

Prayer to Break Repeating Family Cycles

Scripture Foundation

Ezekiel 18:20

“The son shall not bear the iniquity of the father... the righteousness of the righteous shall be upon him.”

2 Corinthians 5:17

“If any man be in Christ, he is a new creature: old things are passed away.”

Joshua 24:15

“As for me and my house, we will serve the Lord.”

Instruction

Pray this if you recognize destructive patterns repeating across generations, such as addiction, broken relationships, poverty mindsets, abuse, occult involvement, or spiritual apathy.

This prayer is about renouncing patterns and establishing obedience, not assigning blame.

The Prayer

Father God,

I come before You in the name of Jesus Christ. I acknowledge that You are just, merciful, and faithful to those who turn to You.

If there are destructive cycles that have repeated in my family line, I bring them before You now.

If there have been patterns of addiction, broken marriages, abuse, financial mismanagement, pride, rebellion, witchcraft, or spiritual compromise, I refuse to carry them forward.

Your Word declares that I am responsible for my obedience before You. I stand on that truth now.

I repent for any way I personally have contributed to these cycles. I take responsibility for my actions, my choices, and my alignment.

I renounce every agreement with destructive patterns.
I renounce every mindset rooted in defeat.
I renounce every behavior that dishonors You.

Through Jesus Christ, I am a new creation. Old things are passed away.

The cycle ends with me.

I declare that addiction stops here.
Rebellion stops here.
Spiritual compromise stops here.
Destructive relational patterns stop here.

I choose obedience over repetition. I choose wisdom over impulse. I choose submission over pride.

Establish a new pattern in my life rooted in truth, discipline, and covenant faithfulness.

As for me and my house, we will serve the Lord.

In the name of Jesus Christ,
Amen.

Closing Declaration

Destructive cycles end in Christ.
I walk in new obedience and new identity.
A godly legacy begins with me.