

# Prayer for Identity Restoration in Christ

## Scripture Foundation

### 2 Corinthians 5:17

“If any man be in Christ, he is a new creature: old things are passed away.”

### 1 Peter 2:9

“Ye are a chosen generation... a royal priesthood... that ye should shew forth the praises of him.”

### Colossians 3:3

“For ye are dead, and your life is hid with Christ in God.”

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## Instruction

Pray this if trauma, sin, rejection, cultural pressure, or past failure has distorted how you see yourself. Identity must be rebuilt on Scripture, not experience.

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## The Prayer

Father God,

I come before You in the name of Jesus Christ. I acknowledge that my identity is not rooted in my past, my pain, my mistakes, or other people’s opinions.

If I have defined myself by trauma, rejection, failure, abuse, abandonment, addiction, illness, or sin, I lay those labels down.

I repent for agreeing with false narratives about who I am.

Your Word declares that if I am in Christ, I am a new creation. I receive that truth.

If insecurity, self-hatred, pride, comparison, or confusion has shaped my self-image, renew my mind.

If generational patterns of low self-worth, instability, or identity confusion have existed in my family line, I refuse to carry them forward.

I renounce every false identity.  
I renounce every label rooted in shame.  
I renounce every mindset that contradicts Scripture.

I am chosen in Christ.  
I am redeemed in Christ.  
My life is hidden with Christ in God.

Teach me to walk in humility without self-rejection. Teach me to carry confidence without pride.

If physical sickness or mental struggle has tried to redefine me, I declare that my condition is not my identity.

My identity is anchored in Jesus Christ.

Establish stability in how I see myself. Align my thoughts with Your Word. Let my identity produce obedience, not performance.

I belong to You.

In the name of Jesus Christ,  
Amen.

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### **Closing Declaration**

My identity is rooted in Christ.  
I reject every false label.  
I walk in truth, stability, and obedience.