

Pre-Tan Grooming Guide

A natural-looking tan starts with preparation. This guide walks you through the essential grooming steps to ensure your self tanning mousse applies evenly and fades naturally.

1. Exfoliate 24 Hours Before Tanning Remove dead skin cells to prevent patchiness and uneven absorption.
2. Focus on High-Friction Areas Hands, wrists, elbows, knees, ankles, neck, and beard line.
3. Choose the Right Exfoliation Method Use physical exfoliation for the body and chemical exfoliation for the face.
4. Moisturize Lightly After Exfoliating Use an oil-free moisturizer and allow skin to settle for 24 hours.
5. Apply Self Tanner on Clean, Dry Skin Avoid deodorant, cologne, or oils prior to application.

Prepared skin delivers a refined, natural tan that looks intentional—not applied.