

FREE!

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*** WEEKLY ***

* GUELPH'S OFFLINE ALT-WEEKLY * FREE EVERY THURSDAY *



The best of what's happening every week here in Guelph

* and * SHEBAD are looking to party *

* SHOWLAB offers youth education * The Yeah Trade hits Sunny Acres *

* plus *Construction Congestion affects Guelph Restos *

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Issue 007 - June 11 2026

Hello again and thanks for another week of readership. Last week's issue felt like a minor milestone with the special edition print and a cover story directly from the very first hotline tip the weekly ever received. Thanks again to Reasonable Ink for the print and M. for the voicemail.

This past week had me nostalgizing about those last few weeks of school when you're a young person heading into the Summer. I had been laying out the story options for this week's issue and I had realized I had inadvertently created the first issue of net with some focus on young(er) people.

A favourite amongst local students, SHEBAD, reached out to talk about a party they're throwing this Friday before a Summer on the road, we spoke with project lead Em about a great free program for youth aged 14-18 starting soon in our city, and we highlight The Yeah Trade - an environmentally minded project led by local high school students. To round out the issue, our food writer, G.G encourages you to venture downtown to try something new this summer.

As much as net can be a valuable "what do you want to do this weekend"-style resource, I also want to make sure that the person I was at sixteen or seventeen years old sees something worth doing or reading between the covers of this weekly as well.

While skimming these pages on the bus, on a bench, waiting for your pizza or sitting at the bar take a moment to remember what those last few weeks of school felt like. The possibilities of your neighbourhood seemed endless now that the weather was nice and you had the time. The days ran forever. Everything the winter killed or covered was in full view and at its most-most.

Have a great week,
Michael, *net*

LA POCHE

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GRETAs Guelph Recognition of Excellence in The Arts



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NET WEEKLY GUELPH

Michael K Newton - Founder/Many Things
G.G. Ill - Food

Tori Maas - Cover illustration adapted from
'Dancing Nonstop' single art by Ruby Burns

Made by real people.
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Available at the following fine locations :

10C, Art Not Shame, Beat Goes On,
Bonza Pizza, The Cornerstone, Diodode,
The Dragon, Double Rainbow Cafe, Guelph Music,
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Stag Shop, Sonic Hall, Three Pieces and Two Faces

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trying to help you stay off your phone
just a little bit more since April 30th 2026.

Ecological & Heritage Walking Tours, hosted by OPRIG Guelph 9-11AM/FREE, Royal Recreational Trail, 116 Gordon

Silence Jazz Jam house band followed by open jam 630 / \$10 PWYC **Silence**, 46 Essex St

Open Mic for musicians, comedians, poets and more - 10pm - no cover - 19+ - **Jimmy Jazz** 48 Macdonell St. ••

--- MONDAY JUNE 15 ---

Creative Co-Working, free third space coworking drop in, 10am - 4pm - **Art Not Shame**, 119 Wyndham St. N. ••

Guelph Jazz Society Drop In Parade Band, b.y.o instrument or borrow one, 6:30PM , S.E Corner of **Exhibition Park** ••

Cornerstone Jazz Jam with the house band, join or listen, 6PM / PWYC **The Cornerstone**, 1 Wyndham St

Open House/Makers Meetup - 8PM - **Diyode Community Workshop**, 700 York Rd. ••

--- TUESDAY JUNE 16 ---

Ecological & Heritage Walking Tours hosted by OPIRG 6PM / FREE **Royal Rec Trail**, 116 Gordon St.

CBL Baseball Action with the **Guelph Royals** hosting **Chatham-Kent Barnstormers**, 7:05/\$12 **David E Hastings Stadium**, 70 Division St

Trivia with *Aaron Dale* 10PM - no cover - **The Jimmy Jazz**, 48 Macdonell St. ••

--- WEDNESDAY JUNE 17 ---

General Trivia - with *Host Wanted Productions* @ 8PM - **Brothers Brewing**, 15 Wyndham St. N. ••

Open Jam hosted by Trick Vilbar from *The Last Armada* - 10PM, PWYC, 19+ **Jimmy Jazz**, 48 Macdonell St.



A Friendly Guide:
PWYC = Pay What You Can
(\$)**Sugg.** = Suggested "PWYC" Price
AA = All Ages
19+ = Alcohol Served/ID Required
ADV = Advanced Ticket Price, more at door
•• = Weekly Recurring Event

Want your event or show listed in NET? call the hotline at **1-800-805-5818** and leave a clear message with details of the event.

Not totally turned off by the internet? There are several great *ONLINE* resources to find out what's happening here in Guelph and these three are especially worth mentioning...

www.guelphspotlight.ca
[@musicguelph](https://www.instagram.com/musicguelph) on Instagram
www.whatsupguelph.com

on the big screen

Amores Perros (Spanish w E.S.T) (25th Anniversary) (14A) @ Cineplex Guelph, Fri 6:30 Sun 6:30, Wed 6:30


BTS World Tour 'Arirang' In Busan (Korean w E.S.T) (NR) @ Cineplex Guelph, Sat 4:00, 7:45

Passenger (14A) @ The Mustang Drive-In, Fri, Sat, Sun ~11:20

Scary Movie(14A) @ The Mustang Drive-In, Fri, Sat, Sun 9:30

Trainspotting (30th Anniversary 4k Restoration) (14A) @ The Bookshelf, Thur 8:30

Tuner (14A) @ The Bookshelf, Thur 5:30



The Bookshelf listings were not yet available. **The Mustang Drive-In** is located at 5012 Jones Baseline, Guelph

There are two cineplex theatres in Guelph located at both 485 Woodlawn Rd. W and 85 Clair Rd. E. Outside of special interest screenings, those listings can be found at cineplex.com

whats going on

--- THURSDAY JUNE 11 ---

Open Art Circle - drop in accessible art program 3pm / FREE - **Art Not Shame**, 119 Wyndham St. N. ••

Ward Night Market - *Neighbourhood Vibes Edition* - 6PM, Across from **Lyon Park**, 299 York Rd

Live jazz every Thursday - 7:30 / \$15/PWYC
La Poche 40 Quebec St ••

Audiopollination Guelph 32, live improv from 4 ensembles, 7:30/\$20 PWYC, **Silence**, 46 Essex St

'neuromancer electro gothery' **Citizenery** with **badtime**, 7PM/\$25 **Sonic Hall**, 12 Wyndham

Karaoke with host *Stale Dale* 10PM - 19+ PWYC/FREE at the **Jimmy Jazz** 48 Macdonell St. ••

--- FRIDAY JUNE 12 ---

Rolling Fridays rollerskates, rollerblades and wheelchairs welcome, helmets required for all, 6:30 / FREE **Exhibition Park Arena**, 70 Division ••

Guelph & District Multicultural Festival, *Amusement Park, Arts & Crafts, Cultural Performances, Food, Live Music, FREE BIKE VALET provided by Guelph Coalition for Active Transportation (GCAT) ALL WEEKEND* Friday 5PM, Saturday 11AM, Sunday 11AM **Riverside Park**

Classic Car Show and **Elvis Performer** featuring *Hot Dogs and Root Beer Floats*, over *50 Classic Cars* 6PM/FREE **Guelph Lake Commons Retirement Living** 520 Victoria Rd N

Fruit Themed Karaoke - a dry event - 8PM/PWYC, **Three Pieces**, 52 Carden

Queer Karaoke Live! feat **Cowboy Medicine**, 7PM / FREE **Sonic Hall**, 12 Wyndham

SHEBAD single release djs Ciccio and Claire, *Shebad on live instruments* 8PM/PWYC/19+ **ANAF Club** 32 Gordon St *SEE FEATURE*

The Fledge, Paper Hats, Sermon 9PM/AA/\$15 PWYC - *DRY VENUE* - **Upbeat Guitar Studio**, 99 Wyndham St

Guelph Death Metal **Flesh Vendor** with Toronto's **Abysmal Whore** and Toronto's **Ubruxum** 10PM / PWYC **Jimmy Jazz**, 48 Macdonell

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--- SATURDAY JUNE 13 ---

PARKRUN the *Eramosa River Trail* every Saturday morning 5KM volunteer led run/walk - 9am Start - FREE - **85 York Rd** ••

Guelph Handmade Market In The Park 10 am/ FREE / ALSO SUNDAY **Royal City Park**, 139 Gordon

Guelph Beer Bus *Dress Like Dad* theme, 12/ FREE, **Various Locations**, visit *Guelph.beer on the internet for info*

Maximum 60's sixties music cover band 2PM / FREE **Red Chevron Club**, 34 Elizabeth St

CBL Baseball Action with the **Guelph Royals** hosting the **Kitchener Panthers**, 2PM / \$12 **David E Hastings Stadium**, 70 Division St

DC Boxing Presents : **Guelph Fight Night**, doors 6PM / \$40, **199 Victoria Rd, Unit C1**

Southwesto Gothic ft **Henry Adam Svec & The Talbot Trail Boys, Jenny Omnichord** 8PM/\$15/PWYC **La Poche**, 40 Quebec St

Lucy Morgan with support from **Griffin** with **Nico Valeriote**, 8PM / \$20ADV **Red Brick Cafe**, 8 Douglas St

Royal City Rhythm live funk collective 9PM/PWYC, **Brothers Brewing**, 15 Wyndham St N

Guelph Math-Rock **Laundry Room** with Guelph post-punk **Red Output** and Toronto's **Absolutely You** 10PM / PWYC **Jimmy Jazz**, 48 Macdonell

GUTTERBALL *Opulence Edition* ft djs **Summerr**, **Bodywaltz**, **DJ Z-Spinz** 10PM/\$20, **Sonic Hall**, 12 Wyndham St

--- SUNDAY JUNE 14 ---

Markets on the Court hosted by **The Hive** - 11-3pm every Sunday, **the tennis court on the hill** at 75 Dublin St. N ••

Diyode Second Sunday Carvers Club open carving meetup, B.Y.O.Tools, some tools provided, rsvp online, **Diyode Community Workshop**, 700 York Rd

The Yeah Trade *circular economy clothing swap* 2PM - 5PM **Sunny Acres Park**, 45 Edinburgh Rd

Soulful Disco & House : *A Party for Everyone Pride Edition* 3pm-8pm / \$10/PWYC **ANAF Club**, 32 Gordon St

music

SHEBAD Preview their new single at the **ANAF Club** this Friday

A few weeks back, Ciccio, the bass player of indie jazz fusion band SHEBAD got ahold of us to let us know they had been inspired by the events and community seen within copies of *net weekly* happening around Guelph recently and were going to throw a party at the ANAF club, so I said, "cool, did you want to talk about it"?

SHEBAD has been writing, rehearsing, recording and performing music out of Guelph since 2019, so we're a little beyond an introduction piece on SHEBAD.

We met up via a dropped location pin that led me to tiny peninsula cutting into the Eramosa River. It was a bright, hot sunny day, and I had been further down the river with a whole different group of people beforehand.

It's been great seeing so many Guelphites drawn to the water that cuts through our city the moment the weather turned nice.

I navigated through some riverbed foliage and a downed tree while in my head thinking, "I'm representing a "paper" now, this isn't just on me, is this professional"? Likely not, but it was perfect otherwise.

Over the next hour chatting on that tiny peninsula, I was brought up to speed on where SHEBAD is, on the brink of a new single with a more dance floor forward sound.

"We wanted to explore our sound in a way to make people dance because it's fun, liberating and it's what people are resonating with from our shows and recordings".

"Plus, dance music is fun to play live and translates well both ways, recorded and live" Ciccio added.

Aside from the new single, SHEBAD are setting out soon for a tour that ties many North American Jazz festival performances together and ends...? Well, that's still to be determined. But the "local" was still on Ciccio's mind.

"I was inspired by the zine, we're a Guelph band but we are right now very much an export. We always say we're from Guelph but people never know where Guelph is so seeing the zine I was like 'oh man' it's really inspiring just to see all the things happening in Guelph" Ciccio stated.

Friday's party will feature mainly Ciccio and vocalist Claire Voy on the dj decks while at times members of the group will improvise overtop of fragments and stems of songs, creating a hybrid almost Live PA set we don't often see locally and haven't seen yet from the SHEBAD crew.

To tie in with the single, SHEBAD have commissioned local artist Ruby Burns to carry over the imagery from the album art into special, one-off merchandise for the party featuring "Stickers, posters and a special zine showcasing an animation from Burns".

With the single launch and tour in mind, Ciccio spoke about the squeeze that the entire music and adjacent community is feeling right now, with their band one of many globally who are all on trajectory for their "big moment" while throughout the industry, many things are tightening.

"It's trippy, you get impostor syndrome, you go through it all" Ciccio admitted.

While we were reflecting on this, Ciccio spoke of also being conscious of the artists who are giving bands like SHEBAD and musicians like Ciccio their props, and on the topic of the other music related story you'll read in *net* this week, to remember to share that feeling and encouragement and knowledge with younger musicians on their comeups.

We spoke of Ciccio meeting Trombone player Ryan Porter, who tragically passed this May after an automobile accident. Ciccio had met Porter backstage while SHEBAD was opening for Kamasí Washington at History in Toronto and Porter had a suggestion for Ciccio's signature choice of accessory.

"Man, that's sick drip, you should get that chromed" Porter advised.

Ciccio has worn the piano key emblem in performances and it's become an image associated with the band. I learned it was from the piano in their old jam space on Paisley Rd, that was too big to move and had to be broken down into pieces. Ciccio took the advice and got the emblem chromed. It might just be ready in time for the celebration.

SHEBAD dj, improvise and celebrate their new single this Friday at the ANAF club, 8pm. Their single, Dancing Nonstop hits all streaming services next Friday, June 19th two days after SHEBAD start into their summer tour stretch. You can find their tour dates on shebad.ca

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Showlab passes on real-world music biz advice to the next generation

In the very first issue of *net* I spoke of often finding myself in a room somewhere in this city with the same six people wondering where everyone else was. One of those folks was Jules who contributed to issue two and another was Em, who was often performing to those rooms. I was happy to learn that Em was the project lead for *Showlab* so we connected and I got some info on this upcoming program.

Net Weekly Guelph: tell us a bit about yourself as the project lead?

Em Wright: My name is Em Wright (they/she) and I am a multidisciplinary artist and DIY show organizer. I've been running events in Guelph & beyond since 2020, including concerts, community arts events & dance parties. You may have seen me DJing as Bodywaltz in my series *Hybrid Club* at Jimmy Jazz or hosting the free improvisation showcase *Audiopollination*.

Providing space for electronic/dance music and experimental improvised performance are my passions and I've been blessed to be able to help build these niches into thriving scenes in this city since I've moved here. My work is dedicated to providing safe(r) and adventurous artistic experiences for audiences and artists alike, and as a community-focused curator, I value every opportunity I have to support artists trying new things and connect freaks to one another. I am also a poet and a fun-loving gal who you may have passed by dancing at Guelph's many intersections.



Net: Can you tell us what Showlab's program mission is?

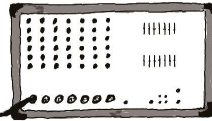
Em: Our mission with Showlab is to equip youth aged 14-18 with the skills and connections they need to confidently organize and run concerts, for FREE! The program will walk participants through every step of production, from ideation to budgeting to artist outreach to execution. The program will also give an introduction to lighting and sound tech and how to make events as accessible as possible.

We're also bringing in guest speakers from across the industry to share their knowledge and experience, including *Bonnie Trash's* Emma Bortolon-Vettor, *Tragedy Ann's* Liv Cazzola, and *Wavelength Festival's* Jonny Bunce and Lian McMillan.

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We're running the program FOUR TIMES over the next year, each ending with a concert that the youth participants put on! Youth can join for more than one session, with an opportunity to act as mentors for those who join later!

To sign up, go to gymc.ca/showlab! The first session starts on July 21st, and runs Tuesdays and Thursdays for 5 weeks, ending with a Saturday concert!



Net: What is the story behind its development from the GYMC (Guelph Youth Music Centre)?

Em: Showlab grew out of a simple idea: music should be participatory in new ways and accessible in every way. GYMC wanted to create a program for young people who love music, even if they have not chosen to invest years in an instrument, or who feel their strongest creative skills may lie elsewhere.

Behind every concert, recording, event, and creative project are people shaping the experience through planning, production, promotion, design, sound, collaboration, and care. *Showlab* was created to recognize those roles as creative, valuable, and essential.

It also reflects the reality of a changing musical economy. Today's musicians are often asked to wear many hats, and a modern musical education must include the skills needed to imagine, organize, promote, and produce meaningful work. Just as importantly, *Showlab* is about elevating the voices of young musicians and creators. In a world where the traditional gatekeepers of culture are shifting, we want young people to understand that they do not have to wait for permission. They can create the concerts, communities, and cultural spaces they want to see. And it's possible because of the grant we received from Ontario Trillium Foundation, which allows us to run entirely for free!

Lastly, I hope this program is an IRL antidote to the social media nightmare we are living in, demonstrating that the restrictive models for success we are shown through our screens are pale shadows of what one can achieve working on a passion project like community music, in real life, with the beautiful people who also care about art that are all around us.

interested in the program? visit gymc.ca/showlab for more information

It is not a good year to be a downtown Guelph restaurant.

The Wyndham Street Reconstruction project, which began earlier this year, has made downtown pretty uncomfortable to navigate – kind of a tragedy considering how great it historically has been for anyone walking/cycling/bussing into the core (it's still super easy to drive downtown, because there are three enormous parking garages on the fringes of downtown whose access is entirely unaffected by the construction, and anyone saying otherwise was never actually driving downtown because if they were they would know you could never depend on street parking anyway).

Businesses on Wyndham Street who, since COVID, have been able to increase their capacity by setting up street-level patios are SOL this year – and, honestly, so are bars and restaurants on the adjoining side streets, because the whole area is just a complete mess.

Sure, long-time readers of *Net* (I know you're out there!) know that I started this column with a sort of quasi-rant about how Guelph's food scene is mid at best. And I am sticking to my

guns here. But imagine how much more mid it will be if all of these places have to shut down, rent gets jacked up, and the only tenants that can afford to move in downtown are corporate hospitality chains? It will suck, and it will suck out what remaining soul this city actually has.

Restaurants that are still able to set up on-street patios are paying a reduced fee this year – \$5 per square metre of patio space, per month, down from \$10 last year – so that may help offset any drop in business that's happening as a result of how crappy it is to be downtown. But it won't help much.

So anyway, here is a plea: even in spite of yourself, patronize something downtown that you might not otherwise have patronized this summer. We'll all be missing plates of mediocre tacos, sliced up deli meat served in shot glasses, and sketchy plastic cups of beer when everything turns into a Firkin.



culture

Youth Clothing Swap Initiative Hits The Park This Sunday

I've always maintained an ongoing curiosity about what young people are 'up to'. Which subcultures still have defined traits? Do you still have urban myths about celebrities like we did or has the internet washed all of those mysteries away? Recently, I came across this collective of High School students with an extraordinary project that combats fast fashion and throw away culture and I knew I had to learn more about what inspired them.

net: Could you tell us a bit about **The Yeah Trade**?

The Yeah Trade: The trade is a youth-run non profit that aims to limit consumption and promote circular economies by trading clothes, music, trinkets or anything else. It's run by Kiah Boudreau-Fanning, Sasha Baldwin, Morgan Lee and Chloe Terry- Rivera.

The trade began in early 2023 and was inspired by similar events that we had participated in up north.

net: What locations have hosted previous *The Yeah Trades* and why Sunny Acres Park for this event?

tyt: We decided to do these events because as friends we always share our clothes and used to do a smaller version of this just us together! Past locations have included the Albion and the Common. Sunny Acres park is just one of our local parks that we all like to gather and we know it would be a good community space!

net: What would you like to see out of Sunday's *The Yeah Trade*?

tyt: With everything going as planned, we hope to see many locals come by with their clothes to lay them all out at the park. We want people to have high chances to make some meaningful trades and many local Guelphites, especially youth, would really be amazing for us!

The Yeah Trade takes place this Sunday June 14th, from 2 to 5PM at Sunny Acres Park, 45 Edinburgh Rd. You can find them on instagram @theyeahtrade

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