privately
- Stay calm when correcting
- Be consistent
- Pray together regularly

Other commitments:

6. Our Family Statement

Complete this sentence:

“In our home, we _____
because we believe _____.”

Post this somewhere visible.

Final Reminder

Children thrive where leadership is calm, clear, and consistent. **Don't react. Lead.**