

# Prayer for Strength During Spiritual Opposition

## Scripture Foundation

### 2 Corinthians 12:9

“My grace is sufficient for thee: for my strength is made perfect in weakness.”

### Isaiah 40:31

“They that wait upon the Lord shall renew their strength.”

### Ephesians 6:10

“Be strong in the Lord, and in the power of his might.”

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## Instruction

Pray this when you feel spiritually pressured, discouraged, resisted, or fatigued. Strength is not aggression. Strength is endurance in obedience.

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## The Prayer

Father God,

I come before You in the name of Jesus Christ. I acknowledge that my strength does not come from myself. It comes from You.

If I am experiencing opposition, resistance, discouragement, or spiritual fatigue, I bring it before You now.

I will not react in frustration. I will not respond in pride. I will not retreat in fear.

Your Word says to be strong in the Lord. I choose to rely on Your strength, not my emotions.

If I feel weak, let Your grace sustain me. If I feel weary, renew my strength as I wait on You.

Stabilize my heart. Strengthen my resolve. Guard me from impulsive decisions during pressure.

I refuse to abandon obedience when opposition increases. I refuse to compromise when resistance appears.

Teach me to endure quietly and faithfully. Teach me to remain grounded in truth.

You are my defender. You are my sustainer. You are my strength.

In the name of Jesus Christ,  
Amen.

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### **Closing Declaration**

My strength comes from the Lord.  
I endure opposition through obedience.  
God sustains me in every season.

OVERTHROWING ALTARS