

# What is



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Leading non-profit focused on suicide prevention and crisis intervention for LGBTQ+ youth (13-24) and the first LGBTQ+ crisis hotline, established in 1998.

**Free, Confidential, 24/7, all year round crisis services**



**Call**

1-866-488-7386



**Text**

Text **'START'** to  
**678-678**



**Chat**

Visit their website

If you or anyone you know is struggling, please reach out. They do more than crisis calls.



[Link in the Caption](#)